Texas A&M University - Corpus Christi
College of Nursing and Health Sciences

NURS 4390-003 - Dimensions in Nursing:
Success in Nursing School – Pre-Nursing
Syllabus

Spring 2019
Wednesdays, 10:30-12:30 in IH 162

FACULTY: Shelley Dinkens, RN, MSN, CNE

OFFICES: Island Hall, Office 350C

OFFICE HOURS: Wednesdays 1-3, and by Appointment

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FAX: (361) 825-2484

CREDITS: 2 semester hours (2:0)

COURSE DESCRIPTION: Focuses on literature study and in-depth knowledge of selected topics relevant to the nurse as a professional provider of care or coordinator of care. Variable content is directed by faculty specialties. This course will focus on answering common questions of pre-nursing students such as how to apply and what to do if they fail or don’t get in. It will also cover Nursing roles, goal setting and planning, time management, study techniques, and introduces resources available to facilitate the pre-nursing student to be successful in a Nursing Program as well as learn skills to be a successful student and lifelong learner. In addition, students will start with some beginning nursing concepts in nursing process, therapeutic communication, pharmacology and math for nurses. Other topics include controlling anxiety and the legal and ethical implications of being a student nurse. (AACN Essentials I, VIII)

COURSE OBJECTIVES:

1. Investigate the role of a nurse and student nurse including the legal and ethical issues.
2. Identify resources available for nursing students.
3. Navigate the application and re-application processes.

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4. Identify learning style to maximize studying and retention of material
5. Identify and apply time-management skills including creating goals and plans to achieve them.
6. Engage in active learning techniques through reading, note-taking and listening effectively.
7. Practice dosage calculations and other required math skills used in nursing.
8. Investigate beginning nursing concepts – nursing process, math needed for nursing, and therapeutic communication
9. Tour the nursing lab facilities in order to understand lab and clinical expectations.
10. Investigate stress and learn to calm anxiety through practiced techniques.

REQUIRED TEXTS AND RESOURCES: (clean or unwritten in older texts will work)

Title: Admission Assessment Exam Review
Author: HESI

Title: Calculation of Drug Dosages: A Work Text
Author: Sheila J. Ogden, Linda Fluharty

Title: Mosby's Tour Guide to Nursing School: A Student's Road Survival Kit
Author: Melodie Chenevert

Title: Saunders (Latest Edition) Strategies for Test Success: Passing Nursing School and the NCLEX Exam
Author: Linda Anne Silvestri, Angela Silvestri

Computer Access - Blackboard Course Management System will house the course and assignments therefore, access to a computer will be required weekly.
TEACHING AND LEARNING STRATEGIES:

“Some old school types complain these days that the higher education too often feels like it is all about customer service. Students and their parents believe they are paying top dollar for a product, and so they want it to be valuable in a measurable way. It’s as if they’ve walked into a department store, and instead of buying five pairs of designer jeans, they’ve purchased a 5-subject course load.

I don’t fully reject the customer-service model, but I think it’s important to use the right metaphor. It’s not retail. Instead, I’d compare college tuition to paying for a personal trainer at an athletic club. We professors play the roles of trainers, giving people access to the equipment (books, labs, our expertise) and after that, it is our job to be demanding. We need to make sure that our students are exerting themselves. We need to praise them when they deserve it and tell them honestly when they have it in them to work harder.”

– Randy Pausch, from The Last Lecture

Teaching methods include lecture, seminar, discussion, small group work, independent study of texts and library resources, computer assisted instruction, audio-visual aids and assignments. While the Professor will provide guidance and consultation, the student is responsible for identification of learning needs, self-direction, seeking consultation and demonstration of course objectives. Students will participate in the following:

1. **Assignments:** Students are expected to follow instructions associated with the assignments for this course. Students who are confused about an assignment should contact the faculty member in a timely manner to ensure satisfactory completion of the assignment on the week it is due. Work must progress as outlined in calendar and be turned in accordingly; Work must be completed by due dates. All work must be turned in following the instructions provided for that assignment. No late work will be accepted. (No emailed assignments will be graded.)

2. **Reading:** Students are expected to complete all required readings and videos.

3. **Homework:** Assignments outside of class are scheduled to help you practice or reinforce concepts learned in class. These assignments are graded and due when stated. No late assignments accepted. No emailed assignments accepted unless otherwise stated.

4. **Appointments:** There is a midterm conference required with this course faculty to discuss your progress, review the course outcomes, and discuss your plan of action.
**Attendance Policy:**
Attendance is mandatory to achieve the outcomes of this course. Please see the schedule for details of what is expected of each student.

**Announcements:**
The material in this syllabus and dates identified in the Course Calendar are subject to change. Check your Islander e-mail for all university closing updates. Check Blackboard for all course related Announcements. (All announcements are sent to your Islander email and I highly recommend you set up your Islander email to be delivered to your phone.)

**Assessment Guidelines:**
1. The final assessment will be comprehensive.
2. Testable material is based on course, classroom, all required readings, lecture and discussion content, related material in the course syllabus, content covered by media presented in or required for class/clinical, and material given as handouts.
3. Assessment dates, times, and locations are subject to change.
4. Students will be allowed to use the calculator available on the computer or a simple calculator for medication type questions.
5. No Cell Phones, IPods/IPads, PDAs or Beepers are allowed during examination times.
6. Course faculty will review the Final Assessment and the grades will be posted on Blackboard. Those students scoring below 75 on any assessment are encouraged to make an appointment with the faculty of record to review their exam and address their concerns.

**Grading Policy:**
Completion of NURS 4390-003 requires the successful completion of the following:
- Homework Assignments – 30%
- Mid-term conference – 10%
- Attendance and Participation – 50%
- Final Exam – 10%

**Grading scale** for Texas A&M University-Corpus Christi, College of Nursing & Health Sciences is:

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<thead>
<tr>
<th>Grade</th>
<th>Score Range</th>
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<tbody>
<tr>
<td>A</td>
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<td>D</td>
<td>65-74</td>
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<tr>
<td>F</td>
<td>0-64</td>
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Class Cancellation:

In the event that a class is canceled, the student is expected to do the readings and complete the objectives for that day. The content will still be included on examinations. The material in this syllabus and dates identified in the Course Calendar are subject to change. Check your Islander e-mail for all university closing updates. Check Blackboard for all course related emails.

Dropping a Class:

*Please consult with your academic advisor, the Financial Aid Office, and me, before you decide to drop this course.* Should dropping the course be the best course of action, you must initiate the process to drop the course by filling out a course drop form. Just stopping participation WILL NOT automatically result in your being dropped from the class. Faculty cannot drop you from a course. Please refer to the University calendar for the last day to drop a class.

POLICIES:

Evaluation Input from Students

The faculty of the College of Nursing and Health Sciences places great value on evaluative input from students. Evaluation of courses, instructors and clinical facilities provides the College with important data which is used to strengthen the program. Data is analyzed as to trends and themes and is important to curriculum and sequencing decisions. All evaluations for courses posted are online. The online mechanism allows us the opportunity to tabulate and store information in order to analyze trends within the curriculum. Please be assured that this information is secured and not released until after grades are submitted. No names are available to faculty. In order to garner some reliability and validity, the College must have representative data from the student population. That representation, based on the literature, has been set at 70%. The College is anticipating that students will thoughtfully participate in the evaluation process which will assist the faculty with the growth of the program. A link to evaluations will be available on Blackboard toward the end of the semester. Thank you in advance for your assistance with the evaluation process.

Academic Integrity and Honesty

It is expected that University students will demonstrate a high level of maturity, self-direction, and ability to manage their own affairs. Students are viewed as individuals who possess the qualities of worth, dignity, and the capacity for self-direction in personal behavior. University students are expected to conduct themselves in accordance with the highest standards of academic honesty. Academic misconduct for which a student is subject to a penalty includes all forms of cheating, such as illicit possession of examinations or examination materials, forgery, or plagiarism. (Plagiarism is intentionally,
knowingly, or carelessly presenting the work of another as one’s own). Please see the following sites for additional information:

University Student Handbook and Code of Conduct:  http://www.tamucc.edu/~students
University catalog related to academic integrity and honesty:  http://catalog.tamucc.edu/

Students with Disabilities

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please contact the Disability Services Office at 361.825.5816 or visit the office in CCH 116. If you are a returning veteran and are experiencing cognitive and/or physical access issues in the classroom or on campus, please contact the Disabilities Services office for assistance at (361) 825-5816

Title IX

As part of the Texas A & M Corpus Christi University policy, pregnant students are urged to contact the Title IX office for facilitation of academic issues impacted by pregnancy, delivery and subsequent complications. Contact information: Mr. Samuel Ramirez, Title IX Coordinator or Ms. Rosie Ruiz, Deputy Title IX Coordinator (825-5826).

Grade Appeals Process

The College of Nursing and Health Sciences (CONHS) adheres to the University’s student grade appeal procedures described in Section 13.02.99.C2.01 (revised May, 2013) and follows those guidelines. See http://academicaffairs.tamucc.edu/Rules_Procedures/ for the University procedure and see http://conhs.tamucc.edu/shb/ for the CONHS process identified in the Student Handbook.

Support Services

Students are encouraged to seek faculty assistance in accessing University Services, including tutoring, health services, personal counseling, degree counseling, financial aid, learning resources, job/work placement, career guidance, and computer/technical support/instruction. If a student is interested in other support services provided by the University, the student is encouraged by the College of Nursing and Health Sciences and the University to seek these services.