TEXAS A&M UNIVERSITY - CORPUS CHRISTI
College of Nursing and Health Sciences
NURS 3435 E01: HEALTH ASSESSMENT eLine
NURS 3435 W01: Health Assessment
Syllabus
Spring 2020

FACULTY:  Petra A. Martinez RN, MSN
           Clinical Assistant Professor

OFFICE:     Island Hall 342B

OFFICE HOURS: Mondays 2:00 – 4:00 pm and by appointment or via WebEx

TELEPHONE:  (361) 825-2264 (office)
             (361) 946-9979 (cell)

EMAIL:      Use blackboard messages for course correspondence
            petra.martinez@tamucc.edu for emergency contact

FAX:        (361) 825-3491

CREDITS:    4 credit hours

PREREQUISITES: acceptance into the Nursing program

Course Description:
Focuses on health assessment skills and application of the nursing process in selected
pathophysiological disorders through analysis and synthesis of information obtained from
subjective and objective data collection methodologies. Specified frameworks are utilized for data
categorization and processing. The data are used to make judgements about health status or
determine care needs for a given individual.

This is a 14-week course for eLine/E-military students
This is a 16-week course for RN-BSN and RN-MSN students

Course Objectives:

1. Identifies principles of history taking in the assessment process of individuals. (AACN Essential
   I, II, III, VII, VIII, IX)
   - Relates the components of the comprehensive health history to the content of data and its
     organization.

Petra A. Martinez RN, MSN
NURS 3435E01/W01
Course Syllabus: Health Assessment – e Line /W01, Fall, 2020
Page 1 of 17
12/11/2019
• Recognizes the importance of effective interviewing techniques in obtaining a health history.
• Describes the modifications necessary in the approach and content format included when obtaining the health history of pediatric, adult and elderly clients.
• Differentiates assessment needs from transcultural viewpoints.

2. Explains and demonstrates physical examination skills according to established criteria. (AACN Essential I, II, IV, VI, VII, VIII, IX)
   • Identifies anticipated normal findings, utilizing knowledge of human anatomy and physiology.
   • Describes and demonstrates the appropriate assessment skills in the interview, the complete health history, and inspection, palpation, percussion, and auscultation techniques.
   • Relates health assessment activities to the nursing process.

3. Associates problems and needs in individuals with data discovered during the health history and physical examination. (AACN Essential I, II, VII, IX)
   • Perceives problems/needs based upon subjective and objective data and also upon knowledge of the effects of stresses on normal physiological functioning.
   • Considers an individual’s age, culture, socioeconomic group and physiological and psychological status in needs identification and assignment of nursing diagnoses.

4. Considers the role and responsibilities of the nurse in the process of health assessment and health promotion. (AACN Essential I, II, V, VII, VIII, IX)
   • Demonstrates caring behaviors essential in the health assessment process.
   • Examines the role nurses have in the process of health assessment for improvement of patient care.

5. Demonstrates responsibility for independent learning. (AACN Essential I)
   • Identifies specific learning needs in relation to course objectives and schedules.
   • Prepares for class by completing assigned readings and activities prior to coming to class.
   • Prepares for WebEx by completing assigned readings and activities prior to coming to WebEx.

eLine Modules
Module One: Health History and Physical Assessment I
Module Two: Physical Assessment II
Module Three: Physical Assessment III
Module Four: Physical Assessment IV
Module Five: Health Assessment Skills Validation

Required Textbooks:
Additional Required Online Resources (other resources available via bookstore):

Shadow Health Digital Clinical Experience
- Shadow Health Website - https://app.shadowhealth.com/
- Course PIN: will be provided in blackboard
- Shadow Health Information: Complete this resource to help prepare you for your first interaction with a Digital Standardized Patient in Shadow Health: https://link.shadowhealth.com/student-Orientation-Video

This resource will provide you with a brief introduction to Shadow Health’s Digital Clinical Experiences including:
- An overview of the different types of assignments found in Shadow Health
- An overview of the EHR
- An interaction with one of our patients
- A demonstration of the physical assessment
- How to get the most out of the immediate feedback you receive.

Online Purchase of EHR Tutor (prelicensure students only):
Cost: 1 year -$65, 18 months -$97.50 or 2 years -$130.
Use the EHRTutor Direct Online Payment and Account Activation Instructions to purchase. Go to: https://myehrtutor.com/signup Go to your course Blackboard shell for step-by-step Online Payment and Account Activation Information.

Examity proctoring (all students):
Courses may require the use of exam-proctoring involving third party charges. Exam-proctoring charges may range from $1 - $50.00 per exam. Students may be required to schedule exams at least 24 hours in advance or incur late scheduling charges. All costs for exams are the responsibility of the student. Students may also be responsible for providing webcams to be used in test proctoring.

**All HESI exams require on-line purchase ** Cost range between $35 – $65.00 each (additional information will be provided in class).

Suggested Text

Shadow Health Information

The Shadow Health™ Digital Clinical Experience™ (DCE) provides a dynamic, immersive experience designed to improve your skills and clinical reasoning through the examination of a digital standardized patient, Tina Jones. Tina Jones, your digital standardized patient™, is a 28-year-old woman who has come to receive treatment for an infected foot wound, fever, and decreased appetite. Although a digital patient, Tina Jones breathes, speaks, and has a complex medical and psychosocial history. We will be accessing and completing Shadow Health assignments throughout the course. Each assignment represents one piece of Tina’s comprehensive assessment within the same 8am hour at Shadow General. By breaking Tina’s assessment into individual assignments, you are able to apply your knowledge and practice your skills to each system in greater depth.

If at any time you have any questions or encounter any technical issues, Shadow Health has a dedicated team of helpful and knowledgeable Learner Support specialists who will patiently assist you. Please visit the Learner Support page at http://support.shadowhealth.com for contact information and hours. You may email the Learner Support team directly at support@shadowhealth.com at any time.

Shadow Health Assignments:

On average, students spend between ten and fifteen hours completing assignments in the Digital Clinical Experience. The following assignment times represent the time students typically spend interacting with Tina and do not include post-exam activities.

1. Digital Clinical Experience Orientation (15 minutes)
2. Conversation Concept Lab (10 min)
3. Health History (60-95 minutes)
4. Skin, Hair, & Nails (25-40 minutes)
5. HEENT (50-70 minutes)
6. Respiratory Concept lab (10 min)
7. Respiratory (40-60 minutes)
8. Focused exam: Cough (15-25 min)
9. Cardiovascular Concept lab (10 min)
10. Cardiovascular (40-60 minutes)
11. Focused exam: Chest pain
12. Abdominal Concept Lab (10 min)
13. Abdominal (25-40 minutes)
14. Focused assessment: Abdominal pain (15-25 min)
15. Musculoskeletal (25-40 minutes)
16. Neurological (25-40 minutes)
17. Comprehensive Exam RN (60 to 80 minutes) FNP/MSN student

Skills Competency Check-off: while there is not an assigned lab component for RN-BSN and RN-MSN students, there is an end of semester skills and documentation check-off via U-Tube video. There are also 6 mini videos submitted throughout the weeks.
In order to pass the course, the student must receive an average score of **75%** on the check-off demonstrating competency in the performance of the exam.

In the event that the competency check-off is not successful (that is, an overall score of **<75%** is earned) remediation of the check off will be prescribed to improve the student’s skills in areas which were not competently performed or documented.

After the remediation, a complete repeat of the check-off will be done.

1. Remediation of a failed skills competency check-off **must be completed before** the last day of classes.
2. When a student fails a check-off, and then undergoes remediation, the average of the two scores will be recorded as his/her grade for that check-off.
3. Remediation may be undertaken **ONLY** if a skills competency check-off is failed, **NOT** to improve a passing check-off grade.

**Course Evaluation & Grading Policy**

<table>
<thead>
<tr>
<th>Requirements -Pre licensure Students</th>
<th>Percent of Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Quizzes and Assignments (Lesson quizzes, Health History assignment, check off quiz &amp; and all Shadow Health assignments)</td>
<td>15%</td>
</tr>
<tr>
<td>3 Module Exams</td>
<td>30%</td>
</tr>
<tr>
<td>Module 5</td>
<td></td>
</tr>
<tr>
<td>Weighted Average: Health Assessment Check off # 1 &amp; #2 with documentation 70% and 6 Mini checkoffs via video 30%</td>
<td>25%</td>
</tr>
<tr>
<td>Hesi exam – required for course completion</td>
<td>30%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>100%</strong></td>
</tr>
</tbody>
</table>

A combined average of ≥ 75% on exams, including HESI must be achieved to pass this course. **Students who do not achieve a >74.5% exam average including HESI will receive a D or F for the course base on their exam average.** Successful completion (75% or better) of the health assessment check off and documentation (on an adult) is required to pass the course. In calculating the final grade, only the final overall course grade will be rounded. Failure to comply with exam policy will result in a zero for an exam.
### Requirements: RN-BNS and RN-MSN

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Percent of Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Quizzes and Assignments (Lesson quizzes, Health History assignment, check off quiz &amp; all Shadow Health assignments)</td>
<td>10%</td>
</tr>
<tr>
<td>3 Module Exams</td>
<td>25%</td>
</tr>
<tr>
<td>Module 5</td>
<td></td>
</tr>
<tr>
<td>Weighted Average: Health Assessment Check off # 1 &amp; #2 70% and 6 Mini checkoffs via video 30%</td>
<td>25%</td>
</tr>
<tr>
<td>Hesi exam – required for course completion</td>
<td>40%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>100%</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Number grade earned</th>
<th>Letter Grade Assigned</th>
</tr>
</thead>
<tbody>
<tr>
<td>90-100</td>
<td>A</td>
</tr>
<tr>
<td>83-89</td>
<td>B</td>
</tr>
<tr>
<td>75-82</td>
<td>C</td>
</tr>
<tr>
<td>74-67</td>
<td>D</td>
</tr>
<tr>
<td>66 &amp; below</td>
<td>F</td>
</tr>
</tbody>
</table>

### Late Assignments/Quizzes:

Course assignments and module quizzes submitted late will be subject to point deductions as follows:
- 10 points will be deducted for each late submission up to 1 week after the due date
- 20 points will be deducted for each late submission 1-2 weeks late.
- Assignments/quizzes/Module Quiz’s submitted more than 2 weeks late will be given a score of 0.

In the event that a student is aware they may need to submit an assignment late due to illness or other circumstances, it is the student’s responsibility to inform the professor prior to the due date. Deductions for late assignments with special circumstances and notification before the due date may be waived at the professor’s discretion.

### Learning Experiences and Teaching Methods:

Course objectives may be met through individual study using suggested resources, independent skills practice, formal and informal exchange of ideas with classmates and colleagues regarding specific topics as well as utilizing critical thinking skills. Teaching methods include independent study and completion of modules, participation in course discussion and skills practice via web ex, discussion, independent study of texts and library resources, computer-assisted instruction, audio-
visual aids and the assignments listed. Lab participation is highly recommended, either in person or via Web ex. Students are encouraged to utilize open lab times for skills practice. Both Health Assessment and Fundamental skills practice will be offered during the regular lab time.

While the professor will provide guidance and consultation, the student is responsible for identification of learning needs, self-direction, seeking consultation and demonstration of course objectives.

**Hesi Exams**

- Students will be required to purchase all HESI exams for this course. The estimated cost of the exams will be available to the student. The faculty will provide the link for the student to purchase the exam. The student is responsible for purchasing the exam prior to the test date. The approximate cost for the exam for this course is $35.00.
- All Hesi exams have to be monitored by the administrator of the exam from the University. *Therefore, the exam has to be scheduled when a TAMU-CC administrator is available.*
- There are only select days that testing will be done on campus.
- Students testing off-site need to communicate with the TAMU-CC exam administrator 10 – 14 days prior to the exam.
- All off site locations must be cleared by the TAMU-CC exam administrator.
- Students are responsible for ensuring the Hesi exam is completed by the required date. Points may be deducted for late exams at the discretion of the course faculty.

**POLICIES:**

**Evaluation Input from Students**

The faculty of the College of Nursing and Health Sciences places great value on evaluative input from students. Evaluation of courses, instructors and clinical facilities provides the College with important data which is used to strengthen the program. Data is analyzed as to trends and themes and is important to curriculum and sequencing decisions. All evaluations for courses posted are online. The online mechanism allows us the opportunity to tabulate and store information in order to analyze trends within the curriculum. Please be assured that this information is secured and not released until after grades are submitted. No names are available to faculty. In order to garner some reliability and validity, the College must have representative data from the student population. That representation, based on the literature, has been set at 70%. The College is anticipating that students will thoughtfully participate in the evaluation process which will assist the faculty with the growth of the program. A link to evaluations will be available on Blackboard toward the end of the semester. Thank you in advance for your assistance with the evaluation process.

**Academic Integrity and Honesty**

It is expected that University students will demonstrate a high level of maturity, self-direction, and ability to manage their own affairs. Students are viewed as individuals who possess the qualities of
worth, dignity, and the capacity for self-direction in personal behavior. University students are expected to conduct themselves in accordance with the highest standards of academic honesty. Academic misconduct for which a student is subject to a penalty includes all forms of cheating, such as illicit possession of examinations or examination materials, forgery, or plagiarism. (Plagiarism is intentionally, knowingly, or carelessly presenting the work of another as one’s own).

Please see the following sites for additional information:

- University Student Handbook and Code of Conduct: [http://www.tamucc.edu/~students](http://www.tamucc.edu/~students)
- University catalog related to academic integrity and honesty: [http://catalog.tamucc.edu/](http://catalog.tamucc.edu/)

**Students with Disabilities**
The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please contact the Disability Services Office at 361.825.5816 or visit the office in CCH 116. If you are a returning veteran and are experiencing cognitive and/or physical access issues in the classroom or on campus, please contact the Disabilities Services office for assistance at (361) 825-5816.

**Title IX**
As part of the Texas A & M Corpus Christi University policy, pregnant students are urged to contact the Title IX office for facilitation of academic issues impacted by pregnancy, delivery and subsequent complications. Contact information: Mr. Samuel Ramirez, Title IX Coordinator or Ms. Rosie Ruiz, Deputy Title IX Coordinator (825-5826).

**Grade Appeals Process**
The College of Nursing and Health Sciences (CONHS) adheres to the University’s student grade appeal procedures described in Section 13.02.99.C2.01 (revised May, 2013) and follows those guidelines. See [http://academicaffairs.tamucc.edu/Rules_Procedures/](http://academicaffairs.tamucc.edu/Rules_Procedures/) for the University procedure and see [http://conhs.tamucc.edu/shb/](http://conhs.tamucc.edu/shb/) for the CONHS process identified in the Student Handbook. As stated in University Procedure 13.02.99.C2.01, Student Grade Appeal Procedures, a student who believes that he or she has not been held to appropriate academic standards as outlined in the class syllabus, equitable evaluation procedures, or appropriate grading, may appeal the final grade given in the course. The burden of proof is upon the student to demonstrate the appropriateness of the appeal. A student with a complaint about a grade is encouraged to first discuss the matter with the instructor. For complete details, including the responsibilities of the parties involved in the process and the number of days allowed for completing the steps in the process, see University Procedure 13.02.99.C2.01, Student Grade Appeal Procedures. These documents are accessible through the University Rules Web site at [http://www.tamucc.edu/provost/university_rules/index.html](http://www.tamucc.edu/provost/university_rules/index.html). For assistance and/or guidance in the grade appeal process, students may contact the Dean’s office in the college in which the course is taught or the Office of the Provost.
Support Services
Students are encouraged to seek faculty assistance in accessing University Services, including tutoring, health services, personal counseling, degree counseling, financial aid, learning resources, job/work placement, career guidance, and computer/technical support/instruction. If a student is interested in other support services provided by the University, the student is encouraged by the College of Nursing and Health Sciences and the University to seek these services.

Military students
Active duty military personnel, military spouses, and veterans with special circumstances (e.g., deployment, drill requirements, disabilities) are welcome and encouraged to communicate these, in advance if possible, to the course and clinical instructor.

Statement of Academic Continuity
In the event of an unforeseen adverse event, such as a major hurricane and classes could not be held on the campus of Texas A&M University–Corpus Christi; this course would continue through the use of Blackboard and/or email. In addition, the syllabus and class activities may be modified to allow continuation of the course. Ideally, University facilities (i.e., emails, web sites, and Blackboard) will be operational within two days of the closing of the physical campus. However, students need to make certain that the course instructor has a primary and a secondary means of contacting each student.

NURS 3435 E01: Health Assessment
Course Schedule
Prelicensure (e line/emilitary)


<table>
<thead>
<tr>
<th>Week/ Course Web ex sessions</th>
<th>Module Assignment</th>
<th>Lab practice (HA &amp; Fundamentals skills) Mondays, 12:00-1:30 pm IH 284 Web ex – register!</th>
<th>Assignments/Lessons</th>
<th>Module Due Dates (by midnight)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Orientation</td>
<td></td>
<td>Vital signs Skills checkoffs after lunch Pick up lab supplies</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jan 14</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 1</td>
<td>Module 1 Health History &amp; Physical</td>
<td>Aug 26 Handwashing Vital signs with oximetry</td>
<td>Sign on to Black Board, introduce self in Discussions</td>
<td></td>
</tr>
<tr>
<td>Jan 21st to Jan 26th</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Course Web ex</td>
<td>Assessment I</td>
<td>Skin, Hair &amp; Nails</td>
<td>Register for free study tools at Elsevier, <a href="http://evolve.elsevier.com/Jarvis">http://evolve.elsevier.com/Jarvis</a></td>
<td></td>
</tr>
<tr>
<td>---------------</td>
<td>-------------</td>
<td>-------------------</td>
<td>------------------------------------------------------------------</td>
<td></td>
</tr>
<tr>
<td>Tuesday, Jan 21 @ noon (pw: CONHS20)</td>
<td>Orientation to Course</td>
<td>Head, neck, regional lymphatics</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Shadow Health (SH) Assignments:** Sign on to Shadow Health and complete Digital Clinical Experience Orientation & Conversation Concept Lab. http://shadowhealth.com
Course Pin: Fall2018-4607-2878-4802-9399
Register for Examity and set up account
Schedule Module exams

<table>
<thead>
<tr>
<th>Module 1</th>
<th>Lesson 1: Complete Health History &amp; Complete Documentation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lesson 2: Physical Assessment Techniques</td>
<td></td>
</tr>
<tr>
<td>Lesson 3: Skin, Hair and Nails</td>
<td></td>
</tr>
</tbody>
</table>

**Module 1 Exam**
Lesson 4: Head, Neck & Regional Lymphatics
Assignment: Complete Health History

**Shadow Health (SH) Assignments:** Health History, and Skin, Hair & Nails. Begin HEENT

Schedule Module 1 Exam

<table>
<thead>
<tr>
<th>Week 2</th>
<th>Jan 21 webex at 1200</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan 27 to Feb 2</td>
<td>Lesson 4: Head, Neck &amp; Regional Lymphatics</td>
</tr>
<tr>
<td>Web ex TBA</td>
<td>Assignment: Complete Health History</td>
</tr>
<tr>
<td></td>
<td><strong>Shadow Health (SH) Assignments:</strong> Health History, and Skin, Hair &amp; Nails. Begin HEENT</td>
</tr>
<tr>
<td></td>
<td>Schedule Module 1 Exam</td>
</tr>
<tr>
<td></td>
<td>Health History Assignment due Sunday, Feb 1 from Shadow Health@ midnight</td>
</tr>
<tr>
<td></td>
<td>Mini check off #1 copy and paste link in bb assignment</td>
</tr>
<tr>
<td></td>
<td>Module 1 Exam (via examity) will open Friday, 7 @ noon &amp; close Sunday, Sept 9 @ 7 pm</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Week 3</th>
<th>Sep 27</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feb 3 to Feb 9</td>
<td>Module 2</td>
</tr>
<tr>
<td></td>
<td>Lesson 1: Eyes</td>
</tr>
<tr>
<td></td>
<td>Lesson 2: Ears, Nose, Mouth &amp; Throat</td>
</tr>
<tr>
<td>Module 2 Physical Assessment II</td>
<td><strong>Module 2</strong></td>
</tr>
<tr>
<td></td>
<td>Lesson 1: Eyes</td>
</tr>
<tr>
<td></td>
<td>Lesson 2: Ears, Nose, Mouth &amp; Throat</td>
</tr>
<tr>
<td></td>
<td>Module 1 due Sunday,</td>
</tr>
</tbody>
</table>

Petra A. Martinez RN, MSN
NURS 3435E01/W01
Course Syllabus: Health Assessment – e Line /W01, Fall, 2020
Page 10 of 17
12/11/2019
| Week 4  | Feb 10 to Feb 16 | Sept 16 | Lesson 4: Thorax & Lungs  
| SH Assignment: Respiratory Concept Lab, Respiratory | Practice thorax and lung skills  
| Mini check off #4 and 5 copy and paste link in bb assignment |  |
| Web ex TBA | Abdomen PPE, Meds – po, topicals, enemas, eye drops, eardrops | Meds – inhalers, intradermal Meds - injectables Fingersticks, Insulin |  |
| Module 3 Physical Assessment III | Sept 23 | Lesson 1: Heart & Peripheral Vasculature  
| Heart & peripheral vascular O2 administration | Module 3  
| Lesson 2: Musculoskeletal System |  |
| Week 5  | Feb 17 to Feb 23 | Module 2 due Sunday, Mar 1, 2019 @ 7 pm  
| Practice Heart and Peripheral Vasculature and Musculoskeletal System |  |
| Web ex TBA | Module 3 |  |
| Sept 30 | Lesson 3: Mental status and Neurological techniques  
| Lesson 4: Breasts & Regional Nodes | Module 2 Exam (via examity) will open Friday, Sept 28 @ noon & close Sunday, Mar 1 @ 7 pm  
| Practice Neurological techniques |  |
| Musculoskeletal Neuro assessment mobility | SH Assignment: Neurological |  |
| Week 6  | Feb 24 to Mar 1 | Module 2 Exam (via examity) will open Friday, Sept 28 @ noon & close Sunday, Mar 1 @ 7 pm  
| Practice Neurological techniques |  |
| Web ex TBA |  |
| Oct 7 | Get ready for check offs! | Work on Module 3 |  
| Week 7 |  |

Petra A. Martinez RN, MSN  
NURS 3435E01/W01  
Course Syllabus: Health Assessment – e Line /W01, Fall, 2020  
Page 11 of 17  
12/11/2019
<p>| Mar 2 to Mar 8 | Gloving, Sterile technique Catheterizations NG tubes, Tube feeding, enteral feedings, meds through peg tube | Confirm check off time, practice with partner | prior to check offs Mini check off #4 and 5 copy and paste link in bb assignment |
| Mar 2 to Mar 8 | Web ex TBA | Spring Break | Spring Break |
| Week 9 | Module 5: check-offs practice, practice | Module 5 (Check-offs) by appointment (plan on a 3-hour block of time) Practice days March 21 and 22, 2019 | Work on Module 3 prior to check offs Practice for check offs Thorax and Lungs Cardiac PVS Abdomen Neuro |
| Week 9 | Module 5 Health Assessment Skills Validation | Module 5 (Check-offs) by appointment (plan on a 3-hour block of time) Purchase Hesi exam *Confirm off-site arrangements for Hesi exam | Module 5 due - check offs per appointment March 23 to 27 |
| Week 10 Week 23 to 27 NO web ex | Module 5 Health Assessment Skills Validation | Module 5 (Check-offs) by appointment (plan on a 3-hour block of time) Purchase Hesi exam *Confirm off-site arrangements for Hesi exam | Module 5 due - check offs per appointment March 23 to 27 |</p>
<table>
<thead>
<tr>
<th>Week 11</th>
<th>March 30 to April 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>NO web ex</td>
<td>Study for Exam 3 and HESI</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Week 12</th>
<th>April 6 to April 12</th>
</tr>
</thead>
<tbody>
<tr>
<td>web ex TBA</td>
<td>Study for HESI Web ex TBA HESI Review</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Week 13</th>
<th>April 13 to April 19</th>
</tr>
</thead>
</table>

Off-site students need to make arrangements with a testing site for a proctored exam. See blackboard for approved testing centers. The name of the site and contact person (name, phone number & email address) needs to be listed on the Hesi wiki no later than March 31st. Emails will be sent to each for verification and instructions.
Week 14
April 20 to 22

HESI Exam Health Assessment
April 22 @ 10 am

All Hesi exams have to be monitored by the administrator of the exam from the University. Therefore, the exam has to be scheduled when a TAMUCC administrator is available.

Course evaluation

HEALTH ASSESSMENT ACROSS THE LIFESPAN
NURSING 3435.W01: RN BSN and RN MSN
Health Assessment Across the Lifespan

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
<th>Chapter Assignment in textbook</th>
<th>Assignment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1 Jan 19th</td>
<td>Course Overview Evidence-Based Assessment Critical Thinking in Health Assessment Developmental Tasks &amp; Health Promotion Across the Life Cycle Cultural Competence Assessment Techniques</td>
<td>Chapter 1 Chapter 2* due Jan 24th Chapter 8</td>
<td>Sign on to Blackboard, introduce self and complete assignment under Units, Week 1 Register for free study tools at Elsevier, <a href="http://evolve.elsevier.com/Jarvis">http://evolve.elsevier.com/Jarvis</a> Review growth and developmental tasks across the life cycle from previous courses. Take Assigned Chapter Quizzes* Register for Shadow Health resources – app.shadowhealth.com.</td>
</tr>
<tr>
<td>Week 2 Jan 26th</td>
<td>The Interview Complete Health History</td>
<td>Chapter 3 Chapter 4* Due Jan 30th</td>
<td>Practice interviewing and history taking Take Assigned Chapter Quizzes*</td>
</tr>
</tbody>
</table>
| Week 3  | Feb 2nd | General Survey, measurement and vital signs  
|        |        | Pain Assessment  
|        |        | Skin Hair and Nails  
|        |        | Chapter 9*  
|        |        | Chapter 10  
|        |        | Chapter 12*  
|        |        | **Due Feb 7th**  
|        |        | Continue practicing complete history; practice new assessment techniques  
|        |        | Take Assigned Chapter Quizzes*  
|        |        | Mini check off #1 copy and paste link in bb assignment  
| Week 4  | Feb 9th | Head, Face and Neck Eyes  
|        |        | Chapter 13* Chapter 14*  
|        |        | **Due Feb 14th**  
|        |        | Continue practicing complete history; practice previous skills and new assessment techniques  
|        |        | Take Assigned Chapter Quizzes*  
|        |        | Mini check off #2 and 3 copy and paste link in bb assignment  
| Week 5  | Feb 16th | Ears, Nose, Mouth, and Throat  
|        |        | Chapter 15*  
|        |        | Chapter 16*  
|        |        | **Due Feb 21st**  
|        |        | Continue practicing complete history; practice previous skills and new assessment techniques  
|        |        | Take Assigned Chapter Quizzes*  
|        |        | Mini check off #4 and 5 copy and paste link in bb assignment **Complete health history from Shadow Health due, Feb 18th 11:55 p.m.**  
| Week 6  | Feb 23rd | Breasts and Regional Lymphatics  
|        |        | Thorax and Lungs  
|        |        | Chapter 17*  
|        |        | Chapter 18* **Due Feb 26th**  
|        |        | Continue practicing complete history; practice previous skills and new assessment techniques  
|        |        | Take Assigned Chapter Quizzes*  
|        |        | Practice  
| Feb 26th | 5:00-9:00 pm | Test 1 – Online via Respondus  
|        |        | Chapters 2, 3, 4, 8, 9, 10, 12, 13, 14, 15, 16  
|        |        | 25 questions; 60 minutes allowed for exam  
| Week 7  | Mar 1st | Heart and Neck Vessels  
|        |        | Peripheral Vascular System and Lymphatic System  
|        |        | Chapter 19*  
|        |        | Chapter 20*  
|        |        | **Due Mar 6th**  
|        |        | Continue practicing practice previous skills and new assessment techniques  
|        |        | Take Assigned Chapter Quizzes*  
|        |        | **Practice for final check off**  

Petra A. Martinez RN, MSN  
NURS 3435E01/W01  
Course Syllabus: Health Assessment – e Line /W01, Fall, 2020  
Page 15 of 17  
12/11/2019
<table>
<thead>
<tr>
<th>Week 8</th>
<th>Spring Break</th>
<th>Spring Break</th>
<th>Spring Break</th>
</tr>
</thead>
<tbody>
<tr>
<td>March 9 to 13</td>
<td>Abdomen Musculoskeletal System</td>
<td>Chapter 21* Chapter 22 * Mar 20th</td>
<td>Continue practicing practice previous skills and new assessment techniques Take Assigned Chapter Quizzes* Mini check off #6 copy and paste link in bb assignment</td>
</tr>
<tr>
<td>Week 9</td>
<td>Spring Break</td>
<td>Spring Break</td>
<td>Spring Break</td>
</tr>
<tr>
<td>March 15</td>
<td>Abdomen Musculoskeletal System</td>
<td>Chapter 21* Chapter 22 * Mar 20th</td>
<td>Continue practicing practice previous skills and new assessment techniques Take Assigned Chapter Quizzes*</td>
</tr>
<tr>
<td>Week 10</td>
<td>Neurologic System Mental Status Assessment</td>
<td>Chapter 23 * Chapter 5 Mar 27th</td>
<td>Practice for final check off</td>
</tr>
<tr>
<td>Mar 22nd</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 11</td>
<td>Putting it all Together</td>
<td>Chapter 27 xx</td>
<td>Continue practicing previous skills and putting it all together Take Assigned Chapter Quizzes* Final check off of the Thorax and Lungs Cardiac PVS and Abdomen and Neuro</td>
</tr>
<tr>
<td>Mar 29th</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 12</td>
<td>Domestic Violence Assessment Female Genitourinary System The Pregnant Female</td>
<td>Chapter 7 Chapter 26 xx Chapter 29 xx</td>
<td>Take Assigned Chapter Quizzes* Final check off of the Thorax and Lungs Cardiac PVS and Abdomen and Neuro</td>
</tr>
<tr>
<td>April 5th</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>April 15</td>
<td>Exam 2 – Online via Respondus</td>
<td>Chapters 5, 17, 18, 19, 20, 21, 22, 23</td>
<td>25 questions: 60 minutes</td>
</tr>
<tr>
<td>5:00-9:00 pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 13</td>
<td>Male Genitourinary System</td>
<td>Chapter 24 xx</td>
<td>Take Assigned Chapter Quizzes*</td>
</tr>
<tr>
<td>April 19</td>
<td></td>
<td></td>
<td>Study for Exam 3</td>
</tr>
<tr>
<td>Week 14</td>
<td>April 26</td>
<td>Functional Assessment of the Older Adult Bedside Assessment of the Hospitalized Adult</td>
<td>Chapter 30 Chapter 28</td>
</tr>
<tr>
<td>---</td>
<td>---</td>
<td>---</td>
<td>---</td>
</tr>
<tr>
<td>May 7 Reading Day Exam date May 13 5:00- 9:00 pm</td>
<td>Test 3 – On-Line via Respondus</td>
<td>Chapters 7, 11, 24, 25, 26, 27, 28, 29, 30</td>
<td>25 questions: 60 minutes</td>
</tr>
</tbody>
</table>

Revised Jan 2020pm