Content of the syllabus and aspects of course (such as assignments, quizzes, lecture topics, and exams) subject to change at instructor discretion. Changes will be communicated via class announcements or email.

Dr. Olga Berkout, Ph.D.
Email: Olga.Berkout@tamucc.edu (preferred method of contact)
Phone: 361-825-5994 (please follow up with email)
Office Hours (BH 316): Tues 2-4pm; Thurs 9:30am-12:30pm; Mon by appointment

COURSE DESCRIPTION:
Psychology 3375, Clinical Psychology, is an upper division undergraduate course involving the research, teaching, and services relevant to the applications of principles, methods and procedures for understanding, predicting and alleviating intellectual, emotional, biological, psychological, social and behavioral maladjustment, disability and discomfort, applied to a wide range of client populations. (Resnick, J.H. (1991) pg.7).

This course will cover the various fields of training and expertise that qualify one to practice clinical psychology. We will attempt to define the field of Clinical Psychology, examine the scientific foundations of Clinical Psychology, use basis and uses of psychological assessment, clinical, projective and psychometric. We will study the various interventions employed by clinical psychology both as specific clinical issues and lifespan developmental problems. We will explore the various specialties in clinical psychology. We will study the ethical guidelines, which since being developed by the American Psychological Association, have been written into most state licensure laws including that of Texas.

Students will examine ethical and professional issues in the field of applied psychology. The course material and lectures are such that students will be encouraged to integrate their existing knowledge of human development, psychosocial, political and public health issues into their course material.

Because the field of clinical psychology addresses the above topics in considerable depth, think of this course as only an “introduction to clinical psychology.” The goal is to familiarize you with the field of by giving you a broad survey of various theoretical and clinical topics, including psychological assessment, clinical interviewing, theoretical orientations, psychotherapeutic approaches and clinical specialties. I have made every effort to make this course a well-rounded overview of the primary topics subsumed by the field of clinical psychology. Through lectures and readings, I aim to give you a better understanding of the conceptual formulations and techniques used by clinical psychologists.
Disclaimer: This course should facilitate reflection on your own thoughts, behaviors, and interactions with others. I encourage you to consider the practice of clinical psychology both from the psychologists’ perspective and from the perspective of clients and research participants. In some cases, you may find that the course material brings up issues that you may be struggling with. As this course is not a substitute for therapy, I encourage anyone who is struggling with personal problems to seek out counseling services.


**LEARNING OUTCOMES:**

Below are the specific Learning Outcomes for the course. Students will be able to:

1. Recognize and accurately generate the educational requirements, training and scope of practice of clinical psychology.
2. Describe uses of assessment and treatment of psychological disorders and critically discuss these interventions.
3. Accurately express basic understanding of how different forms of treatment propose to work.
4. Describe the ethical guidelines of clinical psychology

**COURSE REQUIREMENTS:**

**Exams:** You will take four exams during the course of the semester. There will also be an optional cumulative final exam, which will replace your lowest exam grade if you do better on it. **There will be no make up exams.** If you have missed an exam, taking the final will serve as your make up.

**Quizzes:** You will take four quizzes over the course of the semester. **You can make up ONE quiz within one week of the original due date.** If you miss more than one quiz, you can only make up one of the quizzes.

**Assignments:** You will complete four assignments over the course of the semester. **You can make up ONE assignment within one week of the original due date.** If you miss more than one assignment, you can only make up one of the assignments.

**GRADES**

<table>
<thead>
<tr>
<th>PERCENTAGE</th>
<th>ASSIGNMENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>60%</td>
<td>Exams (4 exams)</td>
</tr>
<tr>
<td>19%</td>
<td>Quizzes (4 quizzes)</td>
</tr>
<tr>
<td>21%</td>
<td>Assignments (7 assignments)</td>
</tr>
<tr>
<td>100%</td>
<td>Total</td>
</tr>
</tbody>
</table>
CLASSROOM POLICIES:

Blackboard: Course materials will be posted on Blackboard.

Academic Integrity: Academic dishonesty will be addressed following the University Policy (further information is included in the Student Handbook and University Catalog). Please note that plagiarism includes both copy and pasting material and representing an idea as your own. More extensive information on plagiarism and academic dishonesty can be obtained from the sources above. Plagiarized work will automatically receive a grade of zero followed by other consequences as described in the above sources.

Attendance: You will need to attend class in order to be successful. If you miss a class, it is your responsibility to discuss content you missed with a classmate and get notes.

Assistance with Absences/Academic Difficulties: Please contact the Student Assistance Coordinator if you are struggling due to extenuating circumstances. Further information available at: https://studentaffairs.tamucc.edu/StudentAssistance.html

Contacting Me: The best way to contact me is through email.

Classroom/professional behavior: Texas A&M University-Corpus Christi, as an academic community, requires that each individual respect the needs of others to study and learn in a peaceful atmosphere. Under Article III of the Student Code of Conduct, classroom behavior that interferes with either (a) the instructor's ability to conduct the class or (b) the ability of other students to profit from the instructional program may be considered a breach of the peace and is subject to disciplinary sanction outlined in article VII of the Student Code of Conduct. Students engaging in unacceptable behavior may be instructed to leave the classroom. This prohibition applies to all instructional forums, including classrooms, electronic classrooms, labs, discussion groups, field trips, etc.

Academic Advising: The College of Liberal Arts requires that students meet with an Academic Advisor as soon as they are ready to declare a major. Degree plans are prepared in the CLA Academic Advising Center. The University uses an online Degree Audit system. Any amendment must be approved by the Department Chair and the Office of the Dean. All courses and requirements specified in the final degree plan audit must be completed before a degree will be granted. The CLA Academic Advising Office is located in Driftwood #203. For more information please call 361-825-3466.

Disabilities Accommodations: The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for
reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please call or visit Disability Services at (361) 825-5816 in Corpus Christi Hall 116.

If you are a returning veteran and are experiencing cognitive and/or physical access issues in the classroom or on campus, please contact the Disability Services office for assistance at (361) 825-5816.

**Dropping a Class:** I hope that you never find it necessary to drop this or any other class. However, events can sometimes occur that make dropping a course necessary or wise. *Please consult with your academic advisor, the Financial Aid Office, and me, before you decide to drop this course.* Should dropping the course be the best course of action, you must initiate the process to drop the course by going to the Student Services Center and filling out a course drop form. Just stopping attendance and participation WILL NOT automatically result in your being dropped from the class. November 8th is the last day to drop a class with the automatic grade of “W” this term.

**Grade Appeals:** As stated in University Procedure 13.02.99.C2.03, *Student Grade Appeals,* a student who believes that he or she has not been held to appropriate academic standards as outlined in the class syllabus, equitable evaluation procedures, or appropriate grading, may appeal the final grade given in the course. The burden of proof is upon the student to demonstrate the appropriateness of the appeal. A student with a complaint about a grade is encouraged to first discuss the matter with the instructor. For complete details, including the responsibilities of the parties involved in the process and the number of days allowed for completing the steps in the process, see University Procedure 13.02.99.C2.03, *Student Grade Appeals.* These documents are accessible online at: [http://cla.tamucc.edu/students/images/Grade%20Appeal%20Guidelines.pdf](http://cla.tamucc.edu/students/images/Grade%20Appeal%20Guidelines.pdf)

For assistance and/or guidance in the grade appeal process, students may contact the Associate Dean’s office in the college in which the course is taught. For complete details on the process of submitting a formal grade appeal in CLA, please visit the College of Liberal Arts website, [http://cla.tamucc.edu/about/student-resources.html](http://cla.tamucc.edu/about/student-resources.html).

**SCHEDULE:** The schedule below is tentative and subject to change at instructor discretion.

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Reading</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>8/26/19-8/30/19</td>
<td>Syllabus &amp; Chapter 1 Clinical Psychology: definition and training</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Introduce Assignment 1</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Chapter 3 - Current Controversies in Clinical Psychology</td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Introduction Assignment due 8/30 by 5pm</strong></td>
</tr>
<tr>
<td></td>
<td>FYI 9/2/19 holiday</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>9/3/19-9/6/19</td>
<td>Chapter 4 - Cultural Issues in Clinical Psychology</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Chapter 5 - Ethical Issues in Clinical Psychology</td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Quiz 1 due 9/6/19 by 5pm</strong></td>
</tr>
<tr>
<td></td>
<td>Dates</td>
<td>Content</td>
</tr>
<tr>
<td>---</td>
<td>--------------</td>
<td>--------------------------------------------------------------------------</td>
</tr>
</tbody>
</table>
| 3 | 9/9/19 – 9/13/19 | Chapter 6 - Conducting Research in Clinical Psychology  
Chapter 7 - Diagnosis and Classification Issues: DSM-5 and more  
**Assignment 2 due 9/13 by 5pm** |
| 4 | 9/16/19- 9/20/19 | Chapter 9 - Intellectual and Neuropsychological Assessment  
**Exam 1 due 9/20 by 5pm** |
| 5 | 9/23/19- 9/27/19 | Chapter 10 - Personality Assessment and Behavioral Assessment  
Chapter 11 - General Issues in Psychotherapy  
**Assignment 3 due 9/27 by 5pm** |
| 6 | 9/30/19- 10/4/19 | Chapter 12 - Psychodynamic Psychotherapy  
Chapter 13 - Psychotherapy: Humanistic  
**Quiz 2 due by 5pm** |
| 7 | 10/7/19- 10/11/19 | Chapter 14 - Behavior Therapy  
**Exam 2 due 10/11 by 5pm** |
| 8 | 10/14/19 to 10/18/19 | Chapter 15 - Cognitive & Cognitive Behavioral Therapy  
**Assignment 4 due 10/18 by 5pm** |
*An illustration of dialectical behavior therapy*. *In Session Psychotherapy in Practice*, 4(2), 21-44.  
**Assignment 5 due 10/25 by 5pm** |
| 10 | 10/28/19- 11/1/19 | **Acceptance and Commitment Therapy & Other Mindfulness Based Approaches:** Hayes, S (2004).  
**Assignment 6 due 11/1 by 5pm** |
| 11 | 11/4/19 - 11/8/19 | **Acceptance and Commitment Therapy & Other Mindfulness Based Approaches**  
**Exam 3 due 11/9 by 5pm** |
|   | FYI 11/8/19 last day to drop a class | |
| 12 | 11/11/19 - 11/15/19 | Chapter 16 - Groups and Family Therapy  
**Assignment 7 due 11/15 by 5pm** |
| 13 | 11/18/19 to 11/22/19 | Chapter 17 - Clinical Child and Adolescent Psychology  
**Quiz 4 due by 5pm** |
| 14 | 11/25/19 to 11/27/19 | Chapter 18 - Health Psychology |
|   | **11/28 & 11/29 Holiday** | |
| 15 | 12/2/19 to 12/4/19 – last day of classes | Chapter 19 - Forensic Psychology  
**Exam 4 due by 5pm** |
|   | 12/4/19 – last day of classes | **Exam 4 due by 5pm** |
|   |   | **Final Exam due 12/9/19 by 5pm** |