CNEP 5312: Addictions Counseling (3 SCH). This course is designed to provide students with a basic understanding of addictions treatment, the counseling dynamics involved in working with addictions, and the global impact of addictions on society. Students will learn the physiological, cognitive, emotional, and societal aspects related to addictions, and how these conditions impact the counseling process when working with clients who present with addiction-related issues. Students will examine specific treatment strategies applicable to the biopsychosocial issues related to addictions, as well as the current ethical and professional issues impacting the field.

Rationale

Recent advances in medicine and neuroscience challenge professional counselors and mental health professionals to examine biological bases for behavior, as well as integrated biopsychosocial treatments of addictive and other mental disorders. Counselors should develop competencies concerned with understanding complex presenting problems, developing meaningful treatment plans, and consulting with physicians and other health care providers.

Learning Objectives

This course is designed to meet 2016 CACREP entry-level professional counseling identity (Section 2) and specialty area (Section 5) standards for addictions counseling. The following standards represent the learning objectives established for this course. Upon completion of the course, students will be knowledgeable of:

- **CACREP Standard 2-F-3-d:** theories and etiology of addictions and addictive behaviors.  
  [Students will successfully complete this learning objective by achieving a score of 80% or higher on the case study analysis papers]

- **CACREP Standard 5-A-1-a:** history and development of addiction counseling.  
  [Students will successfully complete this learning objective by achieving a score of 80% or higher on the weekly online quizzes]

- **CACREP Standard 5-A-1-b:** theories and models of addiction related to substance use as well as behavioral and process addictions.  
  [Students will successfully complete this learning objective by achieving a score of 80% or higher on the case study analysis papers]
[Students will successfully complete this learning objective by achieving a score of 80% or higher on the 12-step/self-help group reflection paper]

CACREP Standard 5-A-1-e: neurological, behavioral, psychological, physical, and social effects of psychoactive substances and addictive disorders on the user and significant others. [Students will successfully complete this learning objective by achieving a score of 80% or higher on the weekly online quizzes]

CACREP Standard 5-A-2-a: roles and settings of addiction counselors. [Students will successfully complete this learning objective by achieving a score of 80% or higher on the weekly online quizzes]

CACREP Standard 5-A-2-b: potential for addictive and substance use disorders to mimic and/or co-occur with a variety of medical and psychological disorders. [Students will successfully complete this learning objective by achieving a score of 80% or higher on the discussion forum postings]

CACREP Standard 5-A-2-c: factors that increase the likelihood for a person, community, or group to be at-risk for or resilient to psychoactive substance use disorders. [Students will successfully complete this learning objective by achieving a score of 80% or higher on the weekly online quizzes]

CACREP Standard 5-A-2-e: importance of vocation, family, social networks, and community systems in the addiction treatment and recovery process. [Students will successfully complete this learning objective by achieving a score of 80% or higher on the discussion forum postings]

CACREP Standard 5-A-2-f: role of wellness and spirituality in the addiction recovery process. [Students will successfully complete this learning objective by achieving a score of 80% or higher on the 12-step/self-help group reflection paper]

CACREP Standard 5-A-2-i: diagnostic process, including differential diagnosis and the use of current diagnostic classification systems, including Diagnostic and Statistical Manual of Mental Disorders (DSM) and International Classification of Diseases (ICD). [Students will successfully complete this learning objective by achieving a score of 80% or higher on the discussion forum postings]

CACREP Standard 5-A-2-j: cultural factors relevant to addiction and addictive behavior. [Students will successfully complete this learning objective by achieving a score of 80% or higher on the case study analysis papers]

CACREP Standard 5-A-2-l: legal and ethical considerations specific to addiction counseling. [Students will successfully complete this learning objective by achieving a score of 80% or higher on the case study analysis papers]
• **CACREP Standard 5-A-3-a:** screening, assessment, and testing for addiction, including diagnostic interviews, mental status examination, symptom inventories, and psychoeducational and personality assessments. [*Students will successfully complete this learning objective by achieving a score of 80% or higher on the case study analysis papers*]

• **CACREP Standard 5-A-3-c:** assessment for symptoms of psychoactive substance toxicity, intoxication, and withdrawal. [*Students will successfully complete this learning objective by achieving a score of 80% or higher on the discussion forum postings*]

**Major Course Requirements**

1) Discussion Board Participation

To replicate the exchange of ideas that takes place in a traditional face-to-face course, a class discussion board will be used to allow students to interact with one another in an online format. Each week, **two** new topics or questions will be posted to the discussion board. Students will need to thoughtfully consider the topics or questions presented, and author responses to **both** questions to be posted on the discussion board. In addition to their responses, students will need to post a minimum of two substantive responses to the posts of their classmates for each question. At the end of the week (Sunday evening), the instructor will review all posts to determine whether students have met this requirement or not. Discussion posts will be evaluated based on their content and presentation. Specifically, posts should be grammatically correct and free from error, contain thoughtful responses, be based on a critical review of the professional literature, and demonstrate a student’s understanding of the topic being discussed. Responses to the posts of classmates should extend beyond simply pleasantries such as “good job” or “I agree.” The goal of this assignment is to allow students to engage in a mature and professional dialogue with their peers. Additional details related to the evaluation of discussion board posts are posted in Blackboard. Discussion posts are worth 20 points each toward your final course grade (maximum 10 points for original post and 5 points for your responses to colleagues).

2) Weekly Online Quizzes

Each week, a brief 20-question quiz will be posted to assess students’ understanding of the topics discussed. The quizzes will be made available online and students will need to complete them by the specified due date. Quiz questions will be presented in multiple choice format, and only reflect the material discussed for the previous week (not cumulative). The use of notes and textbooks is allowed; however, students must work alone and not seek outside help from fellow classmates or other individuals. There will be five quizzes available for students to take throughout the semester, with each quiz being worth 20 points toward your final course grade.

3) Case Study Analysis Papers

During the semester, two client case studies will be posted for students to review. These case studies are designed to help students develop proficiency in assessing, diagnosing, and treating clients presenting with problems related to addiction. Using the knowledge gained in this course, students will be asked to address a series of questions provided with each case study.
Due dates for these case study papers will be listed on the course Blackboard page. Papers should not exceed five pages (excluding APA-formatted cover page and reference page) in length. A minimum of five professional references other than course textbooks (used in this or any other course you may be taking) must be cited in each paper. References should come from current (2012-present) issues of scholarly journals or other evidence-based repositories. Each case study analysis paper will be worth 100 points toward your final course grade.

4) Self-Help or 12-Step Meeting Reflection Paper

Each student will attend three self-help or 12-step meetings and write a reflective paper (4-5 pages in length) about their experiences. Options include, but are not limited to AA, Al-Anon, NA, PDAP, and Celebrate Recovery. Students can locate meetings through the Internet, advertisements, personal referral, and the like. Students should feel free to express both positive and negative reactions to the experience, but please be reminded that the anonymity of all parties (such as meeting participants) must be respected. Please see guidelines below for attending self-help meetings and remember to use correct APA style in your writing. The reflection paper is worth 100 points toward your final course grade.

Guidelines for visiting self-help and 12-step meetings: Only attend “open” meetings which are designed to accommodate visitors. “Closed” meetings are limited to individuals in recovery and involved in a program. You should ask before you go to a meeting or immediately upon arrival. If the chair asks for introductions, you may want to introduce yourself as a visitor, such as a student wanting to learn about addiction. While in attendance, you should not be taking any notes or recording any of the meeting. Remember that the complete anonymity of all participants should be respected during the meeting and in any evaluative process following the experience.

Point Allocation

| Weekly Online Quizzes (5 @ 20 points each) | 100 points |
| Discussion Board Posts (5 @ 20 points each) | 100 points |
| Case Study Papers (2 @ 100 points each) | 200 points |
| Self-Help/12-Step Meeting Reflection Paper | 100 points |

TOTAL 500 points

Grade Distribution

<table>
<thead>
<tr>
<th>A</th>
<th>B</th>
<th>C</th>
<th>D</th>
<th>F</th>
</tr>
</thead>
<tbody>
<tr>
<td>450-500</td>
<td>400-449</td>
<td>350-399</td>
<td>300-349</td>
<td>Below 300</td>
</tr>
</tbody>
</table>

Required or Recommended Readings

Textbook:

Recommended or supplemental readings:


State Adopted Proficiencies for School Counselors

School Counselor Standard I: Learner-Centered Knowledge
The professional school counselor must have a broad knowledge base.
School Counselor Standard II: Learner-Centered Skills
The professional school counselor applies the knowledge base to promote the educational, personal, social, and career development of the learner.

School Counselor Standard VI: Learner-Centered Professional Development
The professional school counselor pursues continuous professional development, demonstrating a commitment to learn, to improve the profession, and to model professional ethics and personal integrity.

TExES Competencies (COE)

Competency 001 (Human Development): The school counselor understands processes of human development and applies this knowledge to provide a developmental guidance program, including counseling services that meets the needs of all students.

Competency 003 (Factors Affecting Students): The school counselor understands factors that may affect students' development and school achievement and applies this knowledge to promote students' ability to achieve their potential.

Competency 005 (Developmental Guidance Program): The school counselor knows how to provide a comprehensive developmental guidance program that promotes all students' personal growth and development.

Competency 006 (Counseling): The school counselor understands how to provide effective counseling services to individuals and small groups.

Competency 007 (Assessment): The school counselor understands principles of assessment and can use assessment results to identify students' strengths and needs, monitor progress, and engage in planning to promote school success.

Competency 010 (Professionalism): The school counselor understands and complies with ethical, legal, and professional standards relevant to the profession.

Course Policies

Attendance

Although this course is being offered in an online format, students are expected to maintain a continual “virtual” presence in the course. Students should not put off all work until the end of the semester as doing so diminishes the richness of the learning process. If you find yourself in a situation where you will need to be absent from the course for an extended period, please email your instructor so that a personal plan of action can be developed and put into action.
Communication

Each TAMUCC student has access to an individual e-mail account assigned to them by the university. This is the primary method through which I will communicate with you throughout the semester. At the beginning of the course, students should make sure they have activated their account and make plans to check the account regularly. Students can expect a response to their questions from me within 48 hours (excluding weekends & university-recognized holidays).

Late Submissions of Student Work

All assignments are to be submitted online to the course Blackboard page prior to the beginning of class on the due date specified in the course calendar (see end of syllabus). Assignments not received prior to the beginning of class will be considered late. A letter grade deduction will be applied to all late submissions that were not discussed with your instructor in advance. After five days late, assignments will no longer be accepted and a grade of zero will be issued.

Extra Credit

As a rule, extra credit opportunities will not be extended in this course. Course grades should be reflective of the proficiency level students are able to demonstrate through all course assignments and assessments. Requests to award additional points without just cause or to assign alternative/additional work for credit will be denied.

Academic Integrity and Plagiarism

TAMUCC Graduate Catalogue (please refer to current version)

University students are expected to conduct themselves in accordance with the highest standards of academic honesty. Academic misconduct for which a student is subject to penalty includes all forms of cheating, such as illicit possession of examinations or examination materials, forgery, or plagiarism (plagiarism is the presentation of the work of another as one's own work).

Disciplinary action for academic misconduct is the responsibility of the faculty member assigned to the course. The faculty member is charged with assessing the gravity of any case of academic dishonesty, and with giving sanction to any student involved. Penalties that the instructor might possibly apply to individual cases of academic dishonesty include:

- Written reprimand
- Requirement to re-do work in question
- Requirement to submit additional work
- Lowering of grade on work in question
- Assigning grade of "F" to work in question
- Assigning grade of "F" for course
- Recommendation for more severe punishment, such as dismissal from program or University
If the faculty member determines that assigning a grade of "F" to the course is the appropriate penalty and this disciplinary action occurs prior to the deadline for dropping courses, the student forfeits his/her right to drop the course in question.

If the faculty member recommends more severe punishment, such as dismissal from the program or from the University, the faculty member will notify the appropriate chair/college dean, who in turn will notify the Office of Student Affairs. If dismissal from the University is recommended, the Office of Student Affairs will follow its procedure for such cases.

The faculty member must file a record for each case of academic dishonesty, including a description of the disciplinary action taken, along with any materials involved, with his or her college dean, who will forward a copy to the Office of Student Affairs. The office of the academic dean of the college in which the offense took place will maintain records of all cases of academic dishonesty reported for a period of five years. The Office of Student Affairs will also maintain records of such cases for a period of five years. The Office of Student Affairs will inform the Graduate Dean as appropriate.

Any student who has been penalized for academic dishonesty has the right to appeal the judgment or the penalty assessed. Students who wish to appeal an academic dishonesty decision should contact the Office of Student Affairs for guidance on the appropriate steps for initiating the process.

Dropping a Class

I hope that you never find it necessary to drop this or any other class. However, events can sometimes occur that make dropping a course necessary or wise. Please consult with me before you decide to drop to be sure it is the best thing to do. Should dropping the course be the best course of action, **YOU must initiate the process to drop the course by going to the Student Services Center and filling out a course drop form.** Simply discontinuing your attendance and participation **WILL NOT** automatically result in you being dropped from the class. Students are responsible for checking the official academic calendar for the last day to drop a course with an automatic grade of “W” for the semester.

Classroom/Professional Behavior

Texas A&M University-Corpus Christi, as an academic community, requires everyone to respect the needs of others to study and learn in a peaceful atmosphere. Under Article III of the Student Code of Conduct, classroom behavior that interferes with either (a) the instructor’s ability to conduct the class or (b) the ability of other students to profit from the instructional program may be considered a breach of the peace and is subject to disciplinary sanction outlined in article VII of the Student Code of Conduct. Students engaging in unacceptable behavior may be instructed to leave the classroom. This prohibition applies to all instructional forums, including classrooms, electronic classrooms, labs, discussion groups, field trips, etc. Since this is an online course, please practice proper netiquette and respect the experience of all students enrolled in the course.
Statement of Civility

Texas A&M University-Corpus Christi has a diverse student population that represents the population of the state. The University’s goal is to provide you with a high quality educational experience that is free from repression. To assist in meeting this goal, you are responsible for following the rules of the University, city, state, and federal government. You are expected to behave in a manner that is dignified, respectful, and courteous to all people; regardless of gender, ethnic/racial origin, religious background, age, sexual orientation or disability. Behaviors that infringe on the rights of another individual will not be tolerated.

Grade Appeals

As stated in University Procedure 13.02.99.C2.01, Student Grade Appeal Procedures, a student who believes that he or she has not been held to appropriate academic standards as outlined in the class syllabus, equitable evaluation procedures, or appropriate grading, may appeal the final grade given in the course. The burden of proof is upon the student to demonstrate the appropriateness of the appeal. A student with a complaint about a grade is encouraged to first discuss the matter with the instructor. For complete details, including the responsibilities of the parties involved in the process and the number of days allowed for completing the steps in the process, see University Procedure 13.02.99.C2.01 Student Grade Appeal Procedures. Documents are accessible through the University Rules Web site at http://www.tamucc.edu/provost/university_rules/index.html. For assistance in the grade appeal process, students may contact the Dean’s office in the college in which the course is taught or the Office of the Provost.

Disabilities Accommodations

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please call or visit Disability Services at (361) 825-5816 in Corpus Christi Hall 116.

If you are a returning veteran and are experiencing cognitive and/or physical access issues in the classroom or on campus, please contact Disability Services for assistance at (361) 825-5816.

Statement of Academic Continuity

In the event of an unforeseen adverse event, such as a major hurricane and classes could not be held on the campus of Texas A&M University–Corpus Christi; this course would continue using Blackboard and/or e-mail. In addition, the syllabus and class activities may be modified to allow continuation of the course. Ideally, University facilities (i.e., e-mails, web sites, and Blackboard) will be operational within two days of the closing of the physical campus. However, students need to make certain that the course instructor has a primary and a secondary means of contacting each student.
<table>
<thead>
<tr>
<th>Date</th>
<th>Topic and Assigned Readings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1</td>
<td>Capuzzi &amp; Stauffer Chapters 1-4</td>
</tr>
<tr>
<td>Week 2</td>
<td>Capuzzi &amp; Stauffer Chapters 5-6</td>
</tr>
<tr>
<td>Week 3</td>
<td>Capuzzi &amp; Stauffer Chapters 7-9</td>
</tr>
<tr>
<td></td>
<td><strong>Case Study #1 Due (submit by 11:59pm on Sunday)</strong></td>
</tr>
<tr>
<td>Week 4</td>
<td>Capuzzi &amp; Stauffer Chapters 10-12</td>
</tr>
<tr>
<td></td>
<td><strong>Case Study #2 Due (submit by 11:59pm on Sunday)</strong></td>
</tr>
<tr>
<td>Week 5</td>
<td>Capuzzi &amp; Stauffer Chapters 13, 14, &amp; 16</td>
</tr>
<tr>
<td></td>
<td><strong>Meeting Reflection Paper Due (submit by 11:59pm on Sunday)</strong></td>
</tr>
</tbody>
</table>
### Self-Help/12-Step Meeting Reflection Paper Rubric

<table>
<thead>
<tr>
<th></th>
<th>Excellent</th>
<th>Good</th>
<th>Marginal</th>
<th>Unacceptable</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Responsiveness (40 points):</strong> Addresses philosophy of self-help program; identifies response to the meeting and why this meeting was chosen.</td>
<td>36-40</td>
<td>32-35</td>
<td>28-31</td>
<td>0-27</td>
</tr>
<tr>
<td><strong>Standard:</strong> C6</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Content (40 points):</strong> Demonstrates an understanding of the disease model and co-occurring disorders.</td>
<td>36-40</td>
<td>32-35</td>
<td>28-31</td>
<td>0-27</td>
</tr>
<tr>
<td><strong>Standard:</strong> CHMC-C4</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Style (20 points):</strong> Paper is free from grammatical errors, includes appropriate references and citations.</td>
<td>18-20</td>
<td>16-17</td>
<td>14-15</td>
<td>0-13</td>
</tr>
</tbody>
</table>

**TOTAL POINTS:**  

________________/ 100

**Legend**

**Excellent**  
Student addressed all standards. Presentation was clear and well-organized. Citations provided to support assertions. Clearly communicates an understanding of the material. Well-integrated presentation.

**Good**  
Students addressed all standards. Minimal issues with APA style. Well-cited. Communicates understanding of the material.

**Marginal**  
Not all standards clearly addressed. Issues with organization. Assertions are not supported. Assertions are unclear.

**Unacceptable**  
Poor construction. Lack of organization. Standards not addressed.
## Discussion Posting and Response Rubric

<table>
<thead>
<tr>
<th>CONTENT KNOWLEDGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Does the posting and responses show that the student learned and integrated/apply the information presented? Is the student’s demonstration of knowledge and skill attainment accurately conveyed?</td>
</tr>
</tbody>
</table>

**Unsatisfactory**
- Postings and responses demonstrate a lack of understanding of the concepts and issues presented in the course, and/or are inaccurate, contain many omissions and errors, are not supported by research/evidence, and contain many critical errors when demonstrating specific skills or strategies.

**Poor, Needs Work**
- Postings and responses demonstrate minimal understanding of concepts and issues presented in the course, and contain some omissions and/or errors, are not supported by research/evidence and/or the research/evidence is inappropriate or marginal in quality, and there is a lack of mastery of skills and/or numerous errors when demonstrating specific skills or strategies.

**Satisfactory**
- Postings and responses demonstrate understanding and application of concepts and issues presented in the course, demonstrating that the student has absorbed the general principles and ideas presented; and postings/responses are supported by research/evidence from peer-reviewed books and journals, and mastery and application of skills or strategies are demonstrated.

**Exemplary**
- Postings and responses demonstrate in-depth understanding and application of concepts and issues presented in the course demonstrating that the student has integrated the general principles and idea presented, and postings/responses are well supported by pertinent research/evidence from a variety of peer-reviewed books and journals, and mastery and thoughtful/accurate application of skills or strategies are demonstrated.

<table>
<thead>
<tr>
<th>QUALITY OF WRITING</th>
</tr>
</thead>
<tbody>
<tr>
<td>Does the student demonstrate graduate-level writing in postings and responses?</td>
</tr>
</tbody>
</table>

**Unsatisfactory**
- Postings and responses are well below graduate-level writing expectations. They use unclear and inappropriate language, make many errors in spelling, grammar and syntax, do not provide information about a source when citing or paraphrasing it, directly quote from original source materials and/or consistently paraphrase rather than use original language, and/or are discourteous and disrespectful when offering suggestions, feedback, or opposing viewpoints.

**Poor, Needs Work**
- Postings and responses are somewhat below graduate-level writing expectations. They use language that is unclear and/or inappropriate, make more than occasional errors in spelling, grammar, and syntax, provide inadequate information about a source when citing or paraphrasing it, under-use original language and over-use direct quotes and paraphrases; and/or are at times less than courteous and respectful when offering suggestions, feedback, or opposing viewpoints.

**Satisfactory**
- Postings and responses meet graduate-level writing expectations. They use language that is clear, concise, and appropriate; make few if any errors in spelling, grammar, and syntax; provide adequate information about a source when citing or paraphrasing it; use original language wherever possible and only directly quote when necessary and/or appropriate; and/or are courteous and respectful when offering suggestions, constructive feedback, or opposing viewpoints.

**Exemplary**
- Postings and responses exceed graduate-level writing expectations. They use language that is clear, concise, and appropriate; make few if any errors in spelling, grammar, and syntax; provide adequate information about a source when citing or paraphrasing it; use a preponderance of original language and only directly quote when necessary and/or appropriate; and/or are positive, courteous, and respectful when offering suggestions, constructive feedback, or opposing viewpoints.

<table>
<thead>
<tr>
<th>CONTRIBUTION TO THE DISCUSSION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Does the student’s participation forward the discussion and make a difference in the discussion?</td>
</tr>
</tbody>
</table>

**Unsatisfactory**
- Postings and responses do not contribute to the quality of discussion interaction, thinking, and learning as they do not provide examples, do not include interesting thoughts or ideas, and/or do not demonstrate critical thinking.

**Poor, Needs Work**
- Postings and responses do little to contribute to the quality of Discussion interactions, thinking, and learning by providing few and/or irrelevant examples; few if any thought-provoking ideas, and “regurgitated” knowledge rather than critical thinking.

**Satisfactory**
- Postings and responses contribute to the quality of the Discussion interactions, thinking, and learning by providing relevant examples, thought-provoking ideas and interpretations, and critical thinking.

**Exemplary**
- Postings and responses significantly contribute to the quality of discussion interactions, thinking, and learning by providing rich and relevant examples, discerning and thought-provoking ideas, stimulating prompts and probes, new perspectives, and original and critical thinking.