Department of Kinesiology  
Fall 2016  
KINE 5340: Sport Psychology

DR. HEATHER E. WEBB, ATC, LAT  
heather.webb@tamucc.edu

Office: 358 Island Hall  
Phone: 361-825-3749

Office Hours:  
Tues 1530-1730, Wed. 1000-1200 & Thurs. 1000-1200
And by appointment

E-mail Policy:
I encourage you to contact me via email if you have questions or concerns about the class. However, the following guideline should be used when emailing me:

1) Proper capitalization, spelling, punctuation, and grammar should be used in the text of the message. You must also sign your message. I reserve the right to ignore messages that don’t adhere to these guidelines.

2) Emails sent after 1800 (6PM) on a weekday and on the weekend will usually not be answered until the next working day. One week prior to exams (including weekends) this time will be extended until 2200 (10PM).

Description
A study of the theory and application of psychology as it applies to human behavior in sport and physical activity.

Instructional Objectives:
- To raise your level of knowledge on topics related to sport psychology above what is typically taught at the undergraduate level
- To gain experience in reading and summarizing original research articles and scholarly reviews in sport psychology
- To improve your ability to read and interpret research, and to appreciate ambiguities in the literature and the limits of current knowledge.

Required Texts & Supplies:
Readings will be available on myCourses.
Assessment of Concepts and Skills / Evaluation of Student Progress:

Grades are based on performance, not effort or need. You will earn your grade; I do not give them out and you don’t get a passing grade just for showing up.

<table>
<thead>
<tr>
<th>Assessment Type</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>Article Critiques</td>
<td>20%</td>
</tr>
<tr>
<td>Case Study Evaluations</td>
<td>25%</td>
</tr>
<tr>
<td>Movie Review</td>
<td>20%</td>
</tr>
<tr>
<td>Review Paper</td>
<td>35%</td>
</tr>
</tbody>
</table>

A = > 90%  B = 89.99 – 79.95  C = 79.94 -70  D = 69.99 – 59.95  F = < 59.95

Article Critiques

For each research article, you should provide a 1 page critique of the article using the following outline:

1. Explain the purpose of the study.
2. Indicate how the study was conducted (who were the participants? what did the participants do?)
3. Discuss the findings (result) of the study.
4. Indicate the limitations of the study (Did the author(s) acknowledge the limitations of the study?).
5. Highlight the implications and conclusions of the study.

Review of Research Paper

Each student will write a review paper on a topic of their choice within the scope of sport psychology. Your term paper is intended to give you a chance to pursue your curiosity in this field of knowledge, as well as enhance your skills in scientific writing.

Your paper must be relevant to sport psychology. I will interpret this requirement as broadly as possible, and I will be happy to discuss prospective topics with you before your topic submission, but papers irrelevant to sport psychology will not receive credit.

The review paper will evaluate the existing research in the area of sport psychology. Keep in mind sport psychology is a very, very broad topic area.

The topic statement can also be written as a purpose statement, which states, in some detail, what you plan to discuss in your review paper.

**Topic Statement – Due October 27**

**Review of Research Final Paper – Due December 1**

Use the following points n composing the paper:

- Title page
- Introduction of topic and why it is important
- Review of pertinent literature related to the topic (main focus of paper)
- Synthesis of your conclusions
- Suggestions for future research
- References cited (APA format)

The paper should be double-spaced, 12-point Times New Roman font, with 1” margins on all sides.
**Topics to Be Covered:**
Subject to change. The instructor reserves the right to change the schedule and make adjustments for the size and need of the class members. Any changes to the schedule will be announced and placed in the calendar.

<table>
<thead>
<tr>
<th>Week of</th>
<th>TOPIC</th>
<th>READINGS/ASSIGNMENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oct 13</td>
<td>Course Syllabus &amp; Overview Research Overview</td>
<td>Interests Questionnaire</td>
</tr>
<tr>
<td>Oct 17</td>
<td>Motivation &amp; Performance</td>
<td>Critical Article Reviews Due (Oct 23)</td>
</tr>
<tr>
<td>Oct 24</td>
<td>Coaching Attitudes &amp; Behaviors</td>
<td>Review Topic Due (Oct 27) Case Studies Due (Oct 30)</td>
</tr>
<tr>
<td>Oct 31</td>
<td>Gender Issues in Sport</td>
<td>Movie Review Due (Nov 6)</td>
</tr>
<tr>
<td>Nov 7</td>
<td>Stress &amp; Coping</td>
<td>Critical Article Reviews Due (Nov 13)</td>
</tr>
<tr>
<td>Nov 14</td>
<td>Injury &amp; Recovery</td>
<td>Case Studies Due (Nov 20)</td>
</tr>
<tr>
<td>Nov 21</td>
<td>Athletic Identity &amp; Retirement (Transition)</td>
<td>Critical Article Reviews Due (Nov 27)</td>
</tr>
<tr>
<td>Nov 38</td>
<td>Research Presentations</td>
<td>Review Paper Due (Dec 1)</td>
</tr>
<tr>
<td>Dec 6</td>
<td>Research Presentations</td>
<td></td>
</tr>
</tbody>
</table>

**Disabilities Accommodations**
The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an
accommodation, please call or visit Disability Services at (361) 825-5816 in Corpus Christi Hall 116. If you are a returning veteran and are experiencing cognitive and/or physical access issues in the classroom or on campus, please contact the Disability Services office for assistance at (361) 825-5816.

**Academic Integrity/Plagiarism**

University students are expected to conduct themselves in accordance with the highest standards of academic honesty. Academic misconduct for which a student is subject to penalty includes all forms of cheating, such as illicit possession of examinations or examination materials, falsification, forgery, complicity or plagiarism. (Plagiarism is the presentation of the work of another as one’s own work.)

Disciplinary action for academic misconduct is the responsibility of the faculty member assigned to the course. The faculty member is charged with assessing the gravity of any case of academic dishonesty, and with giving sanction to any student involved.

Penalties that may be applied to individual cases of academic dishonesty include one or more of the following:
- Written reprimand.
- Requirement to re-do work in question.
- Requirement to submit additional work.
- Lowering of grade on work in question;
- Assigning grade of ‘F’ to work in question;
- Assigning grade of ‘F’ for course;
- Recommendation for more severe punishment, such as dismissal from the program or from the University.

**Grade Appeals**

As stated in University Procedure 13.02.99.C2.01, Student Grade Appeal Procedures, a student who believes that he or she has not been held to appropriate academic standards as outlined in the class syllabus, equitable evaluation procedures, or appropriate grading, may appeal the final grade given in the course. The burden of proof is upon the student to demonstrate the appropriateness of the appeal. A student with a complaint about a grade is encouraged to first discuss the matter with the instructor. For complete details, including the responsibilities of the parties involved in the process and the number of days allowed for completing the steps in the process, see University Procedure 13.02.99.C2.01, Student Grade Appeal Procedures. These documents are accessible through the University Rules Web site at http://www.tamucc.edu/provost/university_rules/index.html. For assistance and/or guidance in the grade appeal process, students may contact the Dean’s office in the college in which the course is taught or the Office of the Provost.

**Statement of Academic Continuity**

In the event of an unforeseen adverse event, such as a major hurricane and classes could not be held on the campus of Texas A&M University–Corpus Christi; this course would continue through the use of Blackboard and/or email. In addition, the syllabus and class activities may be modified to allow continuation of the course. Ideally, University facilities (i.e., emails, web sites, and Blackboard) will be operational within two days of the closing of the physical campus. However, students need to make certain that the course instructor has a primary and a secondary means of contacting each student.