I. Course Description
CNEP 5320, Introduction to Marriage, Couple, and Family Counseling (MCFC) provides an overview of major theoretical models, history of the field, key concepts, family counseling process, family structure and functions of MCFC. Course topics include professional, legal, ethical, and diversity issues.

II. Rationale
This course is designed to serve students in the marriage, couple, and family counseling program, school counseling program, clinical mental health counseling program, and graduate students in related fields. It is a required course for the MCFC Program and individuals seeking licensure as a marriage and family therapist.

III. Proficiencies for Counselors: State Adopted
A. School Counselor
   1. Learner-Centered Knowledge
   2. Learner-Centered Process
   3. Learner-Centered Responsive Services
   4. Learner-Centered Support System
   5. Learner-Centered Professional Development
   6. Equity in Excellence for all Learners
B. Professional Counselor (academic competencies by Texas State Board of Examiners of Licensed Professional Counselors)
   1. Counseling methods/techniques
   2. Social, cultural, and family issues
   3. Professional issues and ethics
   4. Counseling theory
C. Marriage and Family Therapist (academic areas required by Texas State Board of Examiners of Licensed Marriage and Family Therapists)
   1. Theoretical foundations
   2. Assessment and treatment
   3. Human development
   4. Establish and maintain appropriate networks
   5. Assess the outcome of treatment
   6. Maintain professional standards

IV. TExES Competencies
   A. 001 Human Development
   B. 002 Environment Influences
C. 003 Diversity
D. 006 Responsive Services
E. 007 Individual Planning
F. 010 School-Home Relationships
G. 011 School-Community Relationships
H. 012 Ethical, Legal, and Professional Standards

V. Course Objectives and Student Learning Outcomes
This course is designed to help students meet the following CACREP/ MCFC accreditation standards (objectives):

CACREP Standard A-1: Knows the history, philosophy, and trends in marriage, couple, and family counseling.

CACREP Standard A-2: Understands the ethical and legal considerations specifically related to the practice of marriage, couple, and family counseling.

CACREP Standard A-3: Knows the roles and functions of marriage, couple, and family counselors in a variety of practice settings and in relation to other helping professionals.

CACREP Standard A-4: Knows the professional organizations, preparation standards, and credentials relevant to the practice of marriage, couple, and family counseling.

CACREP Standard A-5: Understands a variety of models and theories of marriage, couple, and family counseling.

CACREP Standard C-1: Understands issues of marriage, couple, and family life-cycle dynamics; healthy family functioning; family structures; and family of origin and intergenerational influences in a multicultural society.

CACREP Standard E-3: Understands current literature that outlines theories, approaches, strategies, and techniques shown to be effective in working with diverse family systems.

CACREP Standard G-2: Understands marriage, couple, and family assessment tools and techniques appropriate to clients’ needs in a multicultural society.

Students will demonstrate meeting the above CACREP/MCFC accreditation standards (objectives) through the following Student Learning Outcomes:

1. Students will demonstrate the knowledge and understanding of the history, philosophy, and trends in marriage, couple, and family counseling as evidenced by students earning 85% or above on objective online examination.

2. Students will demonstrate the knowledge and understanding of the ethical and legal issues related to the practice of marriage, couple, and family counseling as assessed on analysis of a case study posted online with peer feedback rating of 4 out of 5 points.
3. Students will demonstrate the knowledge and understanding of the roles and functions of marriage, couple, and family counselors in a variety of practice settings and in relation to other helping professions as evidenced by students earning 85% or above on objective examination online quiz.

4. Students will demonstrate the knowledge of professional organizations, preparation standards, and credentials relevant to the practice of marriage, couple, and family counseling by engaging in an online class discussion with peers and receiving 4 out of 5 rating.

5. Students will demonstrate the knowledge and understanding of a variety of models and theories of marriage, couple, and family counseling by receiving 80% or above as scored by peers in class presentation of models/theories.

6. Students will demonstrate the knowledge and understanding of issues in MCFC, life-cycle-dynamics, healthy family functioning, family structures and family of origin in a multicultural society as measured by a score of 80% or above in respective sections of the class examinations.

7. Students will demonstrate the knowledge and understanding of the current literature that relates to marriage, couple, and family counseling including efficacy of theories, approaches, strategies, and techniques in MCFC by receiving 80% or above as scored on examination of the material presented in class by peers.

VI. Course Topics
The major course topics to be considered are: historical and current theoretical foundations of marriage, couple and family counseling, orientation to the profession, family life cycle, interface of ethical practice and issues of diversity, and an emphasis on family counseling theories.

VII. Instructional Methods and Techniques
Instructional methods and techniques include experiential activities, mini lectures, cooperative learning, video, case studies, and examinations both face-to-face and online.

VIII. Evaluation and Grade Assignment

<table>
<thead>
<tr>
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<th>Points</th>
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<tbody>
<tr>
<td>Final Examination</td>
<td>100</td>
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<tr>
<td>Quizzes (5)</td>
<td>50</td>
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<tr>
<td>Autobiography</td>
<td>30</td>
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<tr>
<td>Genogram</td>
<td>30</td>
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<tr>
<td>Role-Plays/Cases</td>
<td>30</td>
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<tr>
<td>Presentations</td>
<td>50</td>
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<tr>
<td>Group/Class Participation</td>
<td>10</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>300</strong></td>
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**Grading Scale**

- A = 270-300
- B = 269-240
- C = 239-210
- D = 209–180
- F = 179 and below
Course Requirements

1. Reading assignments are to be completed prior to class, and students are expected to be prepared to participate in small group/class discussion of material and other class activities.

2. Learning objectives must be met in order to pass the course.

3. Out of class work will use APA (6th ed.) format (12 pt. font, double spaced, 5-space indentions for paragraphs, 1-inch margins, title page, etc.).

4. Write an introspective autobiography (approx. 5 pages) and complete a personal genogram. Your paper should include the tracking of family patterns, an interpretation of family structure, family relationships and triangles, family roles and functioning, resilience, important facts, pertinent dates, intergenerational influences, and crucial events. In addition, exploration and commentary on your family developmental life cycle will be helpful as you gain insight into your own history. The paper is confidential and will be returned. Please consult with professor if assignment presents difficulties.

5. See Course Schedule for assignments.

IX. Course Schedule and Policies
A. Tentative Course Schedule and Assignments

<table>
<thead>
<tr>
<th>Date</th>
<th>Format</th>
<th>Overview/Assignments</th>
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</thead>
<tbody>
<tr>
<td>7/07/15</td>
<td>F2F</td>
<td>Overview of class, form groups, assign projects, individual and family life cycles,</td>
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<tr>
<td></td>
<td></td>
<td>healthy family functioning, family structures, and issues in a multicultural society</td>
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<td></td>
<td></td>
<td>Read Chapters 1 and 2</td>
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<tr>
<td>7/09/15</td>
<td>Online</td>
<td>Rationale, history, philosophy, &amp; trends in MCFC, professional organizations,</td>
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<td></td>
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<td>preparation standards, professional credentialing, process of couple and family</td>
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<td>counseling, and the role/functions of couple and family counselors</td>
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<td></td>
<td></td>
<td>Read Chapters 6 and 7</td>
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<td></td>
<td></td>
<td>Quiz Chapters 6 and 7</td>
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<tr>
<td></td>
<td></td>
<td>Case Study</td>
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<tr>
<td>7/14/15</td>
<td>F2F</td>
<td>Working with Populations: Culturally Diverse Families, Single-Parent Families,</td>
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<td>Remarried Families; Special issues: Substance-Related Disorders, Domestic Violence,</td>
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<td></td>
<td></td>
<td>and Child Abuse</td>
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<td></td>
<td></td>
<td>Read Chapters 3, 4, and 5</td>
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<tr>
<td></td>
<td></td>
<td>Presentations</td>
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<tr>
<td></td>
<td></td>
<td>Autobiography</td>
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<tr>
<td>7/16/15</td>
<td>Online</td>
<td>Ethical, legal, and professional issues in MCFC</td>
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<tr>
<td></td>
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<td>Read AAMFT Code of Ethics</td>
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<td></td>
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<td>Read Chapter 15</td>
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<tr>
<td></td>
<td></td>
<td>Quizzes 1 and 2</td>
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<tr>
<td></td>
<td></td>
<td>Case Study</td>
</tr>
<tr>
<td>7/21/14</td>
<td>F2F</td>
<td>Models and Theories of Marriage, Couple, and Family Counseling: Psychodynamic,</td>
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<tr>
<td></td>
<td></td>
<td>Bowenian, and Experiential Family approaches multicultural society</td>
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<tr>
<td></td>
<td></td>
<td>Read Chapters 9, 10, and 11</td>
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<tr>
<td></td>
<td></td>
<td>Presentations</td>
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</tbody>
</table>
### 7/23/15 Online
- Models and Theories of Marriage, Couple, and Family Counseling: Behavioral and Cognitive-Behavioral Family Approaches, Structural Family Therapy
- Read Chapters 11 and 12
- Presentations

### 7/28/15 F2F
- Models and Theories of Marriage, Couple, and Family Counseling: Strategic and Systemic Family Approaches, Solution-Focused and Narrative Family Approaches
- Read Chapters 13 and 14
- Presentations

### 7/30/15 Online
- Research and Assessment: Effective MCFC Strategies, Theories, and Assessment Tools
- Read Chapter 17
- Quiz

### 8/04/15
- Final Exam
- Genogram

### B. Class Policies
- Students are expected to attend all class and to be on time.
- Students are expected to be courteous by turning off cell phones and/or other electronic devices during class.
- Students are expected to notify the professor if an unavoidable absence is required and he/she should consult with small group members about class notes, handouts, and/or exercises. Points (15) will be deducted from the final grade for three or more absences except in extenuating circumstances.
- Students are expected to consult Blackboard to prepare assignments ahead of time to avoid a late penalty. All late assignments will receive a ten-percent late penalty.
- Students are expected to participate actively in class and complete journal assignments.
- Students are expected to conduct themselves in accordance with the highest standards of academic honesty. Academic misconduct for which a student is subject to penalty includes all forms of cheating, such as illicit possession of examinations or examination materials, falsification, forgery, complicity or plagiarism. (Plagiarism is the presentation of the work of another as one’s own work.) In this class, academic misconduct or complicity in an act of academic misconduct on an assignment or test will result in no credit for the work in question.
- Students please consult with professor before deciding to drop a class. Should dropping the course be the best course of action, you must initiate the process to drop the course by going to the Student Services Center and filling out a course drop form. Just stopping attendance and participation WILL NOT automatically result in your being dropped from the class. Check for the last day to drop a class with an automatic grade of “W” this term.
X. Textbooks Required for this course

XI. Bibliography


XII. Academic Integrity/Plagiarism
University students are expected to conduct themselves in accordance with the highest standards of academic honesty. Academic misconduct for which a student is subject to penalty includes all forms of cheating, such as illicit possession of examinations or examination materials, falsification, forgery, complicity or plagiarism. (Plagiarism is the presentation of the work of another as one’s own work.) In this class, academic misconduct or complicity in an act of academic misconduct on an assignment or test will result in a grade of 0 on the particular assignment and a grade of Non-Credit in the course. In addition, a record of the academic misconduct will be filed with the Dean. Students have the right to appeal the judgment or penalty. In addition, academic misconduct will be referred to the CNEP department for consideration. See [http://tinyurl.com/m8jj523](http://tinyurl.com/m8jj523)

XIII. Dropping a class
I hope that you never find it necessary to drop this or any other class. However, events can sometimes occur that make dropping a course necessary or wise. Please consult with me before you decide to drop to be sure it is the best thing to do. Should dropping the course be the best course of action, you must initiate the process to drop the course by going to the Student Services Center and filling out a course drop form. Just stopping attendance and participation will not automatically result in your being dropped from the course. Be sure to check the University’s academic calendar to verify the last day to drop a class with an automatic grade of “W” this term.

XIV. Grade Appeals
As stated in University Procedure 13.02.99.C2.01, Student Grade Appeal Procedures, a student who believes that he or she has not been held to appropriate academic standards as outlined in the class syllabus, equitable evaluation procedures, or appropriate grading,
may appeal the final grade given in the course. The burden of proof is upon the student to demonstrate the appropriateness of the appeal. A student with a complaint about a grade is encouraged to first discuss the matter with the instructor. For complete details, including the responsibilities of the parties involved in the process and the number of days allowed for completing the steps in the process, see University Procedure 13.02.99.C2.01, Student Grade Appeal Procedures. These documents are accessible through the University Rules Web site at [http://www.tamucc.edu/provost/university_rules/index.html](http://www.tamucc.edu/provost/university_rules/index.html). For assistance and/or guidance in the grade appeal process, students may contact the Dean’s office in the college in which the course is taught or the Office of the Provost.

XV. **Disabilities Accommodations**

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please call or visit Disability Services at (361) 825-5816 in Corpus Christi Hall 116. If you are a returning veteran and are experiencing cognitive and/or physical access issues in the classroom or on campus, please contact the Disability Services office for assistance at (361) 825-5816.

XVI. **Rubric**

**Scholarly Presentation and Demonstration**

**PRESENTATION IN CLASS RATING SCALE**

1. **DEMONSTRATED EXPERTISE IN A SPECIFIC TOPIC RELATED TO THEORY PRESENTED**
   1= NONE  2=MINIMAL  3= FAIR LEVEL  4= HIGH LEVEL  5= PUBLICATION LEVEL

2. **GENERAL CONTENT OF PRESENTATION**
   1=WEAK  2=VERY BASIC  3=MODERATE  4=INCLUSIVE  5= OUTSTANDING

3. **PRESENTATION STYLE AND USE OF TECHNOLOGY**
   1=UNCLEAR  2=SOME CLARITY  3=GENERALLY CLEAR  4=VERY COHERENT  5=PROFESSIONAL

4. **EVIDENCE OF RESEARCHING THE TOPIC**
   1=NO EVIDENCE  2=MINIMAL EVIDENCE  3=Moderate  4=HIGH  5=VERY COMPLETE

5. **POTENTIAL FOR A STATE OR NATIONAL PRESENTATION**
   1=LOW  2=MINIMAL  3=Moderate  4=HIGH  5=DEFINITE

6. **POTENTIAL FOR A PUBLICATION**
   1=LOW  2=MINIMAL  3=Moderate  4=HIGH  5=DEFINITE