Course Number and Section
NURS 3435 E01: Health Assessment (eLine/Emiliary)
NURS 3435 W01: Health Assessment (RN-BSN & RN-MSN)

Class meeting time and location
Fall 2020
Online course with WebEx
Meetings on Tuesday TBA

E-Mail: Use blackboard messages for course correspondence
petra.martinez@tamucc.edu for emergency contact

Name of Instructor
Petra A. Martinez
RN, MSN Clinical Assistant Professor
Office:
Island Hall 342B
Office Hours:
Mondays 2:00 – 4:00 pm and by appointment or via WebEx

Lab Section
Susan Greathouse RN, MSN
Clinical Assistant Professor
Office Telephone:
(361) 825-2264 (office)
(361) 946-9979 (cell)
Course Name
NURS 3435 E01: Health Assessment through the lifespan eLine/Emiltary
NURS 3435 WO1: Health assessment through the lifespan

Course Description
Focuses on health assessment skills and application of the nursing process in selected pathophysiological disorders through analysis and synthesis of information obtained from subjective and objective data collection methodologies. Specified frameworks are utilized for data categorization and processing. The data are used to make judgements about health status or determine care needs for a given individual.

This is a 14-week course

Learning Objectives

1. Identifies principles of history taking in the assessment process of individuals. (AACN Essential I, II, III, VII, VIII, IX)
   - Relates the components of the comprehensive health history to the content of data and its organization.
   - Recognizes the importance of effective interviewing techniques in obtaining a health history.
   - Describes the modifications necessary in the approach and content format included when obtaining the health history of pediatric, adult and elderly clients.
   - Differentiates assessment needs from transcultural viewpoints.

2. Explains and demonstrates physical examination skills according to established criteria. (AACN Essential I, II, IV, VI, VII, VIII, IX)
   - Identifies anticipated normal findings, utilizing knowledge of human anatomy and physiology.
   - Describes and demonstrates the appropriate assessment skills in the interview, the complete health history, and inspection, palpation, percussion, and auscultation techniques.
   - Relates health assessment activities to the nursing process.

3. Associates problems and needs in individuals with data discovered during the health history and physical examination. (AACN Essential I, II, VII, IX)
   - Perceives problems/needs based upon subjective and objective data and also upon knowledge of the effects of stresses on normal physiological functioning.
   - Considers an individual’s age, culture, socioeconomic group and physiological and psychological status in needs identification and assignment of nursing diagnoses.

4. Considers the role and responsibilities of the nurse in the process of health assessment and health promotion. (AACN Essential I, II, V, VII, VIII, IX)
   - Demonstrates caring behaviors essential in the health assessment process.
   - Examines the role nurses have in the process of health assessment for improvement of patient care.

5. Demonstrates responsibility for independent learning. (AACN Essential I)
   - Identifies specific learning needs in relation to course objectives and schedules.
   - Prepares for class by completing assigned readings and activities prior to coming to class.
   - Prepares for WebEx by completing assigned readings and activities prior to coming to WebEx.

eLine Modules
Module One: Health History and Physical Assessment I
Module Two: Physical Assessment II
Module Three: Physical Assessment III
Module Four: Physical Assessment IV
Module Five: Health Assessment Skills Validation

Major Course Requirements

(Brief description of each major course requirement – assignments, projects, quizzes and exams, etc., and associated points or weights of each)

Required or Recommended Readings


Online Purchase of EHR Tutor (prelicense students only):
Cost: 1 year - $65, 18 months - $97.50 or 2 years - $130.
Students can create and activate their accounts by going to my.ehrtutor.com and following the on-screen instructions.
Course Enrollment Key: 3BFTFWJ

Examity proctoring (all students):
Additional fees may be required to take test and exams online in this course, and those tests/exams might be monitored by university vetted and secured third-party online exam-proctoring services.
1. Costs for exams are usually the responsibility of the student and typically involve third party charges ranging from $1 - $50.00 per exam. Students may be required to schedule exams at least 24 hours in advance or incur late scheduling charges.
2. Students may be responsible for providing webcams to be used in test proctoring.
3. Students may be required to show to an online proctor via webcam 1) photo ID and 2) the interior of the room where the student is taking the test/exam.
**All HESI exams require on-line purchase ** Cost range between $35 – $65.00 each (additional information will be provided in class and bb).

Recommended or Supplemental Reading:


Skills Competency Check-off: while there is not an assigned lab component for RN-BSN and RN-MSN students, there is an end of semester skills and documentation check-off via U-Tube video. There are also 6 mini videos submitted throughout the weeks.
In order to pass the course, the student must receive an average score of 75% on the check-off demonstrating competency in the performance of the exam.
In the event that the competency check-off is not successful (that is, an overall score of <75% is earned) remediation of the check off will be prescribed to improve the student’s skills in areas which were not competently performed or documented.
After the remediation, a complete repeat of the check-off will be done.
1. Remediation of a failed skills competency check-off must be completed before the last day of classes.
2. When a student fails a check-off, and then undergoes remediation, the average of the two scores will be recorded as his/her grade for that check-off.
3. Remediation may be undertaken ONLY if a skills competency check-off is failed, NOT to improve a passing check-off grade.
Learning Experiences and Teaching Methods:

Course objectives may be met through individual study using suggested resources, independent skills practice, formal and informal exchange of ideas with classmates and colleagues regarding specific topics as well as utilizing critical thinking skills. Teaching methods include independent study and completion of modules, participation in course discussion and skills practice via web ex, discussion, independent study of texts and library resources, computer-assisted instruction, audio-visual aids and the assignments listed. Lab participation is highly recommended, either in person or via Web ex. Students are encouraged to utilize open lab times for skills practice. Both Health Assessment and Fundamental skills practice will be offered during the regular lab time.

While the professor will provide guidance and consultation, the student is responsible for identification of learning needs, self-direction, seeking consultation and demonstration of course objectives.

Hesi Exams

- Students will be required to purchase all HESI exams for this course. The estimated cost of the exams will be available to the student. The faculty will provide the link for the student to purchase the exam. The student is responsible for purchasing the exam prior to the test date. The approximate cost for the exam for this course is $35.00-$45.00
- All Hesi exams have to be monitored by the administrator of the exam from the University. Therefore, the exam has to be scheduled when a TAMU-CC administrator is available.
- There are only select days that testing will be done on campus.
- Students testing off-site need to communicate with the TAMU-CC exam administrator 10 – 14 days prior to the exam.
- All off site locations must be cleared by the TAMU-CC exam administrator.
- Students are responsible for ensuring the Hesi exam is completed by the required date. Points may be deducted for late exams at the discretion of the course faculty.
Course Evaluation & Grading Policy

<table>
<thead>
<tr>
<th>Requirements - Pre licensure Students</th>
<th>Percent of Grade</th>
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<tbody>
<tr>
<td>Quizzes and Assignments (Lesson quizzes, Health History assignment, check off quiz)</td>
<td>15%</td>
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<tr>
<td>3 Module Exams</td>
<td>30%</td>
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<tr>
<td>Module 5 Weighted Average: Health Assessment Check off # 1 &amp; #2 with documentation 70% and 6 Mini checkoffs via video 30%</td>
<td>25%</td>
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<tr>
<td>Hesi exam – required for course completion</td>
<td>30%</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>100%</strong></td>
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A combined average of ≥ 75% on exams, including HESI must be achieved to pass this course. **Students who do not achieve a > 74.5% exam average including HESI will receive a D or F for the course based on their exam average.** Successful completion (75% or better) of the health assessment check off and documentation (on an adult) is required to pass the course. In calculating the final grade, only the final overall course grade will be rounded. Failure to comply with exam policy will result in a zero for an exam.

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<tr>
<th>Requirements: RN-BNS and RN-MSN</th>
<th>Percent of Grade</th>
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<tbody>
<tr>
<td>Quizzes and Assignments (Lesson quizzes, Health History assignment, check off quiz)</td>
<td>10%</td>
</tr>
<tr>
<td>3 Module Exams</td>
<td>25%</td>
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<tr>
<td>Module 5 Weighted Average: Health Assessment Check off # 1 &amp; #2 70% and 6 Mini checkoffs via video 30%</td>
<td>25%</td>
</tr>
<tr>
<td>Hesi exam – required for course completion</td>
<td>40%</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>100%</strong></td>
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<tr>
<th>Number grade earned</th>
<th>Letter Grade Assigned</th>
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<tr>
<td>90-100</td>
<td>A</td>
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<tr>
<td>83-89</td>
<td>B</td>
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<tr>
<td>75-82</td>
<td>C</td>
</tr>
<tr>
<td>74-67</td>
<td>D</td>
</tr>
<tr>
<td>66 &amp; below</td>
<td>F</td>
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Website: [http://it.tamucc.edu/applicationscatalog/blackboard.html](http://it.tamucc.edu/applicationscatalog/blackboard.html)
State Adopted Proficiencies/TExES competencies (COE)

Course Policies

*Attendance/tardiness-WebEx meetings weekly-will be recorded and posted for review*
*Attendance required for all Eline students and Emilitary students*
*attendance recommended for RN to BSN and RN to MSN-may view recordings*

*Late work and Make-up Exams*

Course assignments and module quizzes submitted late will be subject to point deductions as follows:
- 10 points will be deducted for each late submission up to 1 week after the due date
- 20 points will be deducted for each late submission 1-2 weeks late.
- Assignments/quizzes/Module Quiz’s submitted more than 2 weeks late will be given a score of 0.

In the event that a student is aware they may need to submit an assignment late due to illness or other circumstances, it is the student’s responsibility to inform the professor prior to the due date. Deductions for late assignments with special circumstances and notification before the due date may be waived at the professor’s discretion

*Extra Credit no extra credit*

*Cell Phone/Electronic Device*

*Usage-may use*

*Academic Integrity/Plagiarism.*

University students are expected to conduct themselves in accordance with the highest standards of academic honesty. Academic misconduct for which a student is subject to penalty includes all forms of cheating, such as illicit possession of examinations or examination materials, falsification, forgery, complicity or plagiarism. (Plagiarism is the presentation of the work of another as one’s own work.) In this class, academic misconduct or complicity in an act of academic misconduct on an assignment or test will result in (a failure).

*Dropping a Class*

I hope that you never find it necessary to drop this or any other class. However, events can sometimes occur that make dropping a course necessary or wise. *Please consult with your academic advisor, the Financial Aid Office, and me, before you decide to drop this course.* Should dropping the course be the best course of action, you must initiate the process to drop the course by going to the Student Services Center and filling out a course drop form. Just stopping attendance and participation WILL NOT automatically result in your being dropped from the class. ( ) is the last day to drop a class with an automatic grade of “W” this term.

*Preferred methods of scholarly citations*

Classroom/professional behavior

Texas A&M University-Corpus Christi, as an academic community, requires that each individual respect the needs of others to study and learn in a peaceful atmosphere. Under Article III of the Student Code of Conduct, classroom behavior that interferes with either (a) the instructor’s ability to conduct the class or (b) the ability of other students to profit from the instructional program may be considered a breach of the peace and is subject to disciplinary sanction outlined in article VII of the Student Code of Conduct. Students engaging in unacceptable behavior may be instructed to leave the classroom. This prohibition applies to all instructional forums, including classrooms, electronic classrooms, labs, discussion groups, field trips, etc.

Statement of Civility (can be in place of classroom/professional behavior)
Texas A&M University-Corpus Christi has a diverse student population that represents the population of the state. Our goal is to provide you with a high quality educational experience that is free from repression. You are responsible for following the rules of the University, city, state and federal government. We expect that you will behave in a manner that is dignified, respectful and courteous to all people, regardless of sex, ethnic/racial origin, religious background, sexual orientation or disability. Behaviors that infringe on the rights of another individual will not be tolerated.

Student Grade Appeals*

As stated in University Procedure 13.02.99.C0.03, Student Grade Appeal Procedures, a student who believes that he or she has not been held to appropriate academic standards as outlined in the class syllabus, equitable evaluation procedures, or appropriate grading, may appeal the final grade given in the course. The burden of proof is upon the student to demonstrate the appropriateness of the appeal. A student with a complaint about a grade is encouraged to first discuss the matter with the instructor. For complete details, including the responsibilities of the parties involved in the process and the number of days allowed for completing the steps in the process, see University Procedure 13.02.99.C0.03, Student Grade Appeal Procedures. These documents are accessible through the University Rules Web site at https://academicaffairs.tamucc.edu/rules_procedures/index.html. For assistance and/or guidance in the grade appeal process, students may contact the Dean’s office in the college in which the course is taught or the Office of the Provost.

Disabilities Accommodations*

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please call or visit Disability Services at (361) 825-5816 in Corpus Christi Hall 116.

If you are a returning veteran and are experiencing cognitive and/or physical access issues in the classroom or on campus, please contact the Disability Services office for assistance at (361) 825-5816.
Civil Rights Reporting*

Texas A&M University-Corpus Christi is committed to fostering a culture of caring and respect that is free from discrimination, relationship violence and sexual misconduct, and ensuring that all affected students have access to services. For information on reporting Civil Rights complaints, options and support resources (including pregnancy support accommodations) or university policies and procedures, please contact the University Title IX Coordinator, Sam Ramirez at Samuel.ramirez@tamucc.edu or Deputy Title IX Coordinator, Rosie Ruiz at Rosie.Ruiz@tamucc.edu ext. 5826, or visit website at Title IX/Sexual Assault/Pregnancy.

Limits to confidentiality. Essays, journals, and other materials submitted for this class are generally considered confidential pursuant to the University's student record policies. However, students should be aware that University employees, including instructors, are not able to maintain confidentiality when it conflicts with their responsibility to report alleged or suspected civil rights discrimination that is observed by or made known to an employee in the course and scope of their employment. As the instructor, I must report allegations of civil rights discrimination, including sexual assault, relationship violence, stalking, or sexual harassment to the Title IX Coordinator if you share it with me. These reports will trigger contact with you from the Civil Rights/Title IX Compliance office who will inform you of your options and resources regarding the incident that you have shared. If you would like to talk about these incidents in a confidential setting, you are encouraged to make an appointment with counselors in the University Counseling Center.

Statement of Academic Continuity

In the event of an unforeseen adverse event, such as a major hurricane and classes could not be held on the campus of Texas A&M University–Corpus Christi; this course would continue through the use of Blackboard and/or email. In addition, the syllabus and class activities may be modified to allow continuation of the course. Ideally, University facilities (i.e., emails, web sites, and Blackboard) will be operational within two days of the closing of the physical campus. However, students need to make certain that the course instructor has a primary and a secondary means of contacting each student.

Evaluation Input from Students

The faculty of the College of Nursing and Health Sciences places great value on evaluative input from students. Evaluation of courses, instructors and clinical facilities provides the College with important data which is used to strengthen the program. Data is analyzed as to trends and themes and is important to curriculum and sequencing decisions. All evaluations for courses posted are online. The online mechanism allows us the opportunity to tabulate and store information in order to analyze trends within the curriculum. Please be assured that this information is secured and not released until after grades are submitted. No names are available to faculty. In order to garner some reliability and validity, the College must have representative data from the student population. That representation, based on the literature, has been set at 70%. The College is anticipating that students will thoughtfully participate in the evaluation process which will assist the faculty with the growth of the program. A link to evaluations will be available on Blackboard toward the end of the semester. Thank you in advance for your assistance with the evaluation process.

*Required by SACS or HB2504

Campus Safety Measures

To promote public safety and protect students, faculty, and staff during the coronavirus pandemic, Texas A&M University has adopted policies and practices for the Fall 2020 academic term to limit virus transmission. Students must observe the following practices while participating in face-to-face courses and course-related activities (office hours, help sessions, transitioning to and between classes, study spaces, academic services, etc.):
• Self-monitoring—Students should follow CDC recommendations for self-monitoring. **Students who have a fever or exhibit symptoms of COVID-19 should participate in class remotely and should not participate in face-to-face instruction.**

• Face Coverings—**Face coverings** (cloth face covering, surgical mask, etc.) must be properly worn in all non-private spaces including classrooms, teaching laboratories, common spaces such as lobbies and hallways, public study spaces, libraries, academic resource and support offices, and outdoor spaces where 6 feet of physical distancing is difficult to reliably maintain. Description of face coverings and additional guidance are provided in the [Face Covering policy](#) and [Frequently Asked Questions (FAQ)](#) available on the [Provost website](#).

• Physical Distancing—Physical distancing must be maintained between students, instructors, and others in course and course-related activities.

• Classroom Ingress/Egress—Students must follow marked pathways for entering and exiting classrooms and other teaching spaces. Leave classrooms promptly after course activities have concluded. Do not congregate in hallways and maintain 6-foot physical distancing when waiting to enter classrooms and other instructional spaces.

• To attend a face-to-face class, students must wear a face covering (or a face shield if they have an exemption letter). If a student refuses to wear a face covering, the instructor should ask the student to leave and join the class remotely. If the student does not leave the class, the faculty member should report that student to the [Student Conduct office](#) for sanctions. Additionally, the faculty member may choose to teach that day’s class remotely for all students.
**Syllabus**  
*(course outline)*

NURS 3435 E01/WO1: Health Assessment  
Prelicensure (eline/emilitary) and RN-BSN and RN-MSN  

<table>
<thead>
<tr>
<th>Week/ Course Web ex sessions</th>
<th>Module Assignment</th>
<th>Lab practice (HA &amp; Fundamentals skills) Mondays, 12:00-1:30 pm IH 284 Web ex – register!</th>
<th>Assignments/Lessons</th>
<th>Module Due Dates (by midnight)</th>
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<tbody>
<tr>
<td>Orientation Aug 11</td>
<td>Vital signs Skills checkoffs Eline and Emilitary students</td>
<td>Sign on to Black Board, introduce self in Discussions</td>
<td>Complete Quizzes for each topic by end of week</td>
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| **Week 1** Aug 19th to Aug 22rd | Module 1 Health History & Physical Assessment I | Course Web ex Tuesday, **Aug 19@ 5pm**  
For All Students  
(pw: CONHS20)  
Orientation to Course and q Tuesday till wk 7 | **Module 1**  
Lesson 1: Complete Health History & Complete Documentation  
Lesson 2: Physical Assessment Techniques | |
| **Week 2** Aug 23 to Aug 30  | Aug 24 webex at 1200  
Handwashing  
*Vital signs with oximetry*  
*Assessment of the Skin, Hair & Nails*  
*Head, neck, regional lymphatics* | Lesson 3: Skin, Hair and Nails  
Lesson 4: Head, Neck & Regional Lymphatics  
**Assignment:** Complete Health History | Health History Assignment due Aug 30 MN  
Mini check off #1 and #2 copy and paste link in bb assignment due Aug 30 at MN |
| Web ex TBA                  |                  |                                                                |                      |
| **Week 3** Aug 31 to Sept 6 | Module 2 Physical Assessment II | **Sept 1st**  
PPE, Meds Intro – po, topicals, enemas, eye drops, eardrops  
*Assessment of the Eyes*  
*Ear, nose, mouth & throat*  
**Module 2**  
Lesson 1: Eyes  
Lesson 2: Ears, Nose, Mouth & Throat | Mini check off #3 copy and paste link in bb assignment due Friday Sept 4th by MN |
<table>
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<tr>
<th>Week 4</th>
<th>Sept 7 to Sept 13</th>
<th>Sept 8</th>
<th>Lesson 3: Abdomen Lesson 4: Thorax &amp; Lungs</th>
<th>Practice thorax and lung skills</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>Web ex TBA</td>
<td>Meds – inhalers, intradermal Meds - injectables Fingersticks, Insulin Assessment of the Abdomen Thorax and lungs</td>
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<tr>
<td>Module 2 due Sunday, Oct 27@ 7 pm</td>
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<tr>
<th>Week 5</th>
<th>Sept 14 to 20</th>
<th>Module 3 Physical Assessment III</th>
<th>Sept 15 O2 administration Assessment of the Heart &amp; peripheral vascular</th>
<th>Module 3 Lesson 1: Heart &amp; Peripheral Vasculature Lesson 2: Musculoskeletal System</th>
<th>Practice Heart and Peripheral Vasculature and Muscleskeletal System</th>
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<tbody>
<tr>
<td></td>
<td>Web ex TBA</td>
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| Week 6 | Sept 21 to Sept 27 | Sept 22 mobility Musculoskeletal Neuro assessment | Lesson 3: Mental status and Neurological techniques Lesson 4: Breasts & Regional Nodes | Modul 2 Exam (via examity) will open Friday, October 5 @ 5pm to 9pm Practice Neurological techniques | |
|-------|-------------------|-----------------------------------------------|---------------------------------|-----------------------------------------------------------------| |
|       | Web ex TBA        |                                 | | | |
|       |                   | | | |

<p>| Week 7 | Sept 28 to Oct 4 | Sept 29 Gloving, Sterile technique Catheterizations NG tubes, Tube feeding, enteral feedings, meds through peg tube Lab Review Putting it all together Focus Assessment Forms to bring, last minute questions | Get ready for check offs! Confirm check off time, practice with partner Eline and Emilitary | Work on Module 3 prior to check offs Mini check off #4 and 5 copy and paste link in bb assignment Practice for check offs Thorax and Lungs Cardiac PVS Abdomen Neuro | |
|-------|------------------|---------------------------------------------|---------------------------------------------|--------------------------------------------------------------------------------| |
|       | Web ex TBA       |                                 | | | |</p>
<table>
<thead>
<tr>
<th>Week 8</th>
<th>Oct 5 to Oct 11</th>
<th>Module 5: check-offs practice, practice</th>
<th>Module 5 (Check-offs) by appointment (plan on a 3-hour block of time) Practice days October 11 Check off by appt October 12 13 and 14</th>
<th>Work on Module 3 prior to check offs Practice for check offs Thorax and Lungs Cardiac PVS Abdomen Neuro Module 5 Check off Quiz due</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 9</td>
<td>Oct 12 to Oct 18 NO web ex</td>
<td>Module 5 Health Assessment Skills Validation</td>
<td>Module 5 Eline and EMilitary student only (Check-offs) by appointment (plan on a 3-hour block of time) Study for Exam 3</td>
<td>Module 5 due - check offs per appointment Oct 11 to 14 per appt Study for Exam 3</td>
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<tr>
<td>Week 10</td>
<td>Oct 19 to Oct 25 NO web ex</td>
<td></td>
<td>Study for Exam 3 Purchase Hesi exam Dates and submit copy of appt to bb Study for Exam 3</td>
<td>Module 3 Due Sunday, October 18, 2019 @ 7 pm Module 3 Exam (Respondus) will open Monday , Open October 19 @ 5 to 9pm</td>
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<tr>
<td>Week 11</td>
<td>Oct 26 to Nov 1 web ex TBA</td>
<td></td>
<td>Study for HESI Web ex TBA HESI Review</td>
<td>For RN BSN and RN-MSN students Final check off #1 video due for Thorax and Lungs and Heart and PVS</td>
</tr>
<tr>
<td>Week 12</td>
<td>Nov 2 to Nov 8 No webex</td>
<td>Module 4 Physical Assessment IV Lesson 1: Female Genitalia Lesson 2: Male Genitalia Lesson 3: Anus, Rectum, &amp; Prostate Eline and Emilitary students Begin Fundamentals Clinical</td>
<td></td>
<td>Course evaluation due when opened in bb For RN BSN and RN-MSN students Final check off #2 Neuro and Abd video due</td>
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