Nursing 3435 E01: Health Assessment eLine

Faculty: Catherine Harrel, MSN, RNC
Clinical Assistant Professor

Office: Island Hall 336B

Office Hours: By appointment

Telephone: (361) 825-5761 (office)
            (361) 960-5737 (cell)

Internet: Catherine.Harrel@tamucc.edu
          preferably per Black Board Mail

Fax: (361) 825-3491

Credits: 4 credit hours

Prerequisites: Acceptance into the Nursing program

Course Description:

The course focuses on interviewing clients, obtaining their complete health histories, and physically assessing them. These assessment components are explored through learning activities centered on interviewing techniques and physical assessment skills as portions of the nursing process. Students are expected to practice the skills of health assessment in the campus laboratory prior to using these skills in clinical settings. Competency in the assessment of normal clients across the life span while acknowledging transcultural differences among populations of clients is the expected outcome.

Course completion requires taking the Hesi exam for Health Assessment. You must register for this exam 2 weeks prior to taking it by contacting Prof Nancy Goodman @ Nancy.goodman@tamucc.edu

Course Objectives with examples of outcome criteria:

1. Identifies principles of history taking in the assessment process of individuals.
   - Relates the components of the comprehensive health history to the content of data and its organization.
   - Recognizes the importance of effective interviewing techniques in obtaining a health history.
• Describes the modifications necessary in the approach and content format included when obtaining the health history of pediatric, adult, and elderly clients.
• Differentiates assessment needs from transcultural viewpoints.

2. Explains and demonstrates physical examination skills according to established criteria.
• Identifies anticipated normal findings, utilizing knowledge of human anatomy and physiology.
• Describes and demonstrates the appropriate assessment skills in the interview, the complete health history, and inspection, palpation, percussion, and auscultation techniques.
• Relates health assessment activities to the nursing process.

3. Associates problems and needs in individuals with data discovered during the health history and physical examination.
• Perceives problems/needs based upon subjective and objective data and also upon knowledge of the effects of stresses on normal physiological functioning.
• Considers an individual’s age, culture, socioeconomic group and physiological and psychological status in needs identification and assignment of nursing diagnoses.

4. Considers the role and responsibilities of the nurse in the process of health assessment and health promotion.
• Demonstrates caring behaviors essential in the health assessment process.
• Examines the role nurses have in the process of health assessment for improvement of patient care.

5. Demonstrates responsibility for independent learning.
• Identifies specific learning needs in relation to course objectives and schedules.
• Prepares for class by completing assigned readings and activities prior to coming to class.
• Participates in class discussion.

eLine Modules
Module 1 (formerly PRB 215): Health History and Physical Assessment I
Module 2 (formerly PRB222): Physical Assessment II
Module 3 (formerly PRB223): Physical Assessment III
Module 4 (formerly PRB224): Physical Assessment IV
Module 5 (formerly CLB 201): Health Assessment Check off

Required Textbooks:
Suggested Text


Course Evaluation & Grading Policy

Students must complete all module requirements and achieve a passing average (> 75%) on exams (the 4 FMQ’s + Hesi exam). Successful completion (75% or better) of the health assessment check off and documentation (on an adult) is required to pass the course.

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Percent of Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Quizzes and Assignments</td>
<td>10%</td>
</tr>
<tr>
<td>15 quizzes and one assignment</td>
<td></td>
</tr>
<tr>
<td>FMQ (Final Module Quizzes)</td>
<td>40%</td>
</tr>
<tr>
<td>4 quizzes</td>
<td></td>
</tr>
<tr>
<td>Module 5</td>
<td>25%</td>
</tr>
<tr>
<td>Health Assessment Check off 1 &amp; 2, with documentation and Complete Health History</td>
<td></td>
</tr>
<tr>
<td>Hesi exam – required for course completion</td>
<td>25%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>100%</strong></td>
</tr>
</tbody>
</table>

College of Nursing Grading Criteria

<table>
<thead>
<tr>
<th>Number grade earned</th>
<th>Letter Grade Assigned</th>
</tr>
</thead>
<tbody>
<tr>
<td>90-100</td>
<td>A</td>
</tr>
<tr>
<td>83-89</td>
<td>B</td>
</tr>
<tr>
<td>75-82</td>
<td>C</td>
</tr>
<tr>
<td>74-67</td>
<td>D</td>
</tr>
<tr>
<td>66 &amp; below</td>
<td>F</td>
</tr>
</tbody>
</table>
Course Schedule

(see schedule in Bb)

Learning Experiences and Teaching Methods:

Course objectives may be met through individual study using suggested resources, independent skills practice, formal and informal exchange of ideas with classmates and colleagues regarding specific topics as well as utilizing critical thinking skills. Teaching methods include independent study and completion of modules, participation in course discussion and skills practice via web ex, discussion, independent study of texts and library resources, computer-assisted instruction, audio-visual aids and the assignments listed. Lab participation is highly recommended, either in person or via Web ex. Students are encouraged to utilize open lab times for skills practice. Both Health Assessment and Fundamental skills practice will be offered during the regular lab time.

While the professor will provide guidance and consultation, the student is responsible for identification of learning needs, self-direction, seeking consultation and demonstration of course objectives.

Additional Notes

Students with disabilities

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please contact the Disability Services Office at 361.825.5816 or visit the office in Corpus Christi Hall (CCH) Room 119.

Code of Academic Integrity

eLine students are expected to adhere to the rules of the educational institution. Details can be found in your student handbook.

Academic Honesty
Students entering the profession of nursing are held to the highest possible standards of ethical behavior. For this reason you will be asked to sign a pledge adhering to standards of academic and professional honesty. Please refer to the University catalogue (http://catalog.tamucc.edu/index.php), Student Handbook (http://studentaffairs.tamucc.edu/TAMUCC_student_handbook.pdf), and CONHS Student handbook (http://conhs.tamucc.edu/shb/) for descriptions of academic honesty and dishonesty. If you violate these rules you will receive an “F” in the course and may be dismissed from the program.

Student Responsibilities (http://conhs.tamucc.edu/shb/)

**Academic Advising**

The College of Nursing and Health Sciences require that students meet with an Academic Advisor as soon as they are ready to declare a major. The Academic Advisor will set up a degree plan, which must be signed by the student, a faculty mentor, and the department chair. The College's Academic Advising Center is located in Island Hall 3rd. floor 361-825-2799 http://conhs.tamucc.edu/advising_nursing.html

**Dropping a Class**

We hope that you never find it necessary to drop this or any other class. However, events can occur that make dropping a course necessary or wise. Please consult with your instructor before you decide to drop to be sure it is the best thing to do. Should dropping the course be the best course of action, you must initiate the process to drop the course by going to the Student Services Center and filling out a course drop form. Just stopping attendance and participation WILL NOT automatically result in your being dropped from the class. Faculty cannot drop you from a course. Please refer to the following site for details: http://registrar.tamucc.edu/6drop.html

**Grade appeal process**

As stated in the College of Nursing and Health Sciences (CONHS) Handbook under section VII Policies and Procedures, a student that believes they have an academic grade appeal is encouraged to go through the CONHS academic review process prior to pursuing University Grade Appeal. See the handbook for the process http://conhs.tamucc.edu/shb/.

As stated in University Rule 13.02.99.C2, Student Grade Appeals, a student who believes that he or she has not been held to appropriate academic standards as outlined in the class syllabus, equitable evaluation procedures, or appropriate grading, may appeal the final grade given in the course. The burden of proof is upon the student to demonstrate the appropriateness of the appeal. A student with a complaint about a grade is encouraged to first discuss the matter with the instructor. For complete details, including
the responsibilities of the parties involved in the process and the number of days allowed for completing the steps in the process, see University Rule 13.02.99.C2, Student Grade Appeals, and University Procedure 13.02.99.C2.01, Student Grade Appeal Procedures. These documents are accessible through the University Rules Web site at http://studentaffairs.tamucc.edu/grievances.html. For assistance and/or guidance in the grade appeal process, students may contact the Office of Student Affairs.