I. Course Description
CNEP 5397, Practicum, 3 semester hours: A minimum of 100 clock hours of supervised counseling experiences, including 40 hours of direct service with clients. Clinical setting must be approved by the Clinical Coordinator and be appropriate to the student’s emphasis. The semester prior to enrollment the student must complete the practicum application process. Prerequisites: A minimum of 12 semester hours of core counseling including CNEP 5304, 5308, 5381, and 5384 must be completed.

II. Rationale
This course is designed to provide a supportive, structured learning environment for acquiring clinical experience and on-the-job training. The practicum is a time to build a framework of new professional counseling skills on a foundation of the material learned in the program courses, life experiences, and personal values. It is a time to develop and enhance professional competencies.

III. State Adopted Proficiencies for Teachers and/or Administrators/Counselors

Standard I Learner-Centered Knowledge: The certified school counselor has a broad knowledge base.

Standard II Learner-Centered Skills: The certified school counselor applies the knowledge base to promote the educational, personal, social, and career development of the learner.

Standard III Learner-Centered Process: The certified school counselor participates in the development, monitoring, and evaluation of a developmental school guidance and counseling program that promotes learners’ knowledge, skills, motivation, and personal growth.

Standard IV Learner-Centered Equity and Excellence for All Learners: The certified school counselor promotes academic success for all learners by acknowledging, respecting, and responding to diversity while building on similarities that bond all people.

Standard V Learner-Centered Communications: The certified school counselor, an advocate for all students and the school, demonstrates effective professional and interpersonal communication skills.
Standard VI Learner-Centered Professional Development: The certified school counselor continues professional development, demonstrating a commitment to learn, to improve the profession, and to model professional ethics and personal integrity.

IV. TExES Competencies

Competency 001 (Human Development): The school counselor understands processes of human development and applies this knowledge to provide a developmental guidance program, including counseling services that meets the needs of all students.

Competency 002 (Student Diversity): The school counselor understands human diversity and applies this knowledge to ensure that the developmental guidance and counseling program is responsive to all students.

Competency 003 (Factors Affecting Students): The school counselor understands factors that may affect students' development and school achievement and applies this knowledge to promote students' ability to achieve their potential.

Competency 004 (Program Management): The school counselor understands how to plan, implement, and evaluate a developmental guidance program, including counseling services, that promotes all students' success.

Competency 005 (Developmental Guidance Program): The school counselor knows how to provide a comprehensive developmental guidance program that promotes all students' personal growth and development.

Competency 006 (Counseling): The school counselor understands how to provide effective counseling services to individuals and small groups.

Competency 007 (Assessment): The school counselor understands principles of assessment and is able to use assessment results to identify students' strengths and needs, monitor progress, and engage in planning to promote school success.

Competency 008 (Collaboration with Families): The school counselor knows how to communicate effectively with families and establish collaborative relationships that enhance work with students.

Competency 009 (Collaboration with Others in the School and Community): The school counselor understands how to work collaboratively with other professionals and with community members to promote positive change and to facilitate student learning.

Competency 010 (Professionalism): The school counselor understands and complies with ethical, legal, and professional standards relevant to the profession.
V. Course Objectives/Learning Outcomes

This course is designed to meet CACREP standards and enable students to demonstrate understanding of the following objectives. Standards in bold type are standards that will, at minimum, be assessed in this course.

1. CACREP Standard II-G-1-b Professional roles, functions, and relationships with other human service providers, including strategies for interagency/interorganization collaboration and communications.
2. CACREP Standard II-G-1-c Counselors’ roles and responsibilities as members of an interdisciplinary emergency management response team during a local, regional, or national crisis, disaster, or other trauma-causing event.
3. CACREP Standard II-G-1-d Self-care strategies appropriate to the counselor’s role.
4. CACREP Standard II-G-1-f Professional organizations, primarily ACA, its divisions, branches, and affiliates, including membership benefits, activities, services to members, and current emphases.
5. CACREP Standard II-G-1-g Professional credentialing, including certification, licensure, and accreditation practices and standards, and the effects of public policy on these issues.
6. CACREP Standard II-G-1-i Advocacy processes needed to address institutional and social barriers that impede access, equity, and success for clients.
7. CACREP Standard II-G-1-j Ethical standards of ACA and related entities, and applications of ethical and legal considerations in professional counseling.
8. CACREP Standard II-G-2-d Individual, couple, family, group, and community strategies for working with and advocating for diverse populations, including multicultural competencies.
9. CACREP Standard II-G-2-e Counselors’ roles in developing cultural self-awareness, promoting cultural social justice, advocacy and conflict resolution, and other culturally supported behaviors that promote optimal wellness and growth of the human spirit, mind, or body.
10. CACREP Standard II-G-2-f Counselors’ roles in eliminating biases, prejudices, processes of intentional and unintentional oppression and discrimination.
11. CACREP Standard II-G-5-a An orientation to wellness and prevention as desired counseling goals.
12. CACREP Standard II-G-5-c Essential interviewing and counseling skills.
13. CACREP Standard II-G-5-g Crisis intervention and suicide prevention models, including the use of psychological first aid strategies.

SLO: Students will demonstrate understanding of suicide prevention models by earning an evaluation of adequate on their taped role-plays and acceptable on self-evaluation of suicide assessment and intervention skills.

In addition to the objectives listed above, the practicum student will satisfy the following objectives based on area of emphasis:

School Counseling Practicum

As a result of doing practicum and/or internship in a school setting the student will be able to meet CACREP School Counseling Standards and demonstrate the following:
1. CACREP Standard B-1 Demonstrates the ability to apply and adhere to ethical and legal standards in school counseling.
2. CACREP Standard D-1 Demonstrates self-awareness, sensitivity to others, and the skills needed to relate to diverse individuals, groups, and classrooms.
3. **CACREP Standard D-2** Provides individual and group counseling and classroom guidance to promote the academic, career, and personal/social development of students.
   SLO: School counseling students will provide individual and group counseling as well as classroom guidance, designed to promote development of students, as assessed by a rating of good or above from the site supervisor on specific items on the mid-semester and final evaluation.
4. CACREP Standard D-3 Designs and implements prevention and intervention plans related to the effects of (a) atypical growth and development, (b) health and wellness, (c) language, (d) ability level, (e) multicultural issues, and (f) factors of resiliency on student learning and development.
5. **CACREP Standard D-4** Demonstrates the ability to use procedures for assessing and managing suicide risk.
   SLO: School counseling students will demonstrate the ability to use procedures for assessing and managing suicide risk by earning an evaluation of adequate on their taped role-plays and acceptable on self-evaluation of suicide assessment and intervention skills.
6. **CACREP Standard D-5** Demonstrates the ability to recognize his or her limitations as a school counselor and to seek supervision or refer clients when appropriate.
   SLO: School counseling students will demonstrate recognition of limitations and willingness to seek supervision or refer when appropriate, as assessed by a rating of good or above on specific items on the final evaluation by the instructor and by a rating of Acceptable on self-evaluation and reflection papers.
7. **CACREP Standard F-1** Demonstrates multicultural competencies in relation to diversity, equity, and opportunity in student learning and development.
   SLO: Students will demonstrate multicultural competencies in all facets of their work with student learning and development, as assessed by a rating of good or above on specific items on the mid-semester and final evaluations by the site supervisor.
8. CACREP Standard F-2 Advocates for the learning and academic experiences necessary to promote the academic, career, and personal/social development of students.
9. CACREP Standard F-4 Engages parents, guardians, and families to promote the academic, career, and personal/social development of students.
10. **CACREP Standard H-1** Assesses and interprets students’ strengths and needs, recognizing uniqueness in cultures, languages, values, backgrounds, and abilities.
    SLO: Students will assess and interpret their students’ strengths and needs, including uniqueness across a diverse and multicultural population, as assessed by case presentation evaluations and a rating of good or above on specific items on the mid-semester and final evaluation by the site supervisor and the final evaluation by the instructor.
11. CACREP Standard H-3 Analyzes assessment information in a manner that produces valid inferences when evaluating the needs of individual students and assessing the effectiveness of educational programs.
12. **CACREP Standard H-4** Makes appropriate referrals to school and/or community resources.
SLO: Students will make appropriate referrals, as assessed by evaluation of case presentations and a rating of good or above on specific items on the mid-semester and final evaluations by the site supervisor.

13. CACREP Standard H-5 Assesses barriers that impede student’s academic, career, and personal/social development.
   SLO: Students will assess barriers that impede student academic, career, and personal/social development as assessed by ratings of good or above on the mid-semester and final evaluations by the site supervisor.

14. CACREP Standard L-1 Conducts programs designed to enhance student academic development.
   SLO: Students will conduct programs designed to enhance student academic development, as assessed by a rating of good or above on specific items on the mid-semester and final evaluations by the site supervisor.

15. CACREP Standard L-2 Implements strategies and activities to prepare students for a full range of postsecondary options and opportunities.
   SLO: Students will utilize strategies and activities to prepare students for postsecondary options and opportunities, as evidenced by a rating of good or above on specific items on the mid-semester and final evaluations by the site supervisor.

16. CACREP Standard L-3 Implements differentiated instructional strategies that draw on subject matter and pedagogical content knowledge and skills to promote student achievement.
   SLO: Students, when providing programs and classroom guidance, will utilize differentiated instructional strategies that draw on subject matter as well as pedagogical knowledge and skills as assessed by a rating of good or above on specific items on the mid-semester and final evaluations by the site supervisor.

17. CACREP Standard N-1 Works with parents, guardians, and families to act on behalf of their children to address problems that affect student success in school.

18. CACREP Standard N-2 Locates resources in the community that can be used in the school to improve student achievement and success.

19. CACREP Standard N-3 Consults with teachers, staff, and community-based organizations to promote student academic, career, and personal/social development.

20. CACREP Standard N-4 Uses peer helping strategies in the school counseling program.

21. CACREP Standard N-5 Uses referral procedures with helping agents in the community (e.g., mental health centers, businesses, service groups) to secure assistance for students and their families.

22. CACREP Standard P-1 Participates in the design, implementation, management, and evaluation of a comprehensive developmental school counseling program.

23. CACREP Standard P-2 Plans and presents school-counseling-related educational programs for use with parents and teachers (e.g., parent education programs, materials used in classroom guidance and advisor/advisee programs for teachers).

Clinical Mental Health Counseling Practicum
As a result of doing practicum in a community counseling setting, the student will be able to meet CACREP Clinical Mental Health Counseling Standards and demonstrate the following:
1. CACREP Standard B-1 Demonstrates the ability to apply and adhere to ethical and legal standards in clinical mental health counseling.
2. CACREP Standard C-9. Understands professional issues relevant to the practice of clinical mental health counseling.
3. CACREP Standard D-1 Uses the principles and practices of diagnosis, treatment, referral, and prevention of mental and emotional disorders to initiate, maintain, and terminate counseling.
4. CACREP Standard D-2 Applies multicultural competencies to clinical mental health counseling involving case conceptualization, diagnosis, treatment, referral, and prevention of mental and emotional disorders.
5. CACREP Standard D-5 Demonstrates appropriate use of culturally responsive individual, couple, family, group, and systems modalities for initiating, maintaining, and terminating counseling.
6. CACREP Standard D-6 Demonstrates the ability to use procedures for assessing and managing suicide risk.
   SLO: Students will demonstrate understanding of suicide prevention models by earning an evaluation of adequate on their taped role-plays and acceptable on self-evaluation of suicide assessment and intervention skills.
7. CACREP Standard D-7 Applies current record-keeping standards related to clinical mental health counseling.
8. CACREP Standard D-9 Demonstrates the ability to recognize his or her own limitations as a clinical mental health counselor and to seek supervision or refer clients when appropriate.
   SLO: Students will recognize their limitations as a clinical mental health counselor and will seek supervision or refer clients when appropriate, as evidenced by ratings of acceptable on reflection papers assessed by the course instructor.
9. CACREP Standard F-1 Maintains information regarding community resources to make appropriate referrals.
10. CACREP Standard F-2 Advocates for policies, programs, and services that are equitable and responsive to the unique needs of clients.
    SLO: Students will apply policies, programs, and services that are equitable and responsive to the unique needs of clients, as evidenced by ratings of good or above on specific items on the mid-semester and final evaluations by the site supervisor.
11. CACREP Standard H-1 Selects appropriate comprehensive assessment interventions to assist in diagnosis and treatment planning, with an awareness of cultural bias in the implementation and interpretation of assessment protocols.
12. CACREP Standard H-2 Demonstrates skill in conducting an intake interview, a mental status evaluation, a biopsychosocial history, a mental health history, and a psychological assessment for treatment planning and caseload management.
13. CACREP Standard H-3 Screens for addiction, aggression, and danger to self and/or others, as well as co-occurring mental disorders.
14. CACREP Standard H-4 Applies the assessment of a client’s stage of dependence, change, or recovery to determine the appropriate treatment modality and placement criteria within the continuum of care.
19. CACREP Standard J-1 Applies relevant research findings to inform the practice of clinical mental health counseling.

22. CACREP Standard L-1 Demonstrates appropriate use of diagnostic tools, including the current edition of the *DSM*, to describe the symptoms and clinical presentation of clients with mental and emotional impairments.

23. CACREP Standard L-2 Is able to conceptualize an accurate multi-axial diagnosis of disorders presented by a client and discuss the differential diagnosis with collaborating professionals.

24. CACREP Standard L-3 Differentiates between diagnosis and developmentally appropriate reactions during crises, disasters, and other trauma-causing events.

**Marital, Couple, and Family Counseling Practicum**

As a result of doing practicum in a setting providing marriage, couple, and family services, the student will be able to meet CACREP Marital, Couple, and Family Counseling Standards and demonstrate the following:

1. **CACREP Standard B-1** Demonstrates the ability to apply and adhere to ethical and legal standards in marriage, couple, and family counseling.

2. **CACREP Standard B-2** Demonstrates the ability to select models or techniques appropriate to couples’ or families’ presenting problems.

3. **CACREP Standard C-4** Understands professional issues relevant to the practice of marriage, couple, and family counseling, including recognition, reimbursement, and right to practice.

4. **CACREP Standard D-3** Uses systems theories to implement treatment, planning, and intervention strategies.

5. **CACREP Standard D-4** Demonstrates the ability to use procedures for assessing and managing suicide risk.

*SLO: Students will demonstrate understanding of suicide prevention models by earning an evaluation of adequate on their taped role-plays and acceptable on self-evaluation of suicide assessment and intervention skills.*

6. **CACREP Standard D-5** Adheres to confidentiality responsibilities, the legal responsibilities and liabilities of clinical practice and research, family law, record keeping, reimbursement, and the business aspects of practice.

*SLO: Students will maintain client confidentiality and limits thereto, and demonstrate understanding of legal responsibilities and liabilities of clinical practice and research, family law, record keeping, reimbursement, and the business aspects of practice, as evidenced by ratings of good or above on mid-semester and final evaluations of the site supervisor and the final evaluation of the course instructor.*

7. **CACREP Standard D-6** Demonstrates the ability to recognize his or her own limitations as a marriage, couple, and family counselor and to seek supervision or refer clients when appropriate.

*SLO: Students will recognize their limitations as a marriage, couple, and family counselor and seek supervision or refer clients when appropriate, as evidenced by ratings of acceptable on self-evaluation papers assessed by the course instructor.*

8. **CACREP Standard F-1** Demonstrates the ability to provide effective services to clients in a multicultural society.
9. CACREP Standard F-2 Maintains information regarding community resources to make appropriate referrals.
10. CACREP Standard F-3 Advocates for policies, programs, and services that are equitable and responsive to the unique needs of couples and families.
11. CACREP Standard F-4 Demonstrates the ability to modify counseling systems, theories, techniques, and interventions to make them culturally appropriate for diverse couples and families.
12. CACREP Standard H-1 Applies skills in interviewing, assessment, and case management for working with individuals, couples, and families from a system’s perspective.
   SLO: Students will apply skills in interviewing, assessment, and case management for working with individuals, couples, and families from a system’s perspective, as evidenced by evaluations of case presentations and the final evaluation of the course instructor.
13. CACREP Standard H-2 Uses systems assessment models and procedures to evaluate family functioning.
14. CACREP Standard H-3 Determines which members of a family system should be involved in treatment.
15. CACREP Standard J-1 Applies relevant research findings to inform the practice of marriage, couple, and family counseling.
16. CACREP Standard J-2 Develops measurable outcomes for marriage, couple, and family counseling programs, interventions, and treatments.
17. CACREP Standard J-3 Analyzes and uses data to increase the effectiveness of marriage, couple, and family counseling interventions and programs.

Addictions Practicum

As a result of doing practicum in a setting providing addictions counseling services, the student will be able to meet CACREP Addictions Counseling standards and demonstrate the following:

1. CACREP Standard B-1 Demonstrates the ability to apply and adhere to ethical and legal standards in addiction counseling.
   SLO: Students will act in accordance with ethical and legal standards in addictions counseling, as evidenced by ratings of good or above on mid-semester and final evaluations of the site supervisor and the final evaluation of the course instructor.
2. CACREP Standard B-2 Applies knowledge of substance abuse policy, financing, and regulatory processes to improve service delivery opportunities in addictions counseling.
3. CACREP Standard D-1 Uses principles and practices of diagnosis, treatment, and referral of addiction and other mental and emotional disorders to initiate, maintain, and terminate counseling.
4. CACREP Standard D-2 Individualizes helping strategies and treatment modalities to each client’s stage of dependence, change, or recovery.
5. CACREP Standard D-3 Provides appropriate counseling strategies when working with clients with addiction and co-occurring disorders.
6. CACREP Standard D-4 Demonstrates the ability to use procedures for assessing and managing suicide risk.
SLO: Students will demonstrate understanding of suicide prevention models by earning an evaluation of adequate on their taped role-plays and acceptable on self-evaluation of suicide assessment and intervention skills.

7. CACREP Standard D-5 Demonstrates the ability to provide counseling and education about addictive disorders to families and others who are affected by clients with addictions.

8. CACREP Standard D-6 Demonstrates the ability to provide referral to self-help and other support groups when appropriate.

SLO: Students will provide referrals to self-help and other support groups when appropriate, as evidenced by ratings of good or above on mid-semester and final evaluations of the site supervisor and the final evaluation of the course instructor.

9. CACREP Standard D-7 Demonstrates the ability to provide culturally relevant education programs that raise awareness and support addiction and substance abuse prevention and the recovery process.

10. CACREP Standard D-8 Applies current record-keeping standards related to addiction counseling.

SLO: Students will maintain records according to current standards related to addiction counseling, as evidenced by ratings of good or above on mid-semester and final evaluations of the site supervisor and the final evaluation of the course instructor.

11. CACREP Standard D-9 Demonstrates the ability to recognize his or her own limitations as an addiction counselor and to seek supervision or refer clients when appropriate.

SLO: Students will recognize their limitations as an addictions counselor and seek supervision or refer clients when appropriate, as evidenced by ratings of acceptable on reflection papers assessed by the course instructor.

12. CACREP Standard F-1 Maintains information regarding community resources to make appropriate referrals for clients with addictions.

SLO: Students will maintain current information concerning community resources, as evidenced by ratings of good or above on specific items on the mid-semester and final evaluations of their site supervisors.

13. CACREP Standard F-2 Advocates for policies, programs, and/or services that are equitable and responsive to the unique needs of clients with addictions.

14. CACREP Standard F-3 Demonstrates the ability to modify counseling systems, theories, techniques, and interventions to make them culturally appropriate for diverse populations of addiction clients.

15. CACREP Standard H-1 Selects appropriate comprehensive assessment interventions to assist in diagnosis and treatment planning, with an awareness of cultural bias in the implementation and interpretation of assessment protocols.

16. CACREP Standard H-2 Demonstrates skill in conducting an intake interview, a mental status evaluation, a biopsychosocial history, a mental health history, and a psychological assessment for treatment planning and case management.

17. CACREP Standard H-3 Screens for psychoactive substance toxicity, intoxication, and withdrawal symptoms; aggression or danger to others; potential for self-inflicted harm or suicide; and co-occurring mental and/or addictive disorders.

18. CACREP Standard H-4 Helps clients identify the effects of addiction on life problems and the effects of continued harmful use or abuse.
SLO: Students will assist clients in identifying effects of addition on life problems as well as the effects of continued harmful use or abuse, as evidenced by ratings of good or above on specific items on the mid-semester and final evaluations by site supervisors.

19. CACREP Standard H-5 Applies assessment of clients’ addictive disorders to the stages of dependence, change, or recovery to determine the appropriate treatment modality and placement criteria in the continuum of care.

20. CACREP Standard J-2 Develops measurable outcomes for addiction counseling programs, interventions, and treatments.

21. CACREP Standard J-3 Analyzes and uses data to increase the effectiveness of addiction counseling programs.

22. CACREP Standard L-1 Demonstrates appropriate use of diagnostic tools, including the current edition of the DSM, to describe the symptoms and clinical presentation of clients with addictive disorders and mental and emotional impairments.

23. CACREP Standard L-2 Is able to conceptualize an accurate multi-axial diagnosis of disorders presented by clients and communicate the differential diagnosis with collaborating professionals.

VI. Course Topics
The major topics to be considered are:
Course topics include but are not limited to counseling skills; record keeping; legal and ethical issues; collaboration techniques; suicide assessment and intervention; and designing, implementing, and evaluating courses/programs for clients/students.

VII. Instructional Methods and Activities
Methods and activities for instruction include:
Practicum is a field experience. The in-class work is group supervision, which will include presentation of tapes using audio- and video-tapes as well as case presentations and discussion. As dictated by the needs of the supervision group, some demonstrations and training videos may be used, in addition to presentation of didactic material.

VIII. Evaluation and Grade Assignment
The methods of evaluation and the criteria for grade assignment are:

A. Methods of Assessment
Grade assignment is based on your performance in all aspects of the class during the entire semester. This includes performance assessments based on formal evaluations by your site supervisor, individual university supervisor, and university instructor. This also includes assessment by your university instructor on the Professional Issues and Behavior Rating Scale. A student who is asked to leave an internship site for unethical or unprofessional behavior may receive a failing grade and may be asked to retake certain courses and/or seek personal counseling.

Students will submit audio or videotapes of clinical work as required by the instructor. When the instructor and student cannot arrange for audio/video sessions at the practicum/internship site, the student must seek a secondary practicum/internship site where audio/video taping will be permitted. Some counseling sessions of each student will be directly observed by
supervisors during each semester. **Please note: You must obtain all supervision hours, both group and individual, required during a semester** in order to receive a grade in this course. Failure to complete all supervision requirements is not grounds for an incomplete.

Each student will attend an average of 3 hours of weekly group supervision and 1 hour of weekly individual university supervision, as well as weekly supervision with the site supervisor. Students making a grade of C must repeat the class in order to progress to internship.

**Class Requirements:**

1. Complete 100 hours in practicum setting, at least 40 hours of which are direct counseling.

2. Submit **three audio or videotapes** of clinical work utilizing the required format outlined herein.
   - The **first** videotape will be made during class time utilizing role-play, and will count as an *indirect* training hour. The tape will focus on suicide assessment and intervention. Students will submit a reflective paper concerning the experience in the following class session. Thoughtful consideration of what you learned from the experience is expected. *Students are required to provide their own VHS tape, recordable DVD, or digital video recording device to complete this tape.*
   
   - The **second** tape must be accompanied by the Practicum Student Self Evaluation and a completed tape rating scale (p.19) and presented in class via the case presentation PowerPoint template. Handouts reflecting the presentation PowerPoint are required. **This tape must be presented in class on or before June 24th.**

   - The **third** tape must be accompanied by a transcript of a ten-minute section of the tape, a completed tape rating scale (p.18) and presented in class via the case presentation PowerPoint template. Handouts reflecting the presentation PowerPoint are required. The transcript should match the portion of the tape presented in class. **This tape should be completed AFTER July 24.**

3. Submit additional audio or videotapes with focus on specific counseling skills if requested by faculty instructor.

4. Attend a minimum of 23 hours of group supervision as scheduled on syllabus.

5. Attend weekly individual supervision sessions with both the university supervisor and with the site supervisor. You must have at least 15 hours of individual supervision with your university supervisor and at least 1 hour per week with your site supervisor. **Both supervisors will be submitting a mid-semester and final evaluation on your progress. It is the responsibility of the student to get a blank copy of the evaluation to his or her university and site supervisors at least one week before they are due. These evaluations can be found in the back of the CNEP practicum and internship manual.**

6. Submit weekly logs at each group supervision session.
7. Abide by all policies set forth in Practicum/Internship Manual, including timely submission of Site Supervisor Agreement, Ethics Agreement, Mid-semester and Final Evaluations by Site and Doctoral Supervisors, and all other forms specified.

8. Complete and submit Practicum Verification Form from TSBEPC website, including one form for each site, to be signed by instructor. Student shall keep the original and copies shall be submitted for the practicum/internship permanent file. MFC students shall also submit such verification from the TSBEMFT website.

9. Attend one professional meeting during the semester and submit a synopsis of the meeting to the instructor. This synopsis must be 2-3 pages in APA 6th edition style, and include thoughtful consideration of the content presented during the meeting.

Grade Assignment:

Up until this point in the program, students have functioned primarily in the student role. During practicum, however, the student is expected to function as a counselor trainee. This involves many things, including following the rules and regulations governing the practicum site, engaging in professional dress, demeanor, and behaviors, and putting the ACA Code of Ethics into practice in every interaction. It also involves engaging in the process of becoming a reflective practitioner. A reflective practitioner uses reflective thinking and sound decision making skills that are well-founded in established research regarding the effective, efficient practice of counseling.

We use a team approach to teaching practicum. We see the practicum experience as a collaborative one between the student, the on-site supervisor, the doctoral student supervisor, and the practicum faculty member. As such, the student, both supervisors (on-site and doctoral), and the faculty member will all be part of the evaluation process.

Traditional “grades” on assignments are not relevant to this course. Students will earn grades based on the following:

1. Students who adequately complete all class requirements, including demonstration of good to excellent competency in counseling skills, will earn the grade of A. *Assignments, time logs, and documentation must be submitted on time*. Assignments must be in APA 6th Edition format. Students who do not demonstrate this level of competency in basic counseling skills will not earn an A, regardless of other class assignment performance.

   - *Excellent competency in counseling skills requires the student’s consistent ability to demonstrate: knowledge of the population that is the focus of practicum, beginning helping skills, ability to express and utilize empathy in session, knowledge of client dynamic, and the ability to appropriately reflect and respond to feedback from instructors and supervisors.*
2. Students who demonstrate adequate competency in counseling skills, and who satisfactorily complete all other class requirements, will earn the grade of B. Work must be submitted on time.

3. Students who demonstrate adequate competency in counseling skills but who do not complete one or more of the other assignments will earn a grade of C. Work must be submitted on time. **Students who do not demonstrate adequate competency in counseling skills will earn a grade of C regardless of completion of other assignments.** Students who earn a grade of C must re-take the practicum class before moving on to internship.

**Note:** In order to receive a grade, all required hours, both indirect and direct, must be completed. Likewise, all supervision hours, both group and individual, must be completed. In addition, all forms must be submitted in order to receive a grade. Students will not be granted an incomplete for failure to submit forms or failure to complete required supervision hours, and will not pass the course.

The instructor’s primary method of communication in this course will be through Blackboard. Be sure you have your settings correct so that messages from Blackboard are forwarded to your email. You will be responsible for receiving these messages and any content within.

This is a fluid syllabus and may be adjusted as time goes on according to our class needs.

**IX. Course Schedule and Policies**

<table>
<thead>
<tr>
<th>Date</th>
<th>Assignments Due</th>
</tr>
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</table>
| June 2   | Introduction – Beginning the Practicum Experience  
Explain and discuss forms: Weekly Time Logs (for each site); Site Agreements (for each site); Ethics Agreement  
Assessing for Lethality                                                                                                                                                                                                                                                                 |
| June 9   | Group Supervision  
Due: Weekly Time Log  
**First Tape Completed During Class** - bring recordable DVD or VHS to class.  
**First Tape Reflection Due via Blackboard**                                                                                                                                                                                                                                                                 |
| June 16  | Group Supervision  
The Supervisor-Supervisee Relationship  
Case Presentations  
Due: Weekly Time Log  
**First Tape Reflection Due via Blackboard**                                                                                                                                                                                                                                                                 |
| June 23  | Group Supervision  
Immediacy  
Case Presentations  
Due: Weekly Time Log  
**Site and University Mid-Semester Evaluations Due**                                                                                                                                                                                                                                                                 |
<table>
<thead>
<tr>
<th>Date</th>
<th>Group Supervision</th>
<th>Empathy</th>
<th>Case Presentations</th>
<th>Due: Weekly Time Log</th>
<th>Professional Meeting Reflection Due</th>
<th>Site and University Final Evaluations Due at Individual Meeting the week of 8/4</th>
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<tbody>
<tr>
<td>June 30</td>
<td>Group Supervision</td>
<td>Empathy</td>
<td>Case Presentations</td>
<td>Due: Weekly Time Log</td>
<td><strong>Professional Meeting Reflection Due</strong></td>
<td><strong>Site and University Final Evaluations Due at Individual Meeting the week of 8/4</strong></td>
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<tr>
<td>July 7</td>
<td>Group Supervision</td>
<td>Empathy</td>
<td>Case Presentations</td>
<td>Due: Weekly Time Log</td>
<td><strong>Professional Meeting Reflection Due</strong></td>
<td><strong>Site and University Final Evaluations Due at Individual Meeting the week of 8/4</strong></td>
</tr>
<tr>
<td>July 14</td>
<td>Group Supervision</td>
<td>Empathy</td>
<td>Case Presentations</td>
<td>Due: Weekly Time Log</td>
<td><strong>Professional Meeting Reflection Due</strong></td>
<td><strong>Site and University Final Evaluations Due at Individual Meeting the week of 8/4</strong></td>
</tr>
<tr>
<td>July 28</td>
<td>Group Supervision</td>
<td>Empathy</td>
<td>Case Presentations</td>
<td>Due: Weekly Time Log</td>
<td><strong>Professional Meeting Reflection Due</strong></td>
<td><strong>Site and University Final Evaluations Due at Individual Meeting the week of 8/4</strong></td>
</tr>
</tbody>
</table>

**B. Class Policies**

Late completion of assignments or submission of practicum documentation/paperwork may result in a reduction in grade in the course.

It is the responsibility of the student to schedule and obtain sufficient individual university supervision, which will generally be provided by a doctoral student supervisor. It is required that you be actively engaged in such supervision throughout your practicum, and it is extremely difficult to make up time as the semester goes on. Please do not attempt to “shop” the doctoral student supervisors to find the best deal or attempt to get them to meet longer and less often. That does not fulfill the requirements of the course and will not be accepted. Please be aware that you cannot pass practicum, nor can you receive an incomplete, for failure to obtain sufficient individual supervision.

**CONFIDENTIALITY**

Practicum students are responsible for maintaining the confidentiality of all client notes and information. According to the ACA Code of Ethics, “Clients have a right to expect confidentiality and to be provided with an explanation of its limitations” (Ethical Standards, ACA, 1995, Sec. A.3.A. See also Section B. Confidentiality of the ACA Code of Ethics.)

All client documents are confidential. Only first names or initials of clients should appear on all forms/case notes/logs, except for taping consent forms.

Students must maintain confidentiality of all case discussions. This extends to classroom discussions and viewing or listening to recorded counseling sessions, and students are bound by the same legal and ethical considerations as if the client talked directly with a counselor. The discussion of cases outside of the classroom settings with persons other than those in the agency
of placement, the client, the student’s supervisors, or the faculty member are grounds for dismissal from the class with a failing grade. Any questions that may arise regarding confidentiality should be directed to the faculty member.

ACADEMIC CONDUCT

You are expected, at all times, to act with academic integrity.

“At its core, academic integrity requires honesty. This involves giving credit where it is due and acknowledging the contributions of others to one's own intellectual efforts. It also includes assuring that one's own work has been completed in accordance with the standards of one's course or discipline. Without academic integrity, neither the genuine innovations of the individual nor the progress of a given field of study can adequately be assessed, and the very foundation of scholarship itself is undermined. Academic integrity, for all these reasons, is an essential link in the process of intellectual advancement.”

The values that underpin the concept of academic integrity go beyond simply not cheating or plagiarizing. Embracing these values mean that you are responsible for your own learning; you have an obligation to be honest -- with yourself and others; and you have the responsibility to treat other students and your professors with respect and fairness. "Cheating on examinations, submitting work of other students as your own, or plagiarism in any form will result in penalties ranging from an "F" on an assignment to expulsion from the University. Plagiarism is the unauthorized use or close imitation of the language and thoughts of another author and the representation of them as one's own original work

- Do not use someone’s words without referencing the source or including the information in quotation marks or a block quote
- Do not use someone’s ideas without referencing the source.

ATTENDANCE

To receive credit for supervision hours, students are expected to attend class on time, refrain from any cell phone/superfluous technology use in class, act respectfully towards the instructor and classmates, and participate in class activities and discussion.

Students sleeping or acting unprofessionally in class will be asked to leave and will not receive supervision hours for that class period.

Students are expected to attend and participate in every class session unless there is a valid emergency/reason. Promptness is expected, as is staying for the entire class. Inform the instructor about legitimate reasons for missing class. If part or all of a class is missed, it must be made up by attending group supervision at another time during the semester. If you must make up a group supervision session, you must obtain approval from your instructor as well as the instructor whose supervision group you would like to attend.
X. Textbook
The textbook adopted for this course is the TAMU-CC Practicum/Internship Manual. It is available on the departmental website or via BlackBoard for your course.

XI. Grade Appeals
As stated in University Rule 13.02.99.C2, Student Grade Appeals, a student who believes that he or she has not been held to appropriate academic standards as outlined in the class syllabus, equitable evaluation procedures, or appropriate grading, may appeal the final grade given in the course. The burden of proof is upon the student to demonstrate the appropriateness of the appeal. A student with a complaint about a grade is encouraged to first discuss the matter with the instructor. For complete details, including the responsibilities of the parties involved in the process and the number of days allowed for completing the steps in the process, see University Rule 13.02.99.C2, Student Grade Appeals, and University Procedure 13.02.99.C2.01, Student Grade Appeal Procedures. These documents are accessible through the University Rules Web site at http://www.tamucc.edu/provost/university_rules/index.html. For assistance and/or guidance in the grade appeal process, students may contact the Office of Student Affairs.

XII. Disabilities Accommodations
The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please call or visit Disability Services at (361) 825-5816 in 116 Corpus Christi Hall.

If you are a returning veteran and are experiencing cognitive and/or physical access issues in the classroom or on campus, please contact the Disability Services office for assistance at (361) 825-5816.

XIII. Assignment Details and Formatting

Suicide Assessment Role Play (Tape 1)

Each student will present a reflective self-evaluation of the suicide assessment and intervention role-play (first tape done in class). The evaluation (2-3 pages in length) must include thoughtful consideration of your skills, what you learned about yourself in the session, and how you felt during the session. This self-evaluation must be in APA style and turned in the week after you conduct the suicide assessment role-play.

This assignment is designed not only for you to show that you can adequately assess for suicide but that you can use your beginning counseling skills while doing so. Each tape MUST be at least 30 minutes long and should show an accurate assessment of lethality and engagement in planning to keep the client safe. Other things to consider:

- You may not develop a script for this exercise (real counseling isn’t scripted!)
• You may create your own suicide assessment form/checklist to use during the session that includes the acronym of your choice. This may be no longer than one page typed, and must be turned in with your written reflection. This DOES NOT mean you may simply use the resources handed out in class.

• At the beginning of your tape, you must review confidentiality with the client as if this is your first time seeing them.

• Though you may be using a suicide assessment form, you will also be graded for your ability to use your beginning counseling skills while engaging in this assessment. This includes invitational skills, summarizing, and reflecting feeling.

• You must choose one of the suicide assessment acronyms from the notes given to you in class and be sure you cover all aspects of that acronym during your tape. Be sure to identify which acronym you used in your written reflection.

Case Presentation Format

Students will receive a PowerPoint template for case presentations, which will be posted in the BlackBoard section for the course. Each case presentation must include every slide and all requested information in the template.

Practicum Student Self-Evaluation of Session (Second Tape)

You are expected to evaluate your performance as a counselor for the 2nd taped session you present in class. This evaluation is intended to assist you in improving your effectiveness as a counselor. Note that this self-evaluation focuses primarily on the ability to form a therapeutic alliance with your client. This evaluation must be turned in the day the tape is presented in class, and must be in APA format, 2-3 pages long. Each self-evaluation should include the following sections:

1. How did you prepare for the session?
2. How do you feel and what do you think about the session?
3. What did you learn about yourself in this session?
4. Reflect on your developing skills, your strengths, and areas for continued work.
5. Tape Rating Scale

Transcript Format (Third Tape)

The third tape in practicum will be accompanied by a transcript of a ten-minute section of your tape presentation. DO NOT INCLUDE ANY IDENTIFYING INFORMATION. The transcript should be a verbatim account of the ten minutes. ***Within the transcription, identify ten of your responses. These responses must be numbered, and should be your own responses. For these ten, provide your intent, a thoughtful consideration of how the client responded, and an appropriate alternative response. It is unacceptable to write that you were satisfied with your response.
Example:

Client: I always fall apart.
Counselor: I think you’re very well put together.

**Intent:** My honest reaction. *This client has dealt with and is dealing with a lot in her life and I wished to validate her.*
**Alternative response:** “It sounds like things have been difficult, tell me more about that”. I still would have validated her but I also would have opened it up for her to go deeper.

Client: well I wasn’t a little while ago
**Consideration of client response:** The client is being a little self-deprecating, or she doesn’t believe me. Perhaps it makes her feel good to receive validation that she appears to have things together.

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**Case Presentation Rubric**

**Content (40%)**
- Was the presentation template used correctly?
- Was all of the required information included?

**Reflection and Research (40%)**
- Do the treatment goals and interventions reflect consideration of the client’s needs and diagnosis?
- Is there adequate personal reflection regarding growth and development as a counselor?

**Grammar (10%)**
- Is the presentation free from grammatical errors and spelling problems?
- Is the information communicated clearly and effectively?

**Timeliness (10%)**
- Was the student ready to present on the date he or she signed up for?
- If not, did the student discuss this issue with the instructor beforehand to make other arrangements?
Rating of Taped Session (attach this form to your written reflection & transcript for the second and third tapes)

Students’s Name: _____________________________  Session Date: __________

Listen to your tape, and use the rating scale to rate each item from 1 (unskilled) to 4 (extremely skilled). Use N/A if the skill was not demonstrated on the tape because it was not appropriate to do so, and “X” if the skill was not demonstrated on the tape, but should have been.

____ Opening of Session (student welcomes client, reviews confidentiality, etc.)
____ Rapport (student works to establish rapport)
____ Acceptance (student communicates acceptance of client stories, emotions, thoughts)
____ Assessment (student works to understand client presenting problem)
____ Focusing (student stays focused and attentive to client during session)
____ Attending behavior (student uses behaviors and communication skills to attend to and stay fully present with the client, rather than being overly self-focused)
____ Open Questioning (student uses questions only when appropriate, and when s/he does, they are open ended questions)
____ Absence of “why” questions
____ Absence of “grilling” or “bombardment” questions
____ Client Observations (when appropriate, student comments on here and now behaviors)
____ Encouraging/supportive responses (student uses minimal encouragers or other means to make client feel listened to and supported)
____ Paraphrasing
____ Summarizing
____ Silences
____ Prompts and Probes
____ Reflection of verbalized feelings
____ Reflection of implied feelings
____ Reflection of verbalized thoughts
____ Reflection of implied thoughts
____ Verbalizing Empathetic Understanding
____ Clarifying
____ Exploring Behaviors
____ Defining the Problem
____ Defining the Goal
____ Exploration of Alternatives
____ Confrontation
____ Self-Disclosure
Tips for Weekly Logs

**Entering Time:**
- 10-15 minutes = .25
- 20-30 minutes = .5
- 45 minutes- 1 hour = 1 (as long as the extra 15 minutes is spent on paperwork)

- Our time in class together should be logged under ‘University Group Supervision’. Log THREE HOURS for every class session you attend, unless directed otherwise.
- Time with your doctoral supervisor should be logged under ‘University Individual Supervision’
- If you have more than one site, you must have a separate log for each site.
- Logs signed by your site supervisor must be turned in at every class meeting.
- Hours can only be counted as ‘direct’ if you are actively working face to face with a client or his/her teachers or parents. All other hours, including observation, supervision, and meetings are ‘indirect’
- University supervision hours do not count towards other indirect practicum hours (your log will compute this automatically)

**SAVE BACKUP COPIES OF YOUR LOG.** In addition to a copy on your computer, save a backup to a zip drive, or email it to yourself. You may also wish to make extra print copies for your records.

**XI. Bibliography**

*The knowledge base that supports course content includes but is not limited to:*


