Texas A&M University – Corpus Christi
Foundations of Kinesiology

Course Number and Section: KINE 2313.002  Instructor: Jay Dawes, PhD.
Class Meeting Time and Location: M,W,F 9-9:50 am  Office: IH 358
Spring 2012  Office Hours: M,W,F 10am – 12pm
Phone #: 361-825-3749  email: jay.dawes@tamucc.edu

I. Course Description: An overview of the field of kinesiology which includes the
history, philosophy, principles, and current concepts of kinesiology and career options.

II. Rationale: This course provides students a historical background and a knowledge
base crucial for their professional pursuits. In addition, this course will prepare students
for the variety of career options in kinesiology, and prepare those seeking teacher
certification.

III. State Adopted Proficiencies for Teachers and/or Administrators/Counselors:
1. Learner-Centered Knowledge: The teacher possesses and draws on a rich
knowledge base of content, pedagogy and technology to provide relevant and
meaningful learning experiences for all students.

2. Learner-Centered Instruction: To create a learner-centered community, the teacher
collaboratively identifies needs and plans, implements and assesses instruction using
technology and other resources.

3. Equity in Excellence for All Learners: The teacher responds appropriately to
diverse groups of learners.

4. Learner-Centered Communication: While acting as an advocate for all students
and the school, the teacher demonstrates effective professional and interpersonal
communication skills.

5. Learner-Centered Professional Development: The teacher, as a reflective
practitioner is dedicated to all students’ success, demonstrates a commitment to learn,
to improve the profession, and to maintain ethics and personal integrity.

IV. TExES Competencies:
Professional Development (02 – Elementary) and (03 – Secondary)
1 Competency 001 – The teacher uses an understanding of human
developmental processes to nurture student growth through developmentally
appropriate instruction.

2 Competency 002 – The teacher considers environmental factors that may affect
learning in designing a supportive and responsive classroom community that
promotes all students' learning and self-esteem.

3 Competency 003 – The teacher appreciates human diversity, recognizing how
diversity in the classroom environment in which both the diversity of groups and
the uniqueness of individuals are recognized and celebrated.

4 Competency 004 – The teacher understands how motivation affects group and
individual behavior and learning and can apply this understanding to promote student learning.

5 Competency 005 – The teacher understands how motivation affects group and individual behavior and learning and can apply this understanding to promote student learning.

Domain III – Understanding the Teaching Environment

1 Competency 011 – The teacher structures and manages the learning environment to maintain a classroom climate that promotes the lifelong pursuit of learning and encourages cooperation, leadership, and mutual respect.

2 Competency 012 – The teacher is a reflective practitioner who knows how to promote his or her own professional growth.

Physical Education (09 – All level)

Domain I – Promoting Learners’ Physical Development

1 Competency 001 – The physical education teacher uses knowledge of motor development and principles of motor learning to facilitate learners’ development of fundamental movement skills and perceptual awareness skills.

V. Course Objectives/Learning Outcomes:
This course is designed to enable students to:
- gain an understanding of the origins and historical background related to the field of kinesiology and movement science
- develop a knowledge base crucial for their professional pursuits in the field of kinesiology and teacher education.
- prepare and educate students on the wide variety of career options in kinesiology
- understand and gain awareness of current and future issues within their respective professions
- identify and recognize professional organizations within the field of sport, physical education and kinesiology.
- provide basic information regarding exercise/sports science concepts, methods and techniques

VI. Course topics:
The major topics that will be discussed will include:
- Sports/Physical Activity History
- Current and future issues within the profession.
- Careers within the field and requirements of working within these fields.
- Professional organizations within the field of sport, physical education and kinesiology.
- Basic information regarding exercise/sports science concepts, methods and techniques

VII. Instructional methods and Activities:
1 Lecture/Discussion
2 Video Presentation
3 Guest Speakers
4 Student Presentations
5 Group work
6 Assignments and library work
7 Field trips

**VIII. Evaluation and Grade Assignment:**

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Misc. Assignments/Participation/Quizzes</td>
<td>300pts</td>
</tr>
<tr>
<td>Service Learning Project</td>
<td>100pts</td>
</tr>
<tr>
<td>Resume</td>
<td>25 pts</td>
</tr>
<tr>
<td>Career Investigation Interview</td>
<td>50 pts</td>
</tr>
<tr>
<td>Exams (3) @ 100 pts each</td>
<td>300pts</td>
</tr>
</tbody>
</table>

725 total points

**IX. Tentative Course Schedule and Class Policies:**

**Tentative Schedule:**

- **Week 1:** Introduction/ Overview of Kinesiology
- **Week 2:** MLK Holiday/History
- **Week 3:** History/Sociology in Sports
- **Week 4:** Sociology in Sports
- **Week 5:** Professional Development/ Test 1
- **Week 6:** Professional Development
- **Week 7:** Exercise Science
- **Week 8:** Sports Nutrition
- **SPRING BREAK!**
- **Week 9:** Training for Health, Fitness, and Performance
- **Week 10:** Training for Health, Fitness, and Performance
- **Week 11:** Training for Health, Fitness, and Performance
- **Week 12:** Test II/ Special Topics
- **Week 13:** Special Topics
- **Week 14:** Student Presentations
- **Week 15:** Course Conclusion/Deadweek
- **Week 16:** Finals

**Policies:**

1. Lack of attendance, for any reason, will hurt your grade. There is no credit for coming to class. If a student must be absent or has a conflict, they are responsible for making arrangements to obtain all missed materials and class notes and as needed.

2. Quizzes will be given regularly at the beginning of class. Make-ups on these quizzes will not be allowed unless the student has an excused university absence.

3. In-class assignments and point opportunities are available only in class. These assignments may not be made up by students that so not attend class. University
sanctioned events are the only exception.

4. Tests/quizzes will be taken on the designated or arranged test dates and times only. Late tests will not be allowed unless prior arrangements are made.

5. The only excused absences allowed will be for University sanctioned events.

6. Academic dishonesty in any form (electronic, written or any other way not listed here) will not be tolerated. No notes or “other resources” are allowed on any class evaluations. A zero will automatically be assigned to the test, quiz, or project in question for violations of this policy. See your student handbook for possible actions regarding academic dishonesty.

What is considered dishonest?

a. using an assignment from a previous semester, no matter where it came from, to produce your own. All papers are subject to review via www.turnitin.com

b. file swapping with a partner to complete your assignments

c. failure to properly cite resources in your assignments

d. this includes any form of outside help to complete a test or answer a question on a test

7. PLEASE TURN ALL CELL PHONES OFF OR PUT THEM ON SILENT unless you have a pending emergency. STUDENTS THAT TEXT MESSAGE IN CLASS WILL BE ASKED TO LEAVE. IF THIS IS A REOCCURRING PROBLEM THE STUDENT WILL BE REMOVED FROM THE COURSE.

8. Students using a computer in class should refrain from using the computer for any other purpose other than the business of the class they are currently attending. If the student is unable/unwilling to do this, they will be asked to leave the class.

9. Finally, if you have questions or need help you must ask. Call me, e-mail me, see me in person after class or in my office, but do not sacrifice your grade because you do not understand or are unwilling to ask!

X. Textbook & Subscription:


XI. Bibliography:

Students will be made aware of other resources utilized when appropriate
XII. Grade Appeals*

As stated in University Rule 13.02.99.C2, Student Grade Appeals, a student who believes that he or she has not been held to appropriate academic standards as outlined in the class syllabus, equitable evaluation procedures, or appropriate grading, may appeal the final grade given in the course. The burden of proof is upon the student to demonstrate the appropriateness of the appeal. A student with a complaint about a grade is encouraged to first discuss the matter with the instructor. For complete details, including the responsibilities of the parties involved in the process and the number of days allowed for completing the steps in the process, see University Rule13.02.99.C2, Student Grade Appeals, and University Procedure 13.02.99.C2.01, Student Grade Appeal Procedures. These documents are accessible through the University Rules Web site at http://www.tamucc.edu/provost/university_rules/index.html. For assistance and/or guidance in the grade appeal process, students may contact the Office of Student Affairs.

XIII. Disabilities Accommodations*

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please call or visit Disability Services at (361) 825-5816 in Driftwood 101.

If you are a returning veteran and are experiencing cognitive and/or physical access issues in the classroom or on campus, please contact the Disability Services office for assistance at (361) 825-5816.

*Required by SACS
KINE 2313 – Foundations of Kinesiology
Syllabus Acknowledgment Form

I, (print name) ____________________________________________, certify by my signature that I have read and understand the class policies that have been presented in the class syllabus for KINE 2313 – Foundations of Kinesiology at Texas A&M University-Corpus Christi.

Signature ___________________________ Date _______________