Texas A&M University – Corpus Christi  
Department of Kinesiology  
First Aid and Safety

KINE 2215.001  
MWF 11:00-11:50am IH 137  
Fall 2014  
Office Phone: 825-2976

Instructors: Danny Feitel  
Office: DWC 109  
Office Hours: By Appointment Only  
E-mail: Danny.Feitel@tamucc.edu

I. Course Description:
This course provides basic first aid and CPR instruction and information that leads to a safe and healthy lifestyle.

II. Rationale:
Students who complete the certification requirements will receive an American Red Cross Community First Aid and Safety Certificate, Adult, Child and Infant CPR certificate, and an AED Essentials certificate, which is valid for 2 years. These certifications may be required for gainful employment after graduation (i.e. athletic trainers, teachers, coaches, etc.). Students must successfully demonstrate the required skills and pass all exams.

III. State Adopted Proficiencies for Teachers and/or Administrators/Counselors
1. **LEARNER-CENTERED KNOWLEDGE:** The teacher possesses and draws on a rich knowledge base of content, pedagogy, and technology to provide relevant and meaningful learning experiences for all students.
2. **LEARNER-CENTERED INSTRUCTION:** To create a learner-centered community, the teacher collaboratively identifies needs; and plans, implements, and assesses instruction using technology and other resources.
3. **EQUITY IN EXCELLENCE FOR ALL LEARNERS:** The teacher responds appropriately to diverse groups of learners.
4. **LEARNER-CENTERED COMMUNICATION:** While acting as an advocate for all students and the school, the teacher demonstrates effective professional and interpersonal communication skills.
5. **LEARNER-CENTERED PROFESSIONAL DEVELOPMENT:** The teacher, as a reflective practitioner dedicated to all students’ success, demonstrates a commitment to learn, to improve the profession, and to maintain ethics and personal integrity.

IV. TExES State Adopted Proficiencies for Teachers  
Domain II Health-Related Physical Fitness  
Physical Education EC–12 Standard X:  
The physical education teacher understands the legal issues and responsibilities of physical education teachers in relation to supervision, planning and instruction, matching participants, safety, first aid, and risk management.
V. Course Objective and Outcome
Students will be able to demonstrate competency in all of the following required skills:
1. Recognizing an emergency.
2. Listing the three basic steps in an emergency plan.
3. Call EMS and provide information.
4. Demonstrate how to check a conscious or an unconscious victim.
5. Recognize a breathing emergency and demonstrate how to care for a person who is not breathing.
6. Recognize the signals of a cardiac emergency and demonstrate how to care for a person who is in cardiac arrest.
7. Demonstrate how to care for a person who is choking.
8. Know the risk factors associated with increased incidence of cardiovascular disease and describe how to control them.
9. Demonstrate how to care for an infant or child who is not breathing and whose heart has stopped.
10. Know the four leading causes of childhood deaths in the U.S.
11. Recognizing and treating hot and cold related injuries.
12. Identify life-threatening bleeding and demonstrate how to control bleeding.
13. Know the general care steps for burns.
14. Demonstrate how to care for muscle, bone and joint injuries.
15. Recognize and describe how to care for sudden illnesses and various injuries.
16. Explain how to protect themselves and a victim in an emergency.
17. Identify the use of an automated external defibrillator (AED) in the Cardiac Chain of Survival.
18. Describe when and how to move a victim in an emergency situation.

VI. Course Topics
The major topics to be considered are the recognition of emergency situations, the emergency action plan, the care for injured victims and the prevention of illnesses and injuries.

VII. Instructional Methods and Activities
The course will include lecture, demonstrations, and online video presentations.

VIII. Evaluation and Grade Assignment
Grades are determined from a point percentage. Points will be given for exams and skills tests.

<table>
<thead>
<tr>
<th>Component</th>
<th>Points</th>
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</thead>
<tbody>
<tr>
<td>Skills Checks (5 @ 20 pts each)</td>
<td>100 pts</td>
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<tr>
<td>Exams (4 @ 100 pts each)</td>
<td>400 pts</td>
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<tr>
<td>Quizzes (9 @ 10 pts each)</td>
<td>90 pts</td>
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<tr>
<td>Practical (Skills Exam)</td>
<td>100 pts</td>
</tr>
<tr>
<td>Final (Written – Comprehensive)</td>
<td>110 pts</td>
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<tr>
<td>Total</td>
<td>800 pts</td>
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</tbody>
</table>

The Grading Scale is as follows:
A = 90-100
B = 80-89
C = 70-79
D = 60-69
F = 0-59
## IX. Course Schedule and Policies

Course Schedule (This schedule is tentative and can change at any time. It is up to you to be aware of any changes discussed in class).

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Reading Assignment</th>
<th>Quiz Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>8/27</td>
<td>Review Syllabus/Course Overview</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8/29</td>
<td>If Not You Who? /Taking Action</td>
<td>Chapters 1-2</td>
<td></td>
</tr>
<tr>
<td>9/3</td>
<td>Checking the Victim – Skills Group A</td>
<td></td>
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<tr>
<td>9/5</td>
<td>Before Giving Care/The Human Body</td>
<td>Chapter 3-4</td>
<td>Ch. 1-2</td>
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<tr>
<td>9/8</td>
<td>Checking the Victim – Skills Group B</td>
<td></td>
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<tr>
<td>9/10</td>
<td>Checking the Victim – Skills Group C</td>
<td></td>
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<tr>
<td>9/12</td>
<td>Checking the Person</td>
<td>Chapter 5</td>
<td>Ch. 3-5</td>
</tr>
<tr>
<td>9/15</td>
<td>Checking the Victim – Skills Group D</td>
<td></td>
<td></td>
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<tr>
<td>9/17</td>
<td>Adult, Child &amp; Infant CPR and Rescue Breaths – Skills Group A</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9/19</td>
<td><strong>Exam I</strong></td>
<td>Chapters 1-5</td>
<td></td>
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<tr>
<td>9/22</td>
<td>Adult, Child &amp; Infant CPR and Rescue Breaths – Skills Group B</td>
<td></td>
<td></td>
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<tr>
<td>9/24</td>
<td>Adult, Child &amp; Infant CPR and Rescue Breaths – Skills Group C</td>
<td></td>
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<tr>
<td>9/26</td>
<td>Cardiac Emergencies</td>
<td>Chapter 6</td>
<td>Ch. 6</td>
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<tr>
<td>9/29</td>
<td>Adult, Child &amp; Infant CPR and Rescue Breaths – Skills Group D</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10/1</td>
<td>Adult, Child &amp; Infant Conscious and Unconscious Choking - Skills Group A</td>
<td></td>
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<tr>
<td>10/3</td>
<td>Breathing Emergencies</td>
<td>Chapter 7</td>
<td>Ch. 7</td>
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<tr>
<td>10/6</td>
<td>Adult, Child &amp; Infant Conscious and Unconscious Choking - Skills Group B</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10/8</td>
<td>Adult, Child &amp; Infant Conscious and Unconscious Choking - Skills Group C</td>
<td></td>
<td></td>
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<tr>
<td>10/10</td>
<td>Bleeding, Internal Bleeding, &amp; Shock</td>
<td>Chapter 8-9</td>
<td>Ch. 8&amp;9</td>
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<tr>
<td>10/13</td>
<td><strong>Exam II</strong></td>
<td>Chapters 6-9</td>
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<tr>
<td>10/15</td>
<td>Soft Tissues, Musculoskeletal, Injuries to Extremities</td>
<td>Chapters 10-12</td>
<td>Ch. 10-12</td>
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<tr>
<td>10/17</td>
<td>Adult, Child &amp; Infant Conscious and Unconscious Choking - Skills Group D</td>
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<tr>
<td>10/20</td>
<td>AED Lecture &amp; Skills Group A</td>
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<tr>
<td>10/22</td>
<td>AED Lecture &amp; Skills Group B</td>
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<tr>
<td>10/24</td>
<td>Injuries to Head, Neck, Back, Chest Abdomen, and Pelvis</td>
<td>Chapters 13-14</td>
<td>Ch. 13-14</td>
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<tr>
<td>10/27</td>
<td>AED Lecture &amp; Skills Group C</td>
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<tr>
<td>10/29</td>
<td>AED Lecture &amp; Skills Group D</td>
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<tr>
<td>10/31</td>
<td><strong>EXAM III</strong></td>
<td>Chapters 10-14</td>
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<tr>
<td>11/3</td>
<td>Splinting &amp; Wound Care Skills – Skills Group A</td>
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<tr>
<td>11/5</td>
<td>Splinting &amp; Wound Care Skills – Skills Group B</td>
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<tr>
<td>11/7</td>
<td>Sudden Illnesses, Poisoning, Bites and Stings</td>
<td>Chapter 15-17</td>
<td>Ch. 15-17</td>
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<tr>
<td>11/10</td>
<td>Splinting &amp; Wound Care Skills – Skills Group C</td>
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</tr>
<tr>
<td>11/12</td>
<td>Splinting &amp; Wound Care Skills – Skills Group D</td>
<td></td>
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<tr>
<td>11/14</td>
<td>Practical Skills Review <em>(Optional)</em></td>
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<tr>
<td>11/17</td>
<td>Practical Skills – Group A</td>
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<tr>
<td>11/19</td>
<td>Substance Misuse/Abuse, Heat/Cold Related Emergencies</td>
<td>Chapter 18-19</td>
<td>Ch. 18-19</td>
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<tr>
<td>11/21</td>
<td><strong>Exam IV</strong></td>
<td>Ch. 15-19</td>
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<tr>
<td>11/24</td>
<td>Practical Skills – Group B</td>
<td></td>
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<tr>
<td>11/26</td>
<td>Practical Skills – Group C</td>
<td></td>
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<tr>
<td>12/1</td>
<td>Practical Skills – Group D</td>
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<tr>
<td>12/5</td>
<td><strong>Final Exam</strong></td>
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</table>
A. **Attendance**: Please be on time as a courtesy to your professor and others. If you are going to be absent or late the instructor should be notified at the earliest opportunity. Attendance is **MANDATORY** for American Red Cross Certification, because skill checks and important material is presented during class times. All absences must be excused. Excused absences are those which involve illness, family emergencies or university sponsored events such as field trips, athletic team participation and other situations beyond the student’s control. **Notification of the instructor is required prior to or as soon after missing class as possible.** No make-up tests will be given except under extreme circumstances. A physician’s note is necessary if you are ill. The student is responsible for informing the instructor if class attendance will be affected by “approved university business”.

- In order for absences to be excused by the instructor and for a make-up activity opportunity to be approved, the student must provide the instructor reasonable warning of the absence at the earliest opportunity (such as a schedule of out-of-town games).
- Documentation of university-approved commitments is required by the instructor. Documentation for absences due to personal emergencies may be requested by the instructor.
- Make up opportunities will NOT be permitted for class-work or assignments missed due to UNEXCUSED absences, late arrivals or early departures.
- More than THREE (3) unexcused absences during the semester will result in the following consequences:
  1. The student will be denied make-up opportunities with each UNEXCUSED absence.
  2. The instructor will schedule a conference with the student to discuss meeting class responsibilities with the THREE (3) unexcused absence.

These policies are for your benefit and growth. As you are registered and committed to this class, I am committed to helping you to the best of my ability. If you are unwilling to be responsible for your own learning then you need to understand there are consequences that may affect your grade.

B. **Late Work/Make-up Exams**

- Assignments/Tests are to be completed the day they are scheduled by the time they are scheduled. Late Work will not be accepted.
- Make-Up Exams: There will be no make-up exams given unless you have an excused absence and the professor is notified prior to the exam.

C. **Extra Credit**

- There will be no extra credit available.

D. **Cell Phones, Musical Technology, and other Non-class Related Equipment**. It is inappropriate to have cell phones active during class and will not be tolerated. Failure to observe this policy will result in being asked to leave the class. If a student is noted using cell phones (e.g. texting), they will be asked to leave and may not return to class until that have come to my office to visit about their refusal to abide by class policy. The student will only be allowed back in the classroom when the professor is confident the student understands the rule and is willing to abide by it. If a student
misses information, quizzes, assignments, tests or any other class product while absent due to the
cell phone violation they will receive a zero for that product. The intent of this policy is not to be
punitive, but rather to reinforce, in a powerful manner, the importance of professionalism in the
classroom and beyond.

**E. Academic Integrity/Plagiarism.** University students are expected to conduct themselves in
accordance with the highest standards of academic honesty. Academic misconduct for which a
student is subject to penalty includes all forms of cheating, such as illicit possession of examinations
or examination materials, falsification, forgery, complicity or plagiarism. (Plagiarism is the
presentation of the work of another as one's own work.)

Disciplinary action for academic misconduct is the responsibility of the faculty member assigned to
the course. The faculty member is charged with assessing the gravity of any case of academic
dishonesty, and with giving sanction to any student involved.

Penalties that may be applied to individual cases of academic dishonesty include one or more of the
following:

1. Written reprimand.
2. Requirement to re-do work in question.
3. Requirement to submit additional work.
4. Lowering of grade on work in question;
5. Assigning grade of 'F' to work in question;
6. Assigning grade of 'F' for course;
7. Recommendation for more severe punishment, such as dismissal from the
   program or from the University.

See the University Catalog for more information

**Dropping a Class**

I hope that you never find it necessary to drop this or any other class. However, events can sometimes occur that make dropping a course necessary
or wise. Please consult with me before you decide to drop to be sure it is the
best thing to do. Should dropping the course be the best course of action, you
must initiate the process to drop the course by going to the Student Services
Center and filling out a course drop form. Just stopping attendance and
participation WILL NOT automatically result in your being dropped from the
class. November 7th is the last day to drop a class with an automatic grade of
"W" this term.
Classroom/professional behavior

Texas A&M University-Corpus Christi, as an academic community, requires that each individual respect the needs of others to study and learn in a peaceful atmosphere. Under Article III of the Student Code of Conduct, classroom behavior that interferes with either (a) the instructor's ability to conduct the class or (b) the ability of other students to profit from the instructional program may be considered a breach of the peace and is subject to disciplinary sanction outlined in article VII of the Student Code of Conduct. Students engaging in unacceptable behavior may be instructed to leave the classroom. This prohibition applies to all instructional forums, including classrooms, electronic classrooms, labs, discussion groups, field trips, etc.

Statement of Civility

Texas A&M University-Corpus Christi has a diverse student population that represents the population of the state. Our goal is to provide you with a high quality educational experience that is free from repression. You are responsible for following the rules of the University, city, state and federal government. We expect that you will behave in a manner that is dignified, respectful and courteous to all people, regardless of sex, ethnic/racial origin, religious background, sexual orientation or disability. Behaviors that infringe on the rights of another individual will not be tolerated.

Grade Appeals

As stated in University Procedure 13.02.99.C2.01, Student Grade Appeal Procedures, a student who believes that he or she has not been held to appropriate academic standards as outlined in the class syllabus, equitable evaluation procedures, or appropriate grading, may appeal the final grade given in the course. The burden of proof is upon the student to demonstrate the appropriateness of the appeal. A student with a complaint about a grade is encouraged to first discuss the matter with the instructor. For complete details, including the responsibilities of the parties involved in the process and the number of days allowed for completing the steps in the process, see University Procedure 13.02.99.C2.01, Student Grade Appeal Procedures. These documents are accessible through the University Rules Web site at http://www.tamucc.edu/provost/university_rules/index.html. For assistance and/or guidance in the grade appeal process, students may contact the Dean's office in the college in which the course is taught or the Office of the Provost.

Disabilities Accommodations

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable
accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please call or visit Disability Services at (361) 825-5816 in Corpus Christi Hall 116.

If you are a returning veteran and are experiencing cognitive and/or physical access issues in the classroom or on campus, please contact the Disability Services office for assistance at (361) 825-5816.

**Statement of Academic Continuity**

In the event of an unforeseen adverse event, such as a major hurricane and classes could not be held on the campus of Texas A&M University–Corpus Christi; this course would continue through the use of Blackboard and/or email. In addition, the syllabus and class activities may be modified to allow continuation of the course. Ideally, University facilities (i.e., emails, web sites, and Blackboard) will be operational within two days of the closing of the physical campus. However, students need to make certain that the course instructor has a primary and a secondary means of contacting each student.

X. **Textbook**

American Red Cross. *First Aid: Responding to Emergencies*  
*Required: First Aid Kit can be purchased at the bookstore or American Red Cross office. You MUST have this to complete the skills tests. If you do not have it, you will not be allowed to perform the skills test. NO EXCEPTIONS! OPTIONAL: Skills Cards can be purchased at the American Red Cross.*

XI. **Bibliography**

- American Red Cross. *First Aid: Responding to Emergencies*  

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As stated in University Rule 13.02.99.C2, Student Grade Appeals, a student who believes that he or she has not been held to appropriate academic standards as outlined in the class syllabus, equitable evaluation procedures, or appropriate grading, may appeal the final grade given in the course. The burden of proof is upon the student to demonstrate the appropriateness of the appeal. A student with a complaint about a grade is encouraged to first discuss the matter with the instructor. For complete details, including the responsibilities of the parties involved in the process and the number of days allowed for completing the steps in the process, see University Rule 13.02.99.C2, Student Grade Appeals, and University Procedure 13.02.99.C2.01, Student Grade Appeal Procedures. These documents are accessible through the University Rules
Web site at http://www.tamucc.edu/provost/university_rules/index.html. For assistance and/or guidance in the grade appeal process, students may contact the Office of Student Affairs.

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