KINE 1110-001 Individual/Dual/Lifetime Sports

INSTRUCTOR
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CLASS INFORMATION
Semester: Fall 2012
Place: Island Hall 136 A
Class Time: 9:00 – 9:50 am
Days: Monday, Wednesday and Friday

I. COURSE DESCRIPTION
Instruction and participation in a variety of individual/dual sports and recreational activities.

II. RATIONALE
Emphasis in this course is placed on developing a working knowledge of both traditional and non-traditional individual and dual sport/recreational activities.

III. STATE ADOPTED PROFICIENCIES FOR TEACHERS AND/OR ADMINISTRATORS/COUNSELORS
A. Learner-Centered Knowledge: The teacher possesses and draws on a rich knowledge base of content, pedagogy, and technology to provide relevant and meaningful learning experiences for all students.
B. Learner-Centered Instruction: To create a learner-centered community, the teacher collaboratively identifies needs; and plans, implements and assesses instruction using technology and other resources.
C. Equity in Excellence for all Learners: The teacher responds appropriately to diverse groups of learners.
D. Learner-Centered Communication: While acting as an advocate for all students and the school, the teacher demonstrates effective professional and interpersonal communication skills.
E. Learner-Centered Professional Development: The teacher, as a reflective practitioner dedicated to all students’ success, demonstrates a commitment to learn, to improve the profession and to maintain ethics and personal integrity.

PROGRAM STUDENT LEARNING OUTCOMES
A. BS Kinesiology EC-12 Kinesiology
1. Knowledge of movement skills
2. Knowledge of health-related physical fitness
3. Knowledge of physical education programs

**B. BS Kinesiology Exercise Science**
1. Knowledge of fitness and exercise

**C. BS Kinesiology Pre-PT/OT**
2. Knowledge of fitness and exercise

**IV. TExES COMPETENCIES**
Physical Education (EC-12)

**Domain I – Movement Skills and Knowledge**

- **Competency 001** – The teacher understands and applies principles of motor development and motor learning.
- **Competency 002** – The teacher understands principles and practices for developing, combining and integrating motor skills.
- **Competency 003** – The teacher understands and applies knowledge of movement concepts and biomechanical principles.
- **Competency 004** – The teacher understands and applies knowledge of individual, dual and team sports and activities.
- **Competency 005** – The teacher understands principles, techniques, skills and safety practices for dance, personal performance activities, cooperative and nontraditional games, recreational activities and outdoor pursuits.

**Domain II – Health Related Physical Fitness**

- **Competency 006** – The teacher understands major body systems, principles of physical fitness development and training and the benefits of a healthy, active lifestyle.
- **Competency 007** – The teacher understands principles and activities for developing and maintaining cardiovascular endurance.
- **Competency 008** – The teacher understands principles and activities for developing and maintaining flexibility, posture, and muscular strength and endurance.
- **Competency 009** – The teacher understands health and wellness concepts, including those related to nutrition, weight control and
stress management and analyzes ways in which personal behaviors influence health and wellness.

Domain III – The Physical Education Program

Competency 010 – The teacher knows how to use effective, developmentally appropriate instruction and assessment to prepare physically educated individuals.

Competency 011 – The teacher understands factors relevant to learning and performance in physical education and uses this knowledge to create learning environments and opportunities that promote students’ development in various domains (e.g., cognitive, social, emotional).

Competency 012 – The teacher understands the structure, organization, goals and purposes of physical education programs.

Competency 013 – The teacher understands legal issues and responsibilities of physical education teachers in relation to supervision, planning and instruction, safety, first aid and risk management.

V. COURSE OBJECTIVES/LEARNING OUTCOMES

Given lectures, discussions and experiences the student will be able to:

1. Demonstrate practice techniques, teamwork skills and work ethic.
2. Demonstrate and become familiar with the various individual and dual sports and games.
3. Demonstrate and learn the basic rules governing each activity.
4. Demonstrate, attend and actively participate in each activity to insure adequate understanding of each activity.
5. Demonstrate the ability to modify games and activities to increase student engagement and learning.

VI. COURSE TOPICS

The following is a tentative list of activities we will participate in throughout the semester. More may be added depending on the progress of the class.

1. Floor Hockey
2. Ultimate Football
3. Pillow polo
4. Kick Ball
5. Whiffle ball
6. Satellite dodgeball
VII. INSTRUCTIONAL METHODS AND ACTIVITIES:
1. Hands-on demonstration, participation in drill activity and participation in competition.

VIII. EVALUATION AND GRADE ASSIGNMENT:
A. The methods of evaluation and the criteria for grade assignment are:

1. Attendance and Participation 100 points
2. Assignments 5 @ 10 points 50 points
3. Final (Lesson Plan) 50 points

Total class points possible = 200 points

B. Grading Scale
90-100% = A
80-89% = B
70-79% = C
60-69% = D
Below 60% = F

IX. COURSE SCHEDULE AND CLASS POLICIES:

(Please be aware these activities are subject to change)

Course Outline

Week 1 Introduction to class and ice breaker activities
Week 2 and 3 Introduction to pillow polo
Week 4 Introduction to sideline basketball and basketball bowling
Week 5 and 6 Introduction to floor hockey
Week 7 and 8 Introduction to ultimate sports
Week 9 and 10 Outdoor activities
Week 11 and 12 Team building activities
Week 13 and 14 Review games, and final lesson plan due!

1. Attendance is required and expected. One (1) unexcused absence will be allowed for the semester and any unexcused absences after that will result in a deduction of two (2) points per absence from your FINAL grade. (Example 5 absences = 10
points lost.) Excused absences can be arranged with proper notification. Should you have a problem that prohibits prior notification....you need to see me in person?

2. **Cell phones** are not to be used in class and must be either turned off or set to vibrate during class.

3. **You** are responsible for the material covered in class (i.e. Assignments, group presentation) regardless if your absence is excused or not.

4. **Exercise** is a major part of this class, proper attire will be required (gym shoes, athletic shorts/sweat pants, and a t-shirt). **NO HATS**

5. **Not** participating in class activities will constitute an unexcused absence.

6. **Class** begins promptly at **9:00 am**

7. **Tardy**
   
   Please do not come to my class late. However if you arrive within ten minutes of the class starting time do so in an appropriate and polite manner. **Students arriving after the ten minute window will not be allowed into class.**

8. **“Conditions that Affect Participation”**
   
   It is the student’s responsibility to inform the instructor if you have a condition that may impair or influence full participation in this class. Also, if your condition is severe enough to require special modifications to course requirements students should contact the Students with Disabilities Office (825-5816).

**X. TEXTBOOK(S)**

The textbook(s) adopted for this course is/are: N/A

**XI. BIBLIOGRAPHY**

The knowledge bases that support course content and procedures include: N/A

**XII. GRADE APPEALS**

As stated in University Rule 13.02.99.C2, Student Grade Appeals, a student who believes the he or she has not been held to appropriate academic standards as outlined in the class syllabus, equitable evaluation procedures, or appropriate grading, may appeal the final grade given in the course. The burden of proof is upon the student to demonstrate the appropriateness of the appeal. A student with a complaint about a grade is encouraged to first discuss the matter with the instructor. For complete details, including the responsibilities of the parties involved in the process and the number of days allowed for completing the steps in the process, see the University Rule 13.02.99.C2, Student Grade Appeals, and
University Procedure 13.02.99.C2.01, Student Grade Appeal Procedures. These documents are accessible through the University Rules Web site at http://www.tamucc.edu/provost/university_rules/index.html. For assistance and/or guidance in the grade appeal process, students may contact the Office of Student Affairs.

**Academic Honesty**

University students are expected to conduct themselves in accordance with the highest standards of academic honesty. Academic misconduct for which a student is subject to penalty includes all forms of cheating, such as illicit possession of examinations or examination materials, forgery or plagiarism. (Plagiarism is the presentation of the work of another as one's own work.)

Disciplinary action for academic misconduct is the responsibility of the faculty member assigned to the course. The faculty member is charged with assessing the gravity of any case of academic dishonesty, and with giving sanction to any student involved. Penalties that may be applied to individual cases of academic dishonesty include one or more of the following:

1. Written reprimand;
2. Requirement to re-do work in question;
3. Requirement to submit additional work;
4. Lowering of grade on work in question;
5. Assigning grade of “F” to work in question;
6. Assigning grade of “F” for course;
7. Recommendation for more severe punishment.

(Taken from Texas A&M University Corpus Christi Graduate Catalog 2002-2003, pgs. 24-25; or Undergraduate Catalog 2002-2003, pgs. 35-36)

**XIII. DISABILITIES ACCOMMODATIONS**

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please call or visit Disability Services at (361) 825-5816 in Corpus Christi Hall (116).

If you are a returning veteran and are experiencing cognitive and/or physical access issues in the classroom or on campus, please contact the Disability Services office for assistance at (361) 825-5816.