TEXAS A&M UNIVERSITY-CORPUS CHRISTI  
Counseling and Educational Psychology Department  
INTRODUCTION TO COUNSELING

CNEP 5304.002  
Time: M 07:00-9:30  
Class Location: OCNR 255  
Fall 2013  
Office Telephone: (361) 825-3318  
Office: ECDC 232A  
Office Hours: TW 3:00-5:00 and By Appointment  
E-Mail: mary.fernandez@tamucc.edu

I. Course Description (3 semester hours)
This course is an orientation to the profession of counseling, its history, professional standards, code of ethics, credentials, areas of specialization, and the development of skills necessary to create a helping relationship. It covers the counselor’s professional identity in a variety of settings and roles. Opportunities are provided for students to discover through self-awareness their suitability for the helping profession.

II. Rationale
This course is designed to give students an overview of the counseling profession and to help examine personal motives for becoming helpers. It should be taken early in a student’s counselor preparation program.

III. State Adopted Proficiencies for School Counselors
Standard I Learner-Centered Knowledge: The certified school counselor has a broad knowledge base.

Standard II Learner-Centered Skills: The certified school counselor applies the knowledge base to promote the educational, personal, social, and career development of the learner.

IV. TExES Competencies
Competency 001 (Human Development): The school counselor understands processes of human development and applies this knowledge to provide a developmental guidance program, including counseling services, that meets the needs of all students.

Competency 008 (Collaboration with Families): The school counselor knows how to communicate effectively with families and establish collaborative relationships that enhance work with students.

Competency 009 (Collaboration with Others in the School and Community): The school counselor understands how to work collaboratively with other professionals and with community members to promote positive change and to facilitate student learning.

Competency 010 (Professionalism): The school counselor understands and complies with ethical, legal, and professional standards relevant to the profession.
V. Course Objectives/Learning Outcomes
This course is designed to meet CACREP II 2009 Standards. The following standards are covered in this course.

PLEASE NOTE: The standards shown in bold type are the targeted course objectives that will be assessed throughout the semester.

A. Course Objectives
CACREP II 2009 Standards
Common Core
- Know the history and philosophy of the counseling profession (CACREP Standard II-G-1-a)
- Understand professional roles, functions, and relationships with other human service providers, including strategies for interagency/interorganization collaboration and communications (CACREP Standard II-G-1-b)
- Identify self-care strategies appropriate to the counselor role (CACREP Standard II-G-1-d)
- Know professional organizations, including membership benefits, activities, services to members, and current issues (CACREP Standard II-G-1-f)
- Understand professional credentialing, including certification, licensure, and accreditation practices and standards, and the effects of public policy on these issues (CACREP Standard II-G-1-g)
- Know the role and process of the professional counselor advocating on behalf of the profession (CACREP Standard II-G-1-h)
- Understand ethical standards of professional organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling (CACREP Standard II-G-1-j)
- Know attitudes, beliefs, understandings, and acculturative experiences, including specific experiential learning activities designed to foster students’ understanding of self and culturally diverse clients (CACREP Standard II-G-2-b)
- Know counselors’ roles in developing cultural self-awareness, promoting cultural social justice, advocacy and conflict resolution, and other culturally supported behaviors that promote optimal wellness and growth of the human spirit, mind, or body (CACREP Standard II-G-2-e)
- Demonstrate an orientation to wellness and prevention as desired counseling goals (CACREP Standard II-G-5-a)
- Know counselor characteristics and behaviors that influence helping processes (CACREP Standard II-G-5-b)
- Understand a systems perspective that provides an understanding of family and other systems theories and major models of family and related interventions (CACREP Standard II-G-5-c)
- Know a general framework for understanding and practicing consultation (CACREP Standard II-G-5-f)
- Know the importance of research in advancing the counseling profession (CACREP Standard II-G-8-a).
Clinical Mental Health Counseling

- Understand the history, philosophy, and trends in clinical mental health counseling. (CACREP Standard II A-1)
- Understand ethical and legal considerations specifically related to the practice of clinical mental health counseling. (CACREP Standard II A-2)
- Understand the roles and functions of clinical mental health counselors in various practice settings and the importance of relationships between counselors and other professionals, including interdisciplinary treatment teams. (CACREP Standard II A-3)
- Know the professional organizations, preparation standards, and credentials relevant to the practice of clinical mental health counseling. (CACREP Standard II A-4)
- Understand professional issues relevant to the practice of clinical mental health counseling. (CACREP Standard II C-9)
- Know public policies on the local, state, and national levels that affect the quality and accessibility of mental health services (CACREP Standard II E-6)

Marriage, Couple, and Family Counseling Core

- Understand the ethical and legal considerations specifically related to the practice of marriage, couple, and family counseling. (CACREP Standard II A-2)
- Know the roles and functions of marriage, couple, and family counselors in a variety of practice settings and in relation to other helping professionals. (CACREP Standard II A-3)
- Know the professional organizations, preparation standards, and credentials relevant to the practice of marriage, couple, and family counseling. (CACREP Standard II A-4)

School Counseling Core

- Know history, philosophy, and trends in school counseling and educational systems. (CACREP Standard II A-1)
- Know roles, functions, settings, and professional identity of the school counselor in relation to the roles of other professional and support personnel in the school. (CACREP Standard II A-3)
- Know professional organizations, preparation standards, and credentials that are relevant to the practice of school counseling. (CACREP Standard II A-4)

B. Student Learning Outcomes

This course infuses the Learning Objectives of CACREP II Standards, the State Adopted proficiencies and the TExES competencies listed above to enable students to demonstrate understanding of the following objectives. Upon completion of the course students will:

1. Know the history and philosophy of the counseling profession (CACREP Standard II-G-1-a, CACREP Standard II A-1). Achievement is evidenced class presentation of Group Assignment: *History and Philosophy of Counseling Profession* and receiving credit for completion. See Rubric F in section XV.

2. Know professional credentialing, including certification, licensure, and
accreditation practices and standards, and the effects of public policy on these
issues (CACREP Standard II-G-1-g, CACREP Standard II A-4). Achievement is
evidenced by 80% of students earning a B or Above on Midterm Examination,
section on credentialing, certification, licensure, and accreditation practices and
standards.

3. Understand ethical and legal considerations specifically related to the practice of
clinical mental health counseling. (CACREP Standard II-G-1-j, CACREP
Standard II A-2). Achievement is evidenced by 100% of students developing an
Informed Consent Form and receiving credit for completion. See Rubric D in
section XV.

4. Understand professional roles, functions, professional identity and relationships
with other human service providers, including strategies for interagency/
interorganization collaboration and communications (CACREP Standard II-G-
1-b). Achievement is evidenced by 100% of students conducting a Face-to-Face
Interview of professional counselors in the community and earning a B or above on
Interview Paper. See Rubric A in section XV.

5. Know professional organizations, primarily ACA, its divisions, branches, and
affiliates, including membership benefits, activities, services to members, and
current emphases (CACREP Standard II-G-1-f). Achievement is evidenced by
98% of students completing Study Guide Chapter 2 and receiving credit for
completion. See Rubric C in section XV.

6. Understand the role and process of the professional counselor advocating on
behalf of the profession (CACREP Standard II-G-1-h). Achievement is evidenced
by 80% of students responding to opportunities such as Call to Action requests for
Advocacy for Counseling Profession during the semester and earning one point extra
credit per action. See Rubric E in section XV.

7. Develop an orientation to wellness and prevention as desired counseling goals
(CACREP Standard II-G-5-a). Achievement is evidenced by 100% of the students
completing an Individual Development Plan and 90% meeting Personal Goals
(Journal Entry 1) and receiving credit for completion. See Rubric D in section XV.

8. Develop general framework for understanding and practicing consultation
(CACREP Standard II-G-5-f). Achievement is evidenced by 85% of students
earning a B or Above on Final Examination, section on consultation.

9. Know the importance of research in advancing the counseling profession
(CACREP Standard II-G-8-a). Achievement is evidenced by 100% of students
completing Case 16 Joel and receiving credit for completion. See Rubric B in section
XV.
VI. Course Topics

The major topics to be considered are: Orientation to the profession of counseling including, ethical and legal issues, licensure, professional organizations, theoretical paradigms, basic counseling skills, supervision, consultation, advocacy, multicultural, assessment, accountability, and outcome research.

VII. Instructional Methods and Activities

Methods and activities for instruction include:

A. Traditional Experiences (lecture/discussion; demonstration; guest speaker; on-line activities; video; case studies)
B. Clinical Experiences (simulations; cooperative groups; student demonstrations or presentations; guided discovery; role play)
C. Field Experiences (use of community resource)

VIII. Evaluation and Grade Assignment

The methods of evaluation and the criteria for grade assignment are:

1. Examinations: There are two examinations, a midterm and a final. Questions are objective, in preparation for state licensure examination, such as multiple-choice, true and false, and case scenarios. The midterm will include an additional essay section to cover counseling theories. There will be no make-up exams given unless documentation is provided by a professional stating the reason for the absence.

2. Face-to-Face Interview: This hands-on outside assignment requires students to have a face-to-face experience to explore the world of a practicing professional and to help students understand professional roles, functions, professional identity and relationships with other human service providers. To maximize learning, students turn-in a 5 to 6 page report using APA writing format and give an oral and visual presentation of the interview in class to share knowledge of opportunities in the community.

3. Informed Consent Form: Students develop an informed consent. Specifically, address ethical and legal considerations related to the practice of clinical mental health counseling. (Homework Assignment)

4. Case Studies and Study Guides:
Case studies and study guides are prepared in advance of the class session to ensure full class participation and to earn a homework grade. (Homework Assignments)

5. Journal Entries:
Journal questions are posted on Blackboard and must be completed by the specified time to receive credit.

6. Group Assignment:
Assignment- History and Philosophy of Counseling Profession
- Select an assignment for your group
- Divide the work among the members
• Supplement text information with three or more lines of text for each entry
• Compile material into one document
• Post completed assignment on Blackboard
• Present in class

7. Group/Class Participation:
Students must complete homework assignment prior to class and be physically present in class to get credit for participation.

Methods and Percentage of Final Course Grade
The grading system is based on the accumulation of points.

A. Method of Evaluation:  

<table>
<thead>
<tr>
<th></th>
<th>Points</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>Midterm Exam</td>
<td>60</td>
<td>20.0%</td>
</tr>
<tr>
<td>Final Exam</td>
<td>100</td>
<td>33.3%</td>
</tr>
<tr>
<td>Face to Face Interview/Paper</td>
<td>60</td>
<td>20.0%</td>
</tr>
<tr>
<td>Homework Assignments</td>
<td>50</td>
<td>16.7%</td>
</tr>
<tr>
<td>Group/Class Participation</td>
<td>15</td>
<td>5.0%</td>
</tr>
<tr>
<td>Journal</td>
<td>15</td>
<td>5.0%</td>
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<tr>
<td><strong>Total</strong></td>
<td>300</td>
<td>100%</td>
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B. Grading Scale:  

<table>
<thead>
<tr>
<th>Points Range</th>
<th>Grade</th>
</tr>
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<tbody>
<tr>
<td>270 - 300 points</td>
<td>A</td>
</tr>
<tr>
<td>240 - 269 points</td>
<td>B</td>
</tr>
<tr>
<td>210 - 239 points</td>
<td>C</td>
</tr>
<tr>
<td>180 - 209 points</td>
<td>D</td>
</tr>
</tbody>
</table>

IX. Course Schedule and Policies  
A. Tentative Course Schedule and Assignments

<table>
<thead>
<tr>
<th>Date</th>
<th>Lesson</th>
<th>Topic</th>
<th>Read Chapter(s) (Case Study/Study Questions)</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 9</td>
<td>Lesson 1</td>
<td>ORIENTATION (TAMUCC Counseling Program, specialties, IDP, Degree Plan, Syllabus, Blackboard, Class Structure, Group Formation…) Chapter 2 THE FIELD OF COUNSELING (Roles, Functions, Preparation standards, Credentialing, Licensure, Counseling Organizations, and Professional Identity)</td>
<td></td>
</tr>
<tr>
<td>September 16</td>
<td>Lesson 2</td>
<td>BECOMING A PROFESSIONAL COUNSELOR: Philosophical, Historical, and Future Considerations Read Chapter 1 (Case Study/Study Questions) Complete IDP online/Set Personal Goals-Journal Entry 1</td>
<td></td>
</tr>
<tr>
<td>September 23</td>
<td>Lesson 3</td>
<td>ETHICAL AND LEGAL ISSUES Read Chapter 3 (Case Study/Study Questions) Develop an Informed Consent Form</td>
<td></td>
</tr>
<tr>
<td>September 30</td>
<td>Lesson 4</td>
<td>THEORIES (Significance, Theoretical Paradigms, Application, and Integration) Read Chapter 4 (Case Study/Study Questions)</td>
<td></td>
</tr>
<tr>
<td>October 7</td>
<td>Lesson 5</td>
<td>COUNSELING PROCESS (Helping Relationship/Working Together) Read Chapter 5 (Case Study and Study Questions)</td>
<td></td>
</tr>
<tr>
<td>October 14</td>
<td>Lesson 6</td>
<td>COUNSELING MICROSKILLS (Attending /Basic Listening Read Chapters 6 (Case Study and Study Questions)</td>
<td></td>
</tr>
<tr>
<td>October 21</td>
<td>Lesson 7</td>
<td>HUMAN DEVELOPMENT THROUGH THE LIFESPAN Read Chapter 7 (Case Study and Study Questions)</td>
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<tr>
<td>Date</td>
<td>Lesson</td>
<td>Topic</td>
<td>Reading Assignments</td>
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<tr>
<td>October 28</td>
<td>Lesson 8</td>
<td>MULTICULTURAL COUNSELING</td>
<td>Read Chapter 8 (Case Study and Study Questions)</td>
</tr>
<tr>
<td>November 4</td>
<td>Lesson 9</td>
<td>Face-to-Face Interview Paper Due</td>
<td>Class Presentations (PowerPoint, Prezi...)</td>
</tr>
<tr>
<td>November 11</td>
<td>Lesson 10</td>
<td>ADVOCACY (Counseling Profession/Agent of Change)</td>
<td>Read Chapters 9 and 10 (Case Study and Study Questions)</td>
</tr>
<tr>
<td>November 18</td>
<td>Lesson 11</td>
<td>SETTINGS AND COUNSELING CAREER CHOICES</td>
<td>Read Chapters 11 (Case Studies and Study Questions)</td>
</tr>
<tr>
<td>November 25</td>
<td>Lesson 12</td>
<td>CLIENT ISSUES/ASSESSMENT (Case Conceptualization, Diagnosis, and Treatment Planning)</td>
<td>Read Chapters 12 and 13 (Case Studies and Study Questions)</td>
</tr>
<tr>
<td>December 2</td>
<td>Lesson 13</td>
<td>CONSULTATION AND SUPERVISION</td>
<td>Read Chapters 14 (Case Study and Study Questions)</td>
</tr>
<tr>
<td>December 9</td>
<td>Lesson 14</td>
<td>ACCOUNTABILITY/OUTCOME RESEARCH- Importance of research in advancing the counseling profession</td>
<td>Read Chapter 15 and 16 (Case Study and Study Questions)</td>
</tr>
<tr>
<td>December 16</td>
<td>Lesson 15</td>
<td>Final Exam</td>
<td></td>
</tr>
</tbody>
</table>

**B. Class Policies**

**Students are expected to:**

- Attend all class and to be on time.
- Be courteous by turning off cell phones and/or other electronic devices during class.
- Notify the professor if an unavoidable absence is required and he/she should consult with small group members about class notes, handouts, and/or exercises. Points (15) will be deducted from the final grade for three or more absences except in extenuating circumstances.
- Consult Blackboard to prepare assignments ahead of time to avoid a late penalty. All late assignments will receive a ten-percent late penalty.
- Participate actively in class and complete journal assignments.
- Conduct themselves in accordance with the highest standards of academic honesty. Academic misconduct for which a student is subject to penalty includes all forms of cheating, such as illicit possession of examinations or examination materials, falsification, forgery, complicity or plagiarism. (Plagiarism is the presentation of the work of another as one’s own work.) In this class, academic misconduct or complicity in an act of academic misconduct on an assignment or test will result in no credit for the work in question.

Students please consult with professor before deciding to drop a class. *Should dropping the course be the best course of action, you must initiate the process to drop the course by going to the Student Services Center and filling out a course drop form. Just stopping attendance and participation WILL NOT automatically result in your being dropped from the class. Check for the last day to drop a class with an automatic grade of “W” this term.*
X. **Textbook**

*The textbook adopted for this course is:*


**Web Resources**

- Class Notes and Assignments: [http://www.tamucc.edu](http://www.tamucc.edu)
- Current Students SAIL / Blackboard
- Counseling Listserve: [http://listserv.tamucc.edu/mailman/listinfo/counsel-list](http://listserv.tamucc.edu/mailman/listinfo/counsel-list)
- ISLANDER e-mail account (First, go to S.A.I.L. for your new ID #, Next, go to [http://newuser.tamucc.edu](http://newuser.tamucc.edu) for your new e-mail account)
- [http://tamucc.libguides.com/tamucc_help_edu](http://tamucc.libguides.com/tamucc_help_edu)

XI. **Bibliography**


XII. **Grade Appeals**

As stated in University Rule 13.02.99.C2, Student Grade Appeals, a student who believes that he or she has not been held to appropriate academic standards as outlined in the class syllabus, equitable evaluation procedures, or appropriate grading, may appeal the final grade given in the course. The burden of proof is upon the student to demonstrate the appropriateness of the appeal. A student with a complaint about a grade is encouraged to first discuss the matter with the instructor. For complete details, including the responsibilities of the parties involved in the process and the number of days allowed for completing the steps in the process, see University Rule13.02.99.C2, Student Grade Appeals, and University Procedure 13.02.99.C2.01, Student Grade Appeal Procedures. These documents are accessible through the University Rules.
XIII. Disabilities Accommodations
The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please call or visit Disability Services at (361) 825-5816 in Corpus Christi Hall. If you are a returning veteran and are experiencing cognitive and/or physical access issues in the classroom or on campus, please contact the Disability Services office for assistance at (361) 825-5816.

XIV. Emergency Contingency Plan
In the event of a campus evacuation I will make every effort to continue teaching your course. Should such an event occur, I will continue to interact with you by using the Blackboard Announcement, Bb Messages, Email, Collaboration, Discussions, Blogs, Journals, and/or Wikis tools. If you have access to the Internet, you will be able to continue your coursework by posting assignments and interacting with me as well as each other online. You will also be able to take your tests online using the Assessments tool and see your grades on assignments, quizzes, and tests using the My Grades tool.

XV. Rubrics

A. Face-to-Face Interview
Name __________________________________________ Grade ____________
Name of Interviewee _____________________________ Date Turned In __________
Format:
1. Content
   Used APA Style (Cover Sheet, Margins, Size of Font) 5 points __________
   Wrote 5 to 6 pages not counting title page 5 points __________
   Correct Grammar/Spelling 10 points __________
2. Duties and General Nature
   Gave a detailed:
   - Description of the counselor 2 points __________
   - Description of duties 5 points __________
   - Description of general nature of work 5 points __________
   - Description of work setting and conditions 5 points __________
3. Preparation
   Identified educational needs for this position
   (Other requirements and/or certifications) 2 points __________
4. Method of Entry
   Described how the person got their job. 5 points __________
5. Other
   Included picture of therapist with you and three other observations 6 points __________
6. Personal Reflections
Described personal feelings and reactions 1 points _______
(Were there any surprises?)
Answered the following questions:
What do you think that you will like best? 1 points _______
What will you dislike? 1 points _______
What are you looking forward to? 1 points _______
What are you hoping as a counselor? 1 points _______

7. Class Presentation
Prepared visual presentation 5 points _______
Total Points 60 points _______
Possible Earned

B. Case Studies

Case 1 Chris
Chris, a 25 year-old, decided to seek a Master’s degree in Counseling at TAMUCC. He is kind and thoughtful and enjoys helping others. After his first counseling class, Introduction to Counseling, Chris was surprised to learn that he needed more than the degree before he could become a licensed professional counselor. As soon as he got home from class, he called you because he remembered you had gone through the program at TAMUCC.
1. How would you begin to help Chris?
2. What are the requirements for becoming a Licensed Professional Counselor (LPC)?
3. What are the requirements at TAMUCC for Practicum/Internship?
4. What professional organization (s) would be helpful to Chris?
5. What other suggestions would you make to help him learn more about the profession?
Homework Grade: Credit/No Credit. Rubric for Credit: Completed all questions as assigned.

Case 16 Jane
Jane, 25 years-old, is planning on becoming a licensed professional counselor. She is currently in the counseling program at TAMUCC. She is keenly aware of the importance of research in advancing the counseling profession. She knows she has an ethical responsibility to learn counseling methods grounded on theory and empirically validated though research.
1. If a counselor means well, and has a kind and caring disposition, is that enough to prevent doing harm?
2. Is a counselor doing harm by not using empirical data to drive practice and interventions?
3. Of the many reasons that contribute to the gap between research and practice, what might be some of the most difficult to overcome?
4. What ideas can you think of that could help reduce the problem?
5. What do you know from research about the effectiveness of counseling in client-counselor characteristics? Individual approaches? Group approaches? School-based student interventions? Homework Grade: Credit/No Credit. Rubric for Credit: Completed all questions as assigned.
C. Study Guides
Chapter 1
1. Explain the importance of understanding a profession’s origination and history.
2. Compare and contrast psychotherapy with counseling.
3. Describe two significant changes or occurrences for each decade beginning with 1907, 1920’s, 1930’s, 1940’s, 1950’s, 1960’s, 1970’s, 1980’s, 1990’s, 2000, and 2013 that contributed to the rise of counseling as a profession.
4. Describe the effects World War II had on the rise of the counseling profession.
5. Describe the uses of technology in counseling. Homework Grade: Credit/No Credit. Rubric for Credit: Completed all questions assigned.

Chapter 2
1. Describe the American Counseling Association (ACA) and its functions.
2. Compare and contrast passion and work setting divisions within ACA and provide examples of each.
3. What is CACREP? What does the process include? What are some advantages of attending a CACREP accredited counselor education program?
4. Describe the purposes of credentialing and licensure.
5. Explain Gladding’s (2004) four levels of credentialing procedures. Homework Grade: Credit/No Credit. Rubric for Credit: Completed all questions assigned.

D. Additional Homework Assignments:

Individual Development Plan
PROFESSIONAL GOAL - to develop a professional identity
Students design their own plan and target the following areas:
Professional Orientation
1. Gain knowledge about the counseling profession by becoming a member of a professional organization within the first year in the program.
2. Participate in a workshop, seminar, or conference once a year.
Ethical Practice
1. Join a professional organization and read the Code of Ethics. Write a one-page response on how the Code of Ethics will be used in practice.
2. Read two peer reviewed articles from journals in the profession once a year.
Social and Cultural Diversity
1. Develop cultural self-awareness by processing own cultural identity and writing a one-page reflection.
2. Understand the Multicultural Competencies and address each area by the end of the fourth semester of classes.
Advocacy
1. Advocate on behalf of the profession by responding to a minimum of two Calls to Action by the professional organizations per year.
2. Advocate by promoting cultural social justice in class or in the community yearly.
Credentialing
1. Explain orally the process for licensure in Texas.
2. Explain the CACREP accreditation process.
Human Growth and Development
1. Understand growth and development over the life span. Identify two theories by the end of the first academic year.
2. Read two articles in professional journals that address addictive behavior. Provide a one-page reflection on each article.

Helping Relationship
1. Research studies that document the importance of the helping relationship. Write a description of the findings from two studies found in professional journals.
2. Identify the counselor characteristics that help promote a therapeutic relationship. Compare the characteristics with personal characteristics. Show the comparison.

Theoretical Orientation
1. Identify an assessment tool and take the assessment on theoretical orientation the first semester and take the same assessment the semester before starting Practicum.
2. Develop a personal theoretical model. Bring copy to advisor before the start of Practicum.

Wellness

Journal Entry 1
1. What are some barriers you have encountered in your own development? 2. How have you dealt with these barriers? 3. What one area in your life will you commit to working on during this course? Be specific to measure your success at the end of the semester.

Homework Grade: Credit/No Credit. Rubric for Credit: Completed all questions assigned.

Informed Consent Form
Develop an Informed Consent Form: You are getting ready to open up your own private practice. You have gathered all the information to create your own Informed Consent Form. What will it look like? You must cite your source or sources. Homework Grade: Credit/No Credit. Rubric for Credit: Completed all questions assigned.

E. Advocacy for Counseling Profession.

Students have an opportunity to earn one extra credit point by taking action to advocate for the profession. Documentation is required to get credit such as an e-mail or letter from a congressional office, an official, a professional organization. Each action is worth one point for a maximum of ten.

F. History and Philosophy of Counseling Profession
Assignment: History and Philosophy of Counseling Profession
- Select an assignment for your group
- Divide the work among the members
- Research in your text and online for additional information
- Supplement text information with three or more lines of text for each entry
- Compile material into one document
- Post completed assignment on Blackboard
Present in class

Groups

- 1907 - Jesse B. Davis introduced the first guidance course as part of the school curriculum
- 1908 - Frank Parsons founded the Vocational Bureau of the Civic Services
- 1908 - Clifford Beers authored *A Mind that Found Itself*, changing societal attitudes of the mentally ill
- 1909 - Parson’s *Choosing a Vocation* was published following his death one year earlier
- 1909 - *Binet-Simon Scale* is translated into English
- 1909 - Freud invited to the United States to present his ideas on neurosis
- 1913 - National Vocational Guidance Association was founded as the first counseling association
- 1914 - WWI began and psychological instruments were used for screening purposes
- 1917 - *Smith-Hughes Act* provided funding for vocational education in schools
- 1917 - *Army Alpha* and *Army Beta* tests were designed for the military
- 1921 - Rorschach published his projective inkblot test
- 1921 - Child guidance clinics created
- 1922 - Alfred Adler began using collective counseling, or group therapy
- 1929 - Great Depression began after the stock market crashes
- 1929 - The first family and marriage counseling center opened in New York
- 1930s - E. G. Williamson developed the first theory of counseling from the work of Parsons
- 1935 - Murray and Morgan developed the *Thematic Apperception Test* (TAT)
- 1935 - Alcoholics Anonymous was founded
- 1937 - Recovery Incorporated was founded, a mental health self-help group
- 1938 - Buros published Volume 1 of *Mental Measurements Yearbook*
- 1939 - First edition of *Dictionary of Occupational Titles* (DOT) was published
- 1939 - *Wechsler-Bellevue Intelligence Scale* was introduced
- 1939 - WWII began and counselors were widely used for classification, screening and treatment
- 1940s - Certification of school counselors was established
- 1940 - Notables such as Otto Rank, Alfred Adler, Karen Horney, Erich Fromm, Erik Erikson, and Victor Frankl came to the United States to escape Nazi persecution
- 1940 - The *Minnesota Multiphasic Personality Inventory* (MMPI) was published
- 1942 - Carl Rogers published *Counseling and Psychotherapy*, thus introducing client-centered therapy
- 1946 - *National Mental Health Act*
- 1948 - *The Occupational Outlook Handbook* was published
- 1949 - The *Graduate Record Exam* (GRE) was published
- 1949 - The *Wechsler Intelligence Scale for Children* (WISC) was published
- 1950 - Theory development began to flourish including systematic desensitization, rational-emotive therapy, transactional analysis, and career development
- 1952 - American Personnel and Guidance Association (APGA) (later to become ACA) was formed by a merging of four entities, which became the founding divisions
- 1953 - American School Counselor Association (ASCA) joined APGA as a division
- 1957 - The Russians launched *Sputnik*, spurring creation of NDEA the following year
- 1958 - American Rehabilitation Counselor Association (ARCA) was chartered
- 1958 - *National Defense Education Act* (NDEA) was passed expanding the training of school counselors
- 1960s - Existentialism, family systems, and cognitive theories became popular
- 1962 - Wrenn, in *The Counselor in a Changing World*, first introduced the concept of the culturally encapsulated counselor
- 1963 - The *Community Mental Health Centers Act* made it possible to build and staff many mental health centers across the country
- 1964 - APGA recommended a branch be formed in every state
- 1964 - *Civil Rights Act* passed
- 1965 - The Association for Assessment in Counseling in Education (AACE) was chartered
- 1966 - The National Employment Counselors Association (NECA) was chartered
- 1966 - ERIC Clearinghouse was established
- 1967 - APA legislation committee proposed a restriction on who can provide counseling
- 1972 - Association for Multicultural Counseling and Development (AMCD) was chartered
- 1972 - International Association for Addictions and Offender Counselors (IAAOC) was chartered
- 1973 - Association for Specialists in Group Work (ASGW) was chartered
- 1973 - Southern Association for Counselor Education and Supervision (SACES) established the first counselor licensure committee
- 1974 - Association for Spiritual Ethical and Religious Values in Counseling (ASERVIC) was chartered
- 1974 - Congress passed the *Family Educational Rights and Privacy Act* (FERPA)
- 1974 - APGA adopted position paper Counselor Licensure: Position Statement calling for licensure legislation efforts in all 50 states
- 1974 - American Rehabilitation Counselors Association (ARCA) certified rehabilitation counselors
- 1975 - Congress passed the *Education for All Handicapped Children Act* (Public Law 94-142)
- 1975 - Virginia passed the first regulatory act for professional counselors
- 1976 - *Career Education Incentive Act* provided for career education within schools
- 1978 - The American Mental Health Counselors Association (AMHCA) was chartered
- 1979 - AMHCA certified mental health counselors
- 1979 - Following Virginia’s example, Arkansas passed the second licensure law and Alabama became the third state to achieve licensure
- 1983 - American Personnel and Guidance Association (APGA) changed its name to the American Association for Counseling and Development (AACD)
- 1983 - National Board for Certified Counselors (NBCC) was established
• 1984 - Association for Counselors and Educators in Government (ACEG) was chartered
• 1986 - Association for Adult Development and Aging (AADA) was chartered
• 1989 - International Association for Marriage and Family Counselors (IAMFC) was chartered
• 1990 - Americans with Disabilities Act passed
• 1991 - American College Counselors Association (ACCA) was chartered
• 1992 - American Association for Counseling and Development (AACD) changed its name to the American Counseling Association (ACA)
• 1994 - State licensure, certification, and/or registry adopted in 41 states
• 1996 - Association for Gay, Lesbian, and Bisexual Issues in Counseling (AGLBIC) was chartered
• 1997 - ACA Governing Council developed a cohesive definition of counseling
• 2001 - More than 31,000 counselors held the NCC certification
• 2002 - Counselors for Social Justice (CSJ) was chartered
• 2003 - ASCA creates The ASCA National Model: A Framework for School Counseling Programs
• 2004 - Association for Creativity in Counseling (ACC) was chartered
• 2007 - Nevada became the 49th state to license professional counselors
• 2010 - California became the final state to pass a state licensure law
• 2010 - The Affordable Health Care Act was signed into law
• 2011 - The definition of counseling was endorsed by 29 of 31 counseling organizations composing the 20/20 committee

Homework Grade: Credit/No Credit
Rubric for Credit: Presented in class.